

This is no contest - have courage and emunah
Posted by thDov - 04 Mar 2013 22:35

When I started my 90 days journey I had a feeling like it is a contest. "Oh great again further in the list."

This was actually my pride. I wanted - once again - be the best. But this is neither a contest nor a race against each other. Every day is for us all the same time span and nobody is able to "overtake" somebody. When I looked at the top of this list I see that it is becoming extremely thin compared to those who just started. Being on my 17th day now and on the "77th place" many had did fall - nearly all of those who have been before me when I started fell and only very few reached their 90 days. This humbles me because I see how easy you can fall. When I see my difficulties to stay sober then I can understand it very well. I pray for those who fell that they do not loose courage and emunah but stand up again and start from day 1.

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Re: This is no contest - have courage and emunah
Posted by yehoshua - 06 Mar 2013 12:29

hey thanks for the prayer, I feel the same way, it's really every day for itself, a new start. And prayer is actually the only thing that really helps me, prayer for me, for my family, for my co-strugglers and for all the p* stars.

All the best to You!

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