

My Journey - With the help of the GYE community!

Posted by newbeginning - 11 Mar 2013 00:58

I am about to complete my second day of being clean... the amount of times I have said that in

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Re: My Journey - With the help of the GYE community!

Posted by inastruggle - 21 Mar 2013 00:36

the past! But hopefully this will be the last time I will say that! Let my true life begin!

i was wondering why sometimes when we're doing (almost) everything right we still don't feel so good, and like we're growing spiritually. Possibly its because if we always felt so good when we're doing the right thing it might take away from our bechirah. Anyway KOT and like eli said every clean day is a precious jewel that none can take away so whether or not you feel like you're growing you definitely are. (and thats growing spiritually and in the struggle of lust)

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Re: My Journey - With the help of the GYE community!

Posted by bochur613 - 21 Mar 2013 02:21

Have you ever managed to acheive 11 days of freedom before. No!! Did you just accomplish the greatest days of your life? YES!!

Someone who acheives so much can surely do it again.

Please try again and dont give in, we must break the yetzar hora together. COME ON LET'S DO THIS!!!!!!!

Do it for me and the whole GYE kehilla.

You're a tzaddik and you always will be!

B'ahava.

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Re: My Journey - With the help of the GYE community!

Posted by zvi - 21 Mar 2013 03:39

[newbeginning wrote:](#)

I don't feel like im growing at all spiritually

That is NOT true!!! You've just become madly close to HKBH! Those 11 days were worth more to Him than anything else! 11 days clean vs 1 day not- now who's the winner, you or the Yetzer Hara? Whatever happens DON'T GET DEPRESSED! Whenever I get depressed, I just go into a cycle of aveira... stay positive!

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Re: My Journey - With the help of the GYE community!

Posted by newbeginning - 04 Apr 2013 11:40

Hey everyone! I haven't been on GYE for a while so just to update everyone that today I put on
(except for my

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Re: My Journey - With the help of the GYE community!

Posted by zvi - 04 Apr 2013 16:19

Mazel tov!!!

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Re: My Journey - With the help of the GYE community!

Posted by RT. - 04 Apr 2013 17:09

hatzlocho.

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Re: My Journey - With the help of the GYE community!

Posted by gibbor120 - 04 Apr 2013 20:19

Mazal Tov! May it be the first of many!

THATS a new beginning

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Re: My Journey - With the help of the GYE community!

Posted by newbeginning - 05 Apr 2013 01:17

I felt the urge again earlier because my brother was out and his laptop has no filtering whatsoever, so I fell again! So annoying, I had no chance! Its just like a ticking time bomb, what can I do when I have so much temptations around me?

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Re: My Journey - With the help of the GYE community!

Posted by inastruggle - 05 Apr 2013 01:35

i have two unfiltered laptops belonging to members of my family.

first of all you should make some sort of kabbalah/neder not to use it or only use it in public etc.

second even with filters the struggle is there, the filters are just to make it a bit easier. we're always going to be tempted even if at home all we have are filtered computers, so the main part of recovery is getting back our self control and learning what to do when the urge hits. so while filters are a must they are also not the solution.

so having access to unfiltered internet is not something to hold you back from recovery just an additional area to work on which needs the work anyway.

hatzlacha

p.s. i'm 31 days clean bli ayin harah even though this was bein hazmanim (one of my hardest times) surrounded by unfiltered internet, so it's possible to do

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Re: My Journey - With the help of the GYE community!
Posted by newbeginning - 18 Oct 2013 19:44

I've decided to carry on with this thread, I have been away from GYE for many months, and I've decided that I need you guys in my fight against this!

1st day Clean

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Re: My Journey - With the help of the GYE community!

Posted by Gevura Shebyesod - 18 Oct 2013 19:52

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Re: My Journey - With the help of the GYE community!

Posted by dmm11219 - 20 Oct 2013 18:13

Hi Newby welcome back!

Shalom Chaver

Welcome Back

please keep us posted and i think make the count public on the forum so we will all share ur simcha that will be our simcha.

thanks for the clean day, we all felt that day easier

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Re: My Journey - With the help of the GYE community!

Posted by newbeginning - 20 Oct 2013 22:23

3 days clean so far! Studied for college exams this morning, then went to see my grandpa in the afternoon, now for some more studying... I need to try and fit in time for chumash!

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Re: My Journey - With the help of the GYE community!

Posted by newbeginning - 23 Oct 2013 00:09

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