#### **GYE - Guard Your Eyes**

Generated: 21 August, 2025, 05:26

Yaakov's Ladder Posted by Pidaini - 08 Mar 2013 17:33

Starting my log a little late, i'm BH holding by today, which is number 53 of all the todays, but Bein Hazmanim is coming and i need to keep in check, and might not have time for all the chatting that usually helps me clear my mind (thanks guys!!).

i've been using AlexEliezers advice, that he gave me right when i first posted, of bulletproof Shemiras Einayim, or trying at least, and BH got to Today. but it's all changing now, it's not the same streets that i walk down every day, know exactly where to go so not to look, the dangerous places where i have to be careful etc.

now i'm entering the lions den, going to the airport, the airport itself, a few hours on the plane, etc. it's really scaring me!!

anyone have any ideas?

also been struggling with dreams, i know it shouldn't affect me, but it does, because it makes me realize that my mind isn't clean during the day, which leads to the next question how to keep my mind clean?

Wishing all you a Great Shabbos and it's Parshas Hachodesh so may we all be zoche to renew ourselves!!

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Re: Yaakov's Ladder

Posted by kilochalu - 22 Jun 2014 04:14

### **KUTGW**

focusing on appreciating and being fulfilled with real living can help to fill the 'void' of missing the movie watching and searching for replacements for it.

I know you've mentioned this many times before but this is just what I was thinking of in regards to your post so I am writing it for myself and whomever it may be beneficial for.

personally, I have found that appreciating my children and connecting with them helped to fill this void and was much more satisfying and actually even more exciting than any movie could be (that is besides for working on my relationship with my wife, of course).

KOL(iving) Tuv

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Re: Yaakov's Ladder Posted by Pidaini - 22 Jun 2014 05:36
Exactly
And that's exactly why I'm feeling so empty, the exact opposite of appreciating anything.
By the grace of Hashem, I haven't acted out on it at all. I know it's not as serious as it feels, not everything is as bad as I make it, especially myself.
So I chatted with Hashem during Mincha on Shabbos, admitting that I am human and that I can't control my thoughts by myself, that I desire sexually stimulating anything and I need help not to lose myself in it, and asking Hashem to help me. Baruch Hashem, He was there, as He always is!!
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Re: Yaakov's Ladder Posted by kilochalu - 23 Jun 2014 01:56
Pidaini wrote:
Exactly
So I chatted with Hashem during Mincha on Shabbos,
mincha shabbos is the perfect time to be zoche to menuchas sholom vshalva vhashket vavetach menucha shlaima sheata rotzeh ba

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and the ikar is:
yakiru veyadu ke maitcha he menuchasam
if we would be zoche to all that we would be doing gantz fein, no?
Re: Yaakov's Ladder
Posted by shivisi - 23 Jun 2014 02:29
[quote="kilochalu" post=233944]Pidaini wrote:
Exactly
I chatted with Hashem during Mincha on Shabbos,
kilochalu wrote:
Kilochalu Wrote:
Pidaini wrote:
Exactly
So I chatted with Hashem during Mincha on Shabbos,
Mincha shabbos is the perfect time to be zoche to menuchas sholom vshalva vhashket vavetach menucha shlaima sheata rotzeh ba
and the ikar is:
yakiru veyadu ke maitcha he menuchasam

if we would be zoche to all that we would be doing gantz fein, no?

It is only possible to be zoche to "yakiru veyadu ke maitcha he menuchasam" if the reason why you want "menuchas sholom vshalva vhashket vavetach" is because that is the "menucha

shlaima <b>sheata rotzeh ba!</b> .
Not because WE would be doing "Gantz Fein" if we had it, but because ATA ROITZEH BA!
?????? ?????
=======================================
Re: Yaakov's Ladder Posted by shivisi - 23 Jun 2014 02:34
kilochalu wrote:
Pidaini wrote:
Exactly
So I chatted with Hashem during Mincha on Shabbos,
mincha shabbos is the perfect time to be zoche to menuchas sholom vshalva vhashket vavetach menucha shlaima sheata rotzeh ba
and the ikar is:

yakiru veyadu ke maitcha he menuchasam

if we would be zoche to all that we would be doing gantz fein, no?

It is only possible to be zoche to "yakiru veyadu ke maitcha he menuchasam" if the reason why you want "menuchas sholom vshalva vhashket vavetach" is because that is the "menucha shlaima <b>sheata rotzeh ba!</b> .
Not because it would be "Gantz Fein" for us to have it, but because ATA ROITZEH BA!
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Re: Yaakov's Ladder Posted by Pidaini - 23 Jun 2014 10:30
I think we can realize that everything we have, no matter why we want to have it, is from Hashem.
Working on doing things L'shem Shomayim (for Hashem) is a life long process, and one that needs to be worked on, but realizing that Hashem runs the world is not dependant on that.
or am I missing something?
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Re: Yaakov's Ladder Posted by kilochalu - 24 Jun 2014 02:44
I am missing more.
where were reasons for wanting anything discussed bichlal.
but if my post was a springboard for discussion of various yesodos whether relevant or not that must be the ratzon Hashem
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#### **GYE - Guard Your Eyes**

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Re: Yaakov's Ladder

Posted by shivisi - 24 Jun 2014 11:28

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#### Pidaini wrote:

I think we can realize that everything we have, no matter why we want to have it, is from Hashem.

Working on doing things L'shem Shomayim (for Hashem) is a life long process, and one that needs to be worked on,but -

realizing that Hashem runs the world is not dependent on that.

or am I missing something?

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Dear Reb Pidaini,

Please pardon my lengthy answer to your short question of "am I missing something?". Unfortunately, it seems that in filling in what you are missing we have here a situation of ??????????????????.

And as the saying goes "Don't blame me, you asked for it".

[In reference to what KILOCHOLU wrote:

"I am missing more. where were reasons for wanting anything discussed bichlal. but if my post was a springboard for discussion of various yesodos whether relevant or not that must be the ratzon HAshem."

I apologize to any other readers who may not be interested in this discussion, and I welcome you to skip this post and go on to read more relevant words of wisdom from following writers.

Maybe this whole discussion should be moved to the "Bais Medrash" section, although it's

relevance to the preceding posts is quite important.]

This is agreeably, as you say, "a life long process".

But you must also understand that when talking about [the seemingly "simple" concept of] "realizing that Hashem runs the world" - which is in the words "????? ??? ??????", we cannot separate this from the sugya of - "????? ?? ??????? ??? ?????????.".

This is because, when referring to ???"?, the "what" -[Hashem runs the world], and the "why" - [??? ?????? ??????], are one and the same.

Now let us see whether these two ideas are dependent one on the other.

I discussed it recently with a very chosuve' Rosh Yeshiva, who is both, a tremendous Talmid chochom, and also very big in inyonei machshovoh.

According to this ????, the ????? ?????? becomes the **ultimate manifestation** of the ????? ?????? ?????? ?????

In view of the above, I take to task: A.Your statement that "realizing that Hashem runs the world, is not dependent on doing things L'shem Shomayim (for Hashem)", and B. The inference that realizing that Hashem runs the world", is any less "a life long process, and one that needs to be worked on", than "realizing that Hashem runs the world".

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Re: Yaakov's Ladder

Posted by Pidaini - 24 Jun 2014 16:25

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That was a bit complicated, and I'm tired.

All I am saying is that a person may very easily find himself truly living and knowing and recognizing that everything that happens is coming from Hashem, but there is a separate issue now of why I do things. Obviously, the truth of the briah is that it is made for Hashem's will to be done, but that doesn't mean that I will do it for that reason, just as the truth is that everything is from Hashem but that doesn't mean that I always see it.

They are inseparable only because they are both true, but if Hashem were to do things for no particular purpose, it would still be that He is running everything.

I also agree that truly recognizing how much is under Hashem's control, down to the slightest movement of the wind is a life long journey. I have just found that I have seen more progress in that area then in the area of my motives. That is probably because there is an order here, and that is that we first have to believe that everything is from Hashem and only then can we really do things for the reason that He wants, but if I'm busy trying to be in control of what happens, then I can't begin to try and do things for Hashem's will...

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Re: Yaakov's Ladder

Posted by shivisi - 24 Jun 2014 19:16

This is definitely not something to read when you're tired. Save it for when your mind is at its

Pidaini wrote:

best capacity.

Obviously, the truth of the briah is that it is made for Hashem's will to be done...

But on the other hand it is made for OUR sake - "??????? ??????"

That's the ????? which I was trying to be meyashev.

#### Pidaini wrote:

They are inseparable only because they are both true, but if Hashem were to do things for no particular purpose, it would still be that He is running everything.

### Pidaini wrote:

What was? What I wrote, or That you read responded to such a long and complex issue even while you were tired?
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Re: Yaakov's Ladder Posted by Machshovo Tova - 24 Jun 2014 19:33
How bout some Eminah Pesheetah, guys? Beats chakeerah anytime. As they say, ignorance is bliss. Or as the Holy Besh"t zy"a said, "Ich bin a naar un gleib" (I am a fool and I believe).
Hatzlacha
MT
======================================
Re: Yaakov's Ladder Posted by Pidaini - 24 Jun 2014 21:56
The Besht said that after He went up to the highest madreigos and used to come back and say
Dear shivisi, the point here is practicality, what we are going to do about it. I notice that on that part you didn't comment, so we'll leave it at that (for public). We need to believe that everything is coming from Hashem, and we also need to do things for the right reason, yet they are two separate things, for we are not Hashem.
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#### **GYE - Guard Your Eyes**

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Re: Yaakov's Ladder

Posted by shivisi - 25 Jun 2014 01:22

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#### Machshovo Tova wrote:

How bout some Eminah Pesheetah, guys? Beats chakeerah anytime. As they say, ignorance is bliss. Or as the Holy Besh"t zy"a said, "Ich bin a naar un gleib" (I am a fool and I believe).

This is NOT chakira. Its learning the Alef Bais yesoides of what Emuna to have, and what the tachlis (not the reason, the tachlis) of the avoidas haodom is.

This is not about the WHYs its all about the WHATs.

Sefer choivos Halvovos is totally NOT a chakira sefer, and he has a whole shaar on the subject of "yichud Hamaaseh" - Doing everything for the sake of Hashem.

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Re: Yaakov's Ladder

Posted by shivisi - 25 Jun 2014 01:26

#### Pidaini wrote:

the point here is practicality, what we are going to do about it

TRUE!

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The rest I answered you in the PM.

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