

Yaakov's Ladder

Posted by Pidaini - 08 Mar 2013 17:33

Starting my log a little late, i'm BH holding by today, which is number 53 of all the todays, but Bein Hazmanim is coming and i need to keep in check, and might not have time for all the chatting that ussually helps me clear my mind (thanks guys!!).

i've been using AlexEliezers advice, that he gave me right when i first posted, of bulletproof Shemiras Einayim, or trying at least, and BH got to Today. but it's all changing now, it's not the same streets that i walk down every day, know exactly where to go so not to look, the dangerous places where i have to be careful etc.

now i'm entering the lions den, going to the airport, the airport itself, a few hours on the plane, etc. it's really scaring me!!

anyone have any ideas?

also been struggling with dreams, i know it shouldn't affect me, but it does, because it makes me realize that my mind isn't clean during the day, which leads to the next question how to keep my mind clean?

Wishing all you a Great Shabbos and it's Parshas Hachodesh so may we all be zoche to renew ourselves!!

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Re: Yaakov's Ladder

Posted by Gevura Shebyesod - 20 Dec 2013 19:12

[Pidaini wrote:](#)

[Lizhensk wrote:](#)

I think we should move this discussion to the OINK thread

Is Gevurah an official OINK member?!

Does he have an OINK card?

Does he even know how to say OINK, or just VRROOOOOOOOOOOOOOOOOOOM?!

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Re: Yaakov's Ladder

Posted by tryingtoshteig - 20 Dec 2013 19:23

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Re: Yaakov's Ladder

Posted by Gevura Shebyesod - 20 Dec 2013 19:40

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Re: Yaakov's Ladder

Posted by tryingtoshteig - 20 Dec 2013 19:46

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Re: Yaakov's Ladder

Posted by cordnoy - 20 Dec 2013 19:56

i guess they let me in, for I was on the phone in several oink meetings.

Additionally, the filth that I was (is?) into can match any swine!!!

I believe there is a minyan of "shema zuggers" now.

I wanted to start last night, but I fell asleep talkin' to wife...oh well.

And TZ, we are on our way to 8th edition, but sadly, really in no mood for it, or to write about it.
Sorry.

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Re: Yaakov's Ladder

Posted by ZemirosShabbos - 20 Dec 2013 21:47

count me in for the krias shma upgrade

(i was an inadvertent guest speaker once [still have a \$12,000 open balance for that btw, grrrr],
so i hope i can be an associate apprentice intern surrogate member)

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Re: Yaakov's Ladder

Posted by Lizhensk - 21 Dec 2013 21:36

[ZemirosShabbos wrote:](#)

[still have a \$12,000 open balance for that btw, grrrr]

you're on the list to get paid after the guy who is waiting to get paid for the double-cheese pizza
from the chanuka mesibah

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Re: Yaakov's Ladder

Posted by Gevura Shebyesod - 22 Dec 2013 09:08

[Gevura Shebyesod wrote:](#)

When I first started working on my problems one of the Kabolos I took upon myself was to say krias Shema every night from a siddur. I kept to it for quite a while but lately I got lax about it. So thanks for the reminder and I join you in being mekabel Bli Neder to be careful to say the entire krias Shema from a siddur each night. In the zechus of our tefillos we should be helped.

Just to add to this, the initial Kabolo that I had made was actually my wife's idea. Shortly after I had fessed up to her about my "stuff", and before i had even discovered GYE, we were discussing some ideas that would help me be Mechazek and she suggested Krias Shma. I kept to it for quite a while but in recent months i had let it slip. She bugged me about it every now and then and I would say "I'm just going to take it more seriously, I'm gonna try harder, etc. etc."

So following Pidaini's lead, I told my wife about this group Kabbolo and thereby made it really real. And it helps motivate me, knowing that I'm not doing it just for myself, but for all of us here. So far, so good (2 days). Lets continue it, B'ezras Hashem, ONAAT!

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Re: Yaakov's Ladder

Posted by ?????????? ?? - 23 Dec 2013 22:01

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translaters please....

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Re: Yaakov's Ladder

Posted by Pidaini - 24 Dec 2013 00:46

Back to PORN (much more intersting than KRISSH)!!!

Yessir, I am not perfect, nor am I meant to be. So then why does it kill me when someone tells me I made a mistake?!

I woke up this morning with a burning desire to throw away life, i don't care, just get me a good looking (naked) woman!!! BH, I have friends that I can call and I spoke about it, and finally was able to surrender the fantasy of being perfect.

Truth is that I am perfect, with all my mistakes and deficiencies, I am exactly the way I am

I still need to takl to Hashem, to finish the surrender.....maybe by KRISSH (did we end up back there again?!?)

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Re: Yaakov's Ladder

Posted by Pidaini - 27 Dec 2013 13:33

Yesterday was a day, a really tough day.

I was tired, and many things were being thrown my way. I could go on and on, but none of it really makes that much of a difference.

When i finally finished all the errands of the day, and called TZ, I was amazed!! I had done it!! I had gone through a really tough day with minimal, and I mean less than ever, lusting!! (I took a few extra peeks, but I didn't go looking for pics on the computer, nor did I fantasize).

WOOOOOOHOOOOOOOOO!!!!!!!!!!!!!!!

THANK YOU HASHEM!!!!!!

I was so excited I even told my mother (who had her share in throwing some things my way as well) that she could be very proud of her son, he has come a long way!!

During the day I spoke to Hashem, tried giving up control (a few times), and kept my eyes set on doing what I needed to do at that moment. I chatted with a few freinds, letting them know that I was in a rotten mood.

as Nitzotz wrote to me last night (about himself, but I feel the same way)

[nitotzeloki wrote:](#)

"this program (today) was brought to you by the Abishter" i think my body was involved in some way but i have no explanation for how i made it though the day

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Re: Yaakov's Ladder

Posted by Pidaini - 02 Jan 2014 12:21

It's one foot in front of the other....One day at a time.....

Still on rough turf.....had a few interesting things that I heard and really related to.

One was when Hashme's Soldier was telling me how he was trying to explain to his Rosh Yeshivah that it's not just a nisayon, it's something that he doesn't even enjoy doing yet he feels he has to.

That really resonated, I don't even enjoy when I am staring at the girl / young women on the street, but I find myself doing it anyway. I want to stop, but I feel like I need it for my sanity (which is non-existent.)

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Re: Yaakov's Ladder

Posted by tehlimzugger - 02 Jan 2014 22:34

I called a friend yesterday. He didn't pick up, instead he sent me a text:

Him: Yes?

Me: so why didn't you pick up the phone?

Him: I'm by a shiur

Me: Cr@p here, how's by you?

Him: Kichsa

Me: Wallowing in self pity is way cooler than actually going out and doing something

Him: Maskim

Me: But you know what? It's uncomfortable and I'm looking around for a girl to make me feel better - there ain't none around, so might as well go out and live

Him: Nah hook up ur roommate's computer to ur phone...

Me: He don't have it no more

Him: D@mn

Him: Ask ... for his

Me: No

Him: Why not?

Me: Because it will make me feel worse

Him: But now it'll make you feel much better

Me: Not even for the duration of the orgasm

Him: U suck

Me: ??? ????? ?????? ????? ?? ??? ????

Him: Enjoy

This really got me thinking. I really DON"T enjoy sex. I can't it's painful for me. When I do it, it's because my life depends on it, because I'll die if I don't do it.

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Re: Yaakov's Ladder
Him: U don't even enjoy the orgasm
Posted by skeptical - 02 Jan 2014 22:41

Was that a conversation with the YH?

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