

My journey to 90 days... once again

Posted by im not alone - 04 Mar 2013 12:10

so im starting once again my journey after a period of 3 months of being stuck in the mud

now with hashems help im going to make it.. I know ive said it a million times but... this time is different (Ive said that a million times too)

the only way I could prove it. is by waiting the 90 days and ill have the proof

hashem please help me ... life is not that long ... I have to get going .. please

Im 24 hours clean now... thats already a milestone

(ill post lightly as bh i have extreme busy job duties)

just keeping a record

im not alone... keep on trucking

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Re: My journey to 90 days... once again

Posted by stayrein - 14 Jul 2013 23:57

Good on you,

keep it up.

Don't let unimportant things get in the way of your life.

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Re: My journey to 90 days... once again

Posted by im not alone - 16 Jul 2013 08:02

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need i say more!!

thanks guys for helping me reclaim my life

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Re: My journey to 90 days... once again
Posted by Pidaini - 16 Jul 2013 21:43

Nope, no more needed!!!

can't wait for tomorrow!!

KUTGW!!!

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Re: My journey to 90 days... once again
Posted by im not alone - 21 Jul 2013 09:27

Sixteen bh!

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Re: My journey to 90 days... once again
Posted by im not alone - 22 Jul 2013 09:47

17 bh

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Re: My journey to 90 days... once again

Posted by Pidaini - 22 Jul 2013 11:21

numerical value of "???"

you're great!!! KUTGW!!

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Re: My journey to 90 days... once again
Posted by im not alone - 23 Jul 2013 20:06

going stronger bh

numericsl value of "??"

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Re: My journey to 90 days... once again
Posted by cordnoy - 23 Jul 2013 20:08

hey!

twice chay for me!

(except it doesn't feel like im living at all....sometimes)

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Re: My journey to 90 days... once again
Posted by im not alone - 20 Apr 2015 07:49

I was gone for a long time... wasnt the best of times in term of kedusha... I fell and fell and fell
and stayed on the ground beaten up almost to death

yet.. im starting to regain my continuous and Im starting anew with the help of hasehem im going to set new records.. but those dark days will always remain with me

and I just wish that I wont accumulate some more acts to have to live in the dark for the rest of my life

so here i am like a fresh newborn baby trying to make some new steps.. just help me hashem im broken to pieces

iyh after a week or so of bieng sober I wanna start a new thread and ill post periodically to keep me in the game

oh.. im already feeling the shift in me for the better... where have I been up until now

im not alone

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Re: My journey to 90 days... once again
Posted by im not alone - 20 Apr 2015 07:51

im taking just one day at a time and iyh tomorrow before i go to bed im going to say to hashem .. look its only one day.. but its still a day

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Re: My journey to 90 days... once again
Posted by im not alone - 22 Apr 2015 04:37

oh bashefer... how could you explain nor describe the joy that I experience now

bh 2 days clean and going strong.. just waking in the streets and smiling ... a genuine inner smile and feeling so proud and full of life... i got a new lease on life bh

will post tomorrow iyh

gn bashefer

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Re: My journey to 90 days... once again
Posted by Pidaini - 22 Apr 2015 19:13

Keep on Smiling!!

Make sure to remember though that it's not the amount of days that you have that make it count, it's what you do with the present day that counts and that will make the difference.

KOMT!!! KOP!!

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Re: My journey to 90 days... once again
Posted by dd - 22 Apr 2015 20:43

Welcome back Im Not Alone!!!

Great to see your positive attitude, and that your trying again!!!

But why don't you think of something you will do different this time? Something that is within your ability not something other guys can do, rather what could work for you for the time being.

Also maybe try to think why the last time(s) didn't work or why did you disappear for about two years.

KOMT and waiting to hear from you some good news be"h!!!

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Re: My journey to 90 days... once again

Posted by cordnoy - 23 Apr 2015 16:37

Welcome back

The new road should be blessed with hatzlachah - even more than last time.

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