

Yaakov's Ladder

Posted by Pidaini - 08 Mar 2013 17:33

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Starting my log a little late, i'm BH holding by today, which is number 53 of all the todays, but Bein Hazmanim is coming and i need to keep in check, and might not have time for all the chatting that usually helps me clear my mind (thanks guys!!).

i've been using AlexEliezers advice, that he gave me right when i first posted, of bulletproof Shemiras Einayim, or trying at least, and BH got to Today. but it's all changing now, it's not the same streets that i walk down every day, know exactly where to go so not to look, the dangerous places where i have to be careful etc.

now i'm entering the lions den, going to the airport, the airport itself, a few hours on the plane, etc. it's really scaring me!!

anyone have any ideas?

also been struggling with dreams, i know it shouldn't affect me, but it does, because it makes me realize that my mind isn't clean during the day, which leads to the next question how to keep my mind clean?

Wishing all you a Great Shabbos and it's Parshas Hachodesh so may we all be zoche to renew ourselves!!

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Re: Yaakov's Ladder

Posted by stillgoing - 23 Jun 2015 02:44

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Hurray! Welcome back.

My bird was getting lonely. 😞

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Re: Yaakov's Ladder

Posted by ZemirosShabbos - 23 Jun 2015 16:07

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Re: Yaakov's Ladder  
Posted by Pidaini - 23 Jun 2015 19:02

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Peekaboo!!

Here again today!!

There's still some tweaks with the chat, especially that there are users that you can't chat with yet.

If you haven't gotten verified for private chat, PLEASE DO SO AS SOON AS POSSIBLE!!! it's simple, and quick, and the benefits are enormous!!!

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Re: Yaakov's Ladder  
Posted by stillgoing - 25 Jun 2015 01:31

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Finally! The one person who knows how to write a size that I can read is back. Plain print seems so bla now. 😊

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Re: Yaakov's Ladder  
Posted by Pidaini - 25 Jun 2015 11:01

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Ho Ho Ho!!!

what if we make Large and *italic* together?

● **Warning: Spoiler!**



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Re: Yaakov's Ladder  
Posted by Pidaini - 25 Jun 2015 17:47

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Hi y'all!!!

Life is boring, and there is no question that lust makes it much more interesting and exciting. Right now, that's where it's at for me. I'm not triggered, but I sort of want to be.

Truth is, that observation in itself is progress already, progress due to coming back to GYE and starting to think the thoughts and idealizing the ideas.

Another thing that popped back into my head was the notion that having desires and becoming aroused aren't the problem, it's my need to get rid of them that is. But when I can look at life and see what Hashem wants me to do next, I can leave those desires to be taken care of however Hashem decides is best, and they lose most of their threatening demeanor.

Wooooooooooooo!!!!

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Re: Yaakov's Ladder  
Posted by ZemirosShabbos - 25 Jun 2015 20:22

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[Pidaini wrote:](#)

Ho Ho Ho!!!

what if we make Large and *italic* together?

● **Warning: Spoiler!**



and here i was thinking you were gonna treat us to some large italian ices...

your second post, much more (or less) profound, about idealizing ideas and observing observations brought to mind something I do a lot, ibbertrachten. tzadikim said trachten is good, ibbertrachten is not.

whatever it is, it is really good to see you back!

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Re: Yaakov's Ladder

Posted by Pidaini - 26 Jun 2015 03:54

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Hee Hee!! 🐱

[Zemmy wrote:](#)

idealizing ideas and observing observations brought to mind something I do a lot, ibbertrachten. tzadikim said trachten is good, ibbertrachten is not.

I tell you da truce, these profundities didn't really take up much thought, the first one was an insight from my BIL who asked me radomly why "people" find life so boring, the second literally just popped into my head (don't worry, that doesn't happen to often, there are usually other things popping iinto my head 😊)

Whadddddevvah!!

Ikkur is that I'm excited to be back, and although I've been back before....well, didn't you say ibertrachten is not good 😊

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Re: Yaakov's Ladder

Posted by Gevura Shebyesod - 26 Jun 2015 04:17

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[ZemirosShabbos wrote:](#)

[Pidaini wrote:](#)

Ho Ho Ho!!!

what if we make Large and *italic* together?

● **Warning: Spoiler!**



and here i was thinking you were gonna treat us to some large italian ices...

I was thinking that it's some sort of kabbalistic Tzirufei Sheimos. I think there's a thread for that somewhere. I can't find it right now, must be in the restricted Mekubalim forum 😊

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Re: Yaakov's Ladder  
Posted by Pidaini - 26 Jun 2015 12:15

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You mean [this one](#), don't you?

BH, it's already Friday afternoon here, the week really has flown by!! I am most certainly still human, with desires and all, but I am in a much better mood, understandably.

Wishing everyone a great Shabbos and I thank you for being here!!

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Re: Yaakov's Ladder  
Posted by serenity - 26 Jun 2015 15:59

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Good Shabboss!

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Re: Yaakov's Ladder

Posted by Pidaini - 28 Jun 2015 01:41

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A gutte voch GYE!

That was one long night! Couldn't fall asleep, finally did, Stan woke up, had an ego bruise as well, and some fantasies as a cherry on the top.

After all is said and done though, I'm still sparkling clean, so all's well that ends well!!

Shabbos is sort of lonely, I have no one to talk to honestly, to complain to, to lecture to, and no GYE to make up for it. I could get some numbers of SA guys that live in my area, hopefully will do that (sending an email to a guy right now....sent).

A good, sober week to all my friends!!

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Re: Yaakov's Ladder

Posted by Pidaini - 28 Jun 2015 01:41

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Re: Yaakov's Ladder  
Posted by dd - 28 Jun 2015 07:34

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Hi Yankel and KUTGW!!!

Its really very geshmak to see you here again on a daily basis. so KOP!!!

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Re: Yaakov's Ladder  
Posted by serenity - 28 Jun 2015 17:39

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Yankel. From your post, it sounds like you have learned a lot from this "fall". I had a similar experience at about the same number of days sober. Since then the days have gone really slow, so I need to focus on one day at a time more than ever. The main lesson I learned is humility.

Htazlacha!

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