

Yaakov's Ladder

Posted by Pidaini - 08 Mar 2013 17:33

Starting my log a little late, i'm BH holding by today, which is number 53 of all the todays, but Bein Hazmanim is coming and i need to keep in check, and might not have time for all the chatting that usually helps me clear my mind (thanks guys!!).

i've been using AlexEliezers advice, that he gave me right when i first posted, of bulletproof Shemiras Einayim, or trying at least, and BH got to Today. but it's all changing now, it's not the same streets that i walk down every day, know exactly where to go so not to look, the dangerous places where i have to be careful etc.

now i'm entering the lions den, going to the airport, the airport itself, a few hours on the plane, etc. it's really scaring me!!

anyone have any ideas?

also been struggling with dreams, i know it shouldn't affect me, but it does, because it makes me realize that my mind isn't clean during the day, which leads to the next question how to keep my mind clean?

Wishing all you a Great Shabbos and it's Parshas Hachodesh so may we all be zoche to renew ourselves!!

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Re: Yaakov's Ladder

Posted by Pidaini - 07 Aug 2013 23:44

Got it!!

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Re: Yaakov's Ladder

Posted by Gevura Shebyesod - 08 Aug 2013 00:21

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Re: Yaakov's Ladder

Posted by Pidaini - 08 Aug 2013 23:31

Gratitude, THANK YOU HASHEM!!!

So it goes like this, my daughter is getting her eye teeth (the pointy ones) and has been keeping us up at night, problem #1. Had another few little unnerving things happen. So, I had a hard time keeping my eyes in their sockets, and they got some very nice sights. Was really trying to be a good boy, and telling myself at every moment "this is where Hashem wants me" and "just because you looked doesn't mean it's over".

I was trying hard and Hashem sent me TZ again (without me asking TZ this time). Throughout the day I had a few insights, as follows:

1) It seems there is a cycle, good days and rough days. I always thought the quiet days were that way because of either we had already fallen, or because we had worked hard enough to "earn" a little respite.

Today I realized that it is exactly the opposite, the good days are days we are supposed to use for the rough days that are on the way.

It is during those good days, when our minds are clear, and we can think about life correctly, that we are supposed to prepare ourselves for when the storm hits.

I think the Me'or Einayim says, What is a nisayon? It is when Hashem takes away our emunah, and depending on how much we knocked it into ourselves beforehand, that is how much of a remnant will stay. It is explained by a barrel where wine is stored, the longer the wine is soaked, the more the barrel will hold its smell and the stronger it will be, even after the wine is taken out.

2) I need to keep in touch with real people. period.

3) Ben Durdaya sent me one of his posts, and from it I got another insight into "unmanageable". I had to go to a chasunah tonight, and I was scared. That is in a way "unmanageable", I can't live a normal life if I am afraid to go out of my house.

That's enough for now, just an interesting reference, Baba Kama 38a at the bottom (that's what TZ and I learned). Ulah did not want to go console someone who lost their daughter with his babylonian friends because they say "what can we do" which means that if there was something to do they would do it, that's the gist of it. just some food for thought.

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Re: Yaakov's Ladder
Posted by MendelZ - 08 Aug 2013 23:39

[Pidaini wrote:](#)

3) Ben Durdaya sent me one of his posts, and from it I got another insight into "unmanageable". I had to go to a chasunah tonight, and I was scared. That is in a way "unmanageable", I can't live a normal life if I am afraid to go out of my house.

I liked your whole post. The above quote though was very helpful. In light of the whole "Is 12 steps for everybody?" discussion, I think it is safe to say that everyone can see life as unmanageable, depending on the person. If Avodas Hashem for someone really is ki heim chayeinu, and they can't serve Hashem with the pure heart they yearn for because of their addiction, then to them life is unmanageable, no?

Either everyone is an addict or the 12-steps isn't just for addicts. Who cares? We should all do whatever it takes.

Thanks again, Pidaini.

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Re: Yaakov's Ladder

Posted by cordnoy - 09 Aug 2013 01:26

nice post

yes its true

similar to "holding your breath"

but the more we are taking action, the less of that we will incur

its also about getting thru the moment

many times when we are havin a rough day, we are looking several days ahead, hours ahead, and it becomes difficult

focus on the now

i know i am preachin to the choir and you know this, but i know i need to hear it over again

b'hatzlachah

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Re: Yaakov's Ladder

Posted by HashemsSoldier - 09 Aug 2013 14:22

i thought that it meant that i realized im not the manager and the hashem it!

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Re: Yaakov's Ladder

Posted by Pidaini - 09 Aug 2013 14:26

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(and now I am remembering that I also heard this thought from Hashemssoldier, it just didn't click then)

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Re: Yaakov's Ladder
Posted by Pidaini - 12 Aug 2013 21:51

Just a cute story,

My chavrusah isn't going to end up coming this elul (not getting into that), so I've been learning alone both morning and afternoon.

This afternoon I was sitting and learning like a good boy, but I was having some "lonely" spells. As I was thinking "Hashem put you here...." He sent me a hug.

And it gets better!!

Hashem gave me a squeeEEEEeze, it wasn't just anybody, but one of my good friends from

I said "hello?"

Thank You Hashem!!!!
He answered "Hi Yankel, I'm just calling because I was feeling a little lonely"

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Re: Yaakov's Ladder
Posted by tehillimzugger - 13 Aug 2013 17:26

LONELY?!

When you have a wife?! who has an english accent?! huh?!

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Re: Yaakov's Ladder
Posted by cordnoy - 13 Aug 2013 17:28

and I just heard about that English accent...good kasha TZ

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Re: Yaakov's Ladder
Posted by ZemirosShabbos - 13 Aug 2013 18:17

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Re: Yaakov's Ladder
Posted by HashemsSoldier - 14 Aug 2013 20:50

is it true that the english accented people love american accents?

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Re: Yaakov's Ladder

Posted by Lizhensk - 14 Aug 2013 21:00

no, and heres a story that proves it:

An english guy comes to America. When he gets to the hotel where he is staying, he asks someone where the lifts are. The guy answers "Lifts!?! you must mean the elevators. they're over there"

English Guy: "These American barbarians, they steal our language and change all the correct wording"

American Guy: "Sir, it is true that you invented the language, but we invented the elevator, so the name goes by what we call it"

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Re: Yaakov's Ladder

Posted by Pidaini - 14 Aug 2013 21:36

Regarding the Gemara that I brought down earlier (BK 38a) Ulah did not want to go console someone who lost their daughter with his babylonian friends because they say "what can we do" which means that if there was something to do they would do it.

The N'mukei Yosef explains that it is considered "giduf" to Hashem.

The Taz in Yorah Deia 376 brings down a Yam Shel Shlomo which brings down the story of Dovid when his first child was dying.

It's an awesome story, Dovid Hamelech hears that his son is deathly ill. He throws himself on the floor screaming and Davening, doing teshuvah, fasting. The child dyes, and Dovid's servants don't know how to break the news to him, so he ended up asking. when they answered

that the child had died, Dovid got up and asked for food to be brought to him so he eat! So his servants asked him what happened, and he answered "can I bring him back anymore?"

The question is that it seems as though Dovid was also saying "if I could I would"?

The Taz explains that the servants were asking why he stopped davening and all suddenly, so he answered that now there is no turning back the clock anymore, so now I accept it and am even able to eat normally.

Whereas when a person is mourning a lost one and from the anguish of what happened he wants to change that which Hashem wanted to that which he wants, then it is like cursing Hashem!!

I saw someone just clarify the point a little more. We have to accept the life that Hashem has given us and understand that were we to be given the choice between a) the life that we have and b) the life that we would want to have, we would have chosen the life that Hashem wants to give us!!!!

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Re: Yaakov's Ladder
Posted by Lizhensk - 14 Aug 2013 22:55

that can also be used in regards to a fall...

once we fall theres no turning back the clock, so just get up and do teshuva normally, do what you have to do to get better and dont wallow in your depression

(im talking to myself more than i am to anyone else, and Yankel of all people knows that the most)

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