

Yaakov's Ladder

Posted by Pidaini - 08 Mar 2013 17:33

Starting my log a little late, i'm BH holding by today, which is number 53 of all the todays, but Bein Hazmanim is coming and i need to keep in check, and might not have time for all the chatting that usually helps me clear my mind (thanks guys!!).

i've been using AlexEliezers advice, that he gave me right when i first posted, of bulletproof Shemiras Einayim, or trying at least, and BH got to Today. but it's all changing now, it's not the same streets that i walk down every day, know exactly where to go so not to look, the dangerous places where i have to be careful etc.

now i'm entering the lions den, going to the airport, the airport itself, a few hours on the plane, etc. it's really scaring me!!

anyone have any ideas?

also been struggling with dreams, i know it shouldn't affect me, but it does, because it makes me realize that my mind isn't clean during the day, which leads to the next question how to keep my mind clean?

Wishing all you a Great Shabbos and it's Parshas Hachodesh so may we all be zoche to renew ourselves!!

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Re: Yaakov's Ladder

Posted by shlomo613 - 27 Apr 2015 18:48

[Pidaini wrote:](#)

On a little sour note, yet it doesn't need to be so sour, I fell last night. I still found a loophole through the filter, and it wasn't so hard.

I'm very confused at this point. Looking back at my diary on the 90 day chart, trying to see what I tried and what didn't work and then look at what I am doing and asking myself why I think that it will work, and Dov's quote from signature is poking up it's painfully almost certainly true head

"nothing changes as long as everything stays the same".

I will post more details soon.

See Y'all!!

Pdaini,

Do you have accountability software to someone you're embarrassed of? That is an iron fence that is unaffected by filter loopholes. And it works. In my experience, you want to limit all options for porn long before you're tempted. This is basic stuff.

Also, is there a TAG office near you? I don't know but maybe they're able to do hints over the phone/internet? I don't think there's reason to be embarrassed. Remember the story of nura b'bai Amram.

My life was a series of unremitting falls and sunk in the quagmire of porn till I set up filters an accountability on all devices.

All the best.

Shlomo

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Re: Yaakov's Ladder

Posted by Pidaini - 28 Apr 2015 01:41

Thank you Shlomo!!

I have tried accountability software, found a way to get through it as well. Although it was a while back, maybe I should look into it again.

I've spoken to a TAG representative, he didn't have much more info than I did.

It's not the filters on the devices that are the problem, even when I didn't have any device, when I was in Yeshivah, I would still act out, at least weekly, and usually more often than that.

It's growing up, learning to live life that makes the difference.

I'm on a way, and I am listening to orders from a higher rank than I am.

Progress, not perfection.

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Re: Yaakov's Ladder

Posted by ZemirosShabbos - 28 Apr 2015 21:51

Hi, Jack!

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Re: Yaakov's Ladder

Posted by Pidaini - 29 Apr 2015 03:59

HI!!! (wrong thread, but ok)

I was actually thinking about you today. I know you like when people share their successes, so here's a little one for you.

I'm sure many here know the feeling of when you are very nervous about something, a grade on an exam, lost baggage, a response from a job interview, etc. Even though you know it could turn out ok, but being in doubt is terribly frustrating. So, being who we are, we have this little struggle "should I act out, shouldn't..." and the person acts out.

No longer does he finish wiping up, he gets a notification that he passed the exam with flying colo(u)rs, his bag was found and will be delivered to his house, he got the job, etc. and he kicks himself much harder than when he just regularly falls, here he thought he had an excuse, and it popped in his face!!

Well, yesterday we were certain that somehow our wedding album had gone missing. We had lent out our apartment for Yom Tov and since we couldn't find it, it only made sense that something had happened between the 3 families that had used it.

I got in a really bad mood about it, but, thanks to GYE, I made the right decision. I spoke my feelings to Hashem (I was planning on discussing it with a friend who was supposed to have called me, but he called.....when I was in middle of shemonah esrei, and I had told him not to), and I worked on accepting His will.

Late last night my wife tells me that my sister-in-law borrowed it without telling us and it was safe and sound!!

THE END!!

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Re: Yaakov's Ladder

Posted by stillgoing - 29 Apr 2015 16:33

call then
That story is amazing. You're right. These kind of problems things come up all the time.

It shows that there is hope for all of us.

Thanks.

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Re: Yaakov's Ladder

Posted by skeptical - 29 Apr 2015 16:58

Pidaini,

I've got something you can try.

Stop looking for loopholes in your filter!

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Re: Yaakov's Ladder

Posted by Pidaini - 29 Apr 2015 18:58

Thanks skept,

stillgoing- is that avatar my twin?

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Re: Yaakov's Ladder

Posted by stillgoing - 29 Apr 2015 19:17

you know, I was wondering what your avatar was. The computer that i'm using now (randomly) blockes out some pics. I couldnt figure out what could be so bad about your avatar that it got

So I'm not sure if they are related (never saw it) but you know what they say, "kol yisroel aravim ..."

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Re: Yaakov's Ladder

Posted by stillgoing - 29 Apr 2015 19:50

Pidaini

4/27

"trying to see what I tried and what didn't work and then look at what I am doing and asking myself why I think that it will work, and Dov's quote from signature is poking up it's painfully almost certainly true head "nothing changes as long as everything stays the same".

Why do you say that nothing is changing. check out your post from 2 days before.

4/25

"Motzei Shabbos, different story. Couldn't fall asleep, and out of frustration I started a roundabout way.... [b][u]I didn't go through with it, but the lust was there, certainly there

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BUT YOU DIDN'T GO THROUGH WITH IT. A+ Not only for effort even for the results!

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Re: Yaakov's Ladder

Posted by Palti-Yossef - 29 Apr 2015 20:06

How bad I recognised myself in your story and how strongly it gave me strength to hear about your good choice !

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Re: Yaakov's Ladder

Posted by ZemirosShabbos - 29 Apr 2015 21:56

thanks Yankel. you da man!

~~Please keep on sharing the good news !!~~

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Re: Yaakov's Ladder

Posted by gibbor120 - 01 May 2015 18:55

I'm no bird expert, but Yankel's looks like a falcon, not and eagle, so you can't be twins, unless

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Re: Yaakov's Ladder

Posted by Pidaini - 02 May 2015 19:24

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Re: Yaakov's Ladder

Posted by stillgoing - 03 May 2015 14:52

I don't think they are all that similar. Mine looks like it just took off, and yours looks like you are already cursing for a while

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Re: Yaakov's Ladder

Posted by Pidaini - 04 May 2015 08:05

Sometimes it's easier when you've just off, you really believe that you're not so familiar with this journey, you're new to the winds, to the heights, to the traffic control, to the basic differences of driving downstairs and driving on high....

When you've been soaring a while, you some times feel like you're a pro, you can take risks, you don't need to pay attention the whole time, you know what to expect, and that can get your wing clipped, and you can start stalling..

Anyway, I'm in a HORRIFIC mood, second day running.

I feel like a complete failure in everything that means something to me, being a husband, a father, a servant of Hashem (at least that's what I tell myself, I'm not sure I really care about

Oh boy it's dark!!

Gonna go restart my day, one hour at a time now.....

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