

Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 12 Mar 2013 20:30

I started my 90 day journey last Shabbos and it feels great so far. I know that I will walk into an ambush any time and I daven that with my little hishtadlus in joining this wonderful community of GYE and with the chizuk from my new partner, I will be able to pass my first test.

In the mean time I thank the RBS"O for every day that I am able to stay clean.

What a breath of fresh air.

I am now almost 46 and I so badly want to be mesaken this while I am still in the young years so that my Teshuvah can be complete.

I don't like to talk or even think about what I have done in the past because it is too painful for me to face the horrible things that I did that are so not who I really am. I want this to be the beginning of my new life that is Tocho K'Baro.

I cry every day that my children should be pure and grow in Torah and Yiras Shomayim but how can I expect the RBS"O to give me ehrliche children if I don't fix myself. I just daven to the RBS"O that my children should always be Yirei Shamayim and not be punished for my weaknesses.

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Day 16 = Hashem Please Help ME ANOTHER DAY

Posted by pischoshelmachat - 19 Mar 2013 05:45

Well, I started a couple of weeks ago thinking I could do a week. 16 days have passed and I'm analyzing myself to understand what worked to help me get here and I have come up with 4 things.

Firstly, having a list to update daily has become my newest addiction. This helps me control myself because I am so eager for my next List Update "fix".

Secondly, having a partner who I can share my struggles and communicate with when I feel weak.

Thirdly, speaking with Dov, really helped me frame my struggles and give me the perspective to help me find myself. THANK YOU DOV!

And finally, this forum allows me to express myself and hopefully give others chizzuk just like I

got from reading the experiences of other people. I am trying to chronicle my struggle so I cannot fall if others might get chizzuk from seeing the S'yata Dishmaya that I have been getting.

I urge everybody to try because YOU CAN DO IT! But WE can do it together and be even stronger!!

Yehi Ratzon Shtishre Shechinah B'maasei Yidaichem!!

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Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 19 Mar 2013 06:37

Funny you use the word Shikkur..I actually feel high from the feeling of freedom. Perfect for Chodesh Nissan.

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Day 17

Posted by pischoshelmachat - 19 Mar 2013 22:42

Today is Day 17. The Gematria of TOV.

I am having a good day. I am excited for tomorrow Day 19 the Roshei Taivos Yom Tov.

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Re: Day 17

Posted by Machshovo Tova - 19 Mar 2013 23:12

[pischoshelmachat wrote:](#)

Today is Day 17. The Gematria of TOV.

I am having a good day. I am excited for tomorrow Day 19 the Roshei Taivos Yom Tov.

If today is 17, how is tomorrow 19 (new math)? Where did 'chai' disappear to?

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Re: Day 17

Posted by hopefull - 19 Mar 2013 23:33

hatzlacha raba

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Re: Day 17

Posted by pischoshelmachat - 20 Mar 2013 00:01

I guess I am Shikkur from excitement. In Fact 18 Chai is tomorrow.

Thanks for the correction.

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Re: Hashem, please open up the road for me!!!

Posted by Pidaini - 20 Mar 2013 00:18

hopefully it will be a "lively" day!!

bt don't forget that today is the most important day there ever was and ever will be in your life!

KOT!!

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Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 22 Mar 2013 19:01

B"H I am at day 20. Erev Shabbos Hagadol. To me it is extra special this year. Klal Yisroael had to be pure for the Korban Pesach. This year I feel like I am "IN THE GAME".

I am always in such a good mood this time of year. I am about to start an all expense paid vacation for 10 days fully sponsored by HKB"H. I love Pesach because it represents a new beginning a birth of our nation. It is no coincidence that Pesach occurs in the rebirth season of spring. I use the opportunity for a personal rebirth. I tell HKB"H to help me shed my past and be reborn new and refreshed to climb the ladder towards Kabbolas Hatorah.

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 24 Mar 2013 22:24

Day22.

Keli Lama Azavtoni!

RBS"O I am feeling weak. Please help me today. I want to reach 23.

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Re: Hashem, please open up the road for me!!!
Posted by reallygettingthere - 24 Mar 2013 23:01

IYH you will be matzliach.

Did you do anything specific to open the pischo shel machat today?

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 24 Mar 2013 23:20

I am learning a piece on Chatzi Shiur in the Steipler.

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Re: Hashem, please open up the road for me!!!
Posted by reallygettingthere - 25 Mar 2013 01:46

[pischoshelmachat wrote:](#)

I am learning a piece on Chatzi Shiur in the Steipler.

Great!

If you star feeling as if the taavos are starting, use the Steipler method.

"I'll wait five minutes before I am oiver "

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Level 4

Posted by pischoshelmachat - 03 Apr 2013 07:22

A Gutte Voch all my dear friends. With Hashem's help and your encouragement, I have reached 30 days clean one day at a time. Thank you HKBH for giving me the most wonderful Pesach in the world. It is quite a let down having to return to the mundane and the ever lurking dangers of the Parnossa world. RBS"O, I have committed to take the kedusha with me from Pesach to keep me energized for the summer.

I know the onslaught of Pritzus from the titilating summer dress styles will be approaching soon and I will not be able to control myself from glaring at the overwhelming 3D all encompassing attack so I commit myself to look away and control myself one person at a time. In return RBSO, I ask for your help in giving me the strength to withstand the temptations and to keep me shielded from temptation.

I know every day is a gift from you and I beg that you continue the unending stream of chessed and strength. Please help me be the husband that my eishes chayil deserves and the father that my children deserve.

In the zchus of my trying and all the people who help me so selflessly, may my children be shielded from temptation and be zoicheh to pure eyes, clean minds and holy brissos.

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Re: Hashem, please open up the road for me!!!
Posted by israel613120 - 03 Apr 2013 16:24

Omein! Beautifully written, and so may it be for all gye members and users. Isru chag had always been a big trigger. With your chizuk b'ezras Hashem it will not. A gezunter summer to all

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Re: Hashem, please open up the road for me!!!
Posted by israel613120 - 04 Apr 2013 04:09

Just want to explain why day after Pesach was a big trigger, first of all the exhaustion of all the clearing away, then the anti climax of the Kedusha of Pesach. The not looking forward to going back to work, (I always go back the day after ????)

I went shopping with wife today, I was not used to being Shomer Enayim, but I did try, during Pesach there were not so many opportunities to see so many ladies.

Any tips on how to remind myself about Shmiras Enayim. specially now it will get harder.

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