

OK I Will give it another try

Posted by mdmjerusalem - 09 Jan 2009 14:33

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Dearest friends

I know you were looking for me and wondering where i landed

Here I am, but you wont recognize me.

Well the last few weeks have been catastrophic

I found myself feeding my impulse/gloominess about once a week

Since my membership end of summer I achieved 50 days twofold.

Failing for the second time ????? was more that I could tolerate

But I am inept to persist in this manner

Now that ??????" is around the corner

I take on myself a new instigation

**NEW RULE:**

The net is strictly for business usage

No news or entertainment on the net for **2 weeks** Bli Neder

Your emails to me can fill the void gap of association

**Please friends do keep in touch**

(Btw: I hate being the *misken* so to have a good *kesher* do tell me **about yourselves too**)

I will try to respond to every comment

*Gut Shabbos*

Your buddy

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Re: OK I Will give it another try

Posted by mdmjerusalem - 19 Jan 2009 16:14

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i know i am on a tight rope

one of the issues is that k9 does stop allot good things and i wont have the easy acces to change it

are you sure you can have more than one setting of k9 using the same email address

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Re: OK I Will give it another try

Posted by Elya K - 19 Jan 2009 22:50

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In SA they say, "the first one is on Hashem, the next one is on me." The Y.H. puts the thoughts in our mind to look and

to act out. The next step is up to us. Stop or Look again and fall. Without a program of recovery, without becoming a

pure vessel for G-d to help, we are powerless over this addiction.

Recently I read a post where someone told a member to go to a meeting. His excuse was, I can't, the meeting sare

on the "other side" of town. I wondered, if a free porn shop open 24 hours was open on the "other side" of town, how

long would it take for that person to get there. I've walked miles without even thinking, just in

anticipation.

Until we remove lust from our thoughts and our eyes, we will never get clean. If you're not clean you'll never come to

the realization that life has so much more to offer us than this fantasy.

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Re: OK I Will give it another try

Posted by the.guard - 19 Jan 2009 22:56

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I thought you said that the internet is just for work from now on? Even if you failed in the Kabbala until now, isn't that still your goal? If yes, then K9 won't block what you need for work (I'm pretty sure). And I can change for you what needs to be changed, if necessary. You can use my e-mail address. K9 doesn't care how many people use the same e-mail address as far as I know. Stop having Sefeikos. Jump into the Yam Suf, if you want Hashem to split it for you.

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Re: OK I Will give it another try

Posted by mdmjerusalem - 20 Jan 2009 15:05

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ok but the net on my phone cant have k9

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Re: OK I Will give it another try

Posted by mdmjerusalem - 20 Jan 2009 16:09

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i made categories high

and cant goto gmail

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Re: OK I Will give it another try

Posted by mdmjerusalem - 20 Jan 2009 16:12

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this is what k9 tells me:

Category Blocked

The site you tried to visit belongs to a category that your computer is set to block.

[chatenabled.mail.google.com/](mailto:chatenabled.mail.google.com) is blocked because it is currently categorized as:

Chat / Instant Messaging

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Re: OK I Will give it another try

Posted by mdmjerusalem - 20 Jan 2009 16:16

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ok now that i disabled chat in gmail it works again

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Re: OK I Will give it another try

Posted by the.guard - 20 Jan 2009 16:22

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Good step Tzadik!

Who has your password?

As far as your cell, here are some ideas/choices

1) Jnet has a filter for Blackberries. Maybe it works for all cell phones, I'm not sure. You can ask them.

2) Disable the internet service on the cell phone. You don't need it.

3) Get a cell without internet capabilities and throw this one out - Korbon Olah La'Hashem.

4) Make a Shavuah that if you ever access inappropriate sites on your cell phone ever again, you will throw it out and get another one without internet.

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Re: OK I Will give it another try

Posted by mdmjerusalem - 20 Jan 2009 17:05

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i will send it to you

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Re: OK I Will give it another try

Posted by BentleyJunkie - 20 Jan 2009 23:27

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I set my k9 filter by categories....there's little reason to block Chat / Instant Messaging, etc.

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Re: OK I Will give it another try

Posted by mdmjerusalem - 20 Jan 2009 23:35

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really

well i dont want to recall the olden days

a few years a go i was just plain addicted to chatting

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Re: OK I Will give it another try

Posted by Ano Nymous - 20 Jan 2009 23:41

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It depends on the person. Personally I have no problem with text messaging on cell phones or

instant messaging online. However, it is just another avenue where you can indulge your fantasy if you wish to, and for children it can be dangerous as well. If it has been an issue for you in the past, it should certainly be blocked. Otherwise, there is no reason to block it.

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Re: OK I Will give it another try

Posted by mdmjerusalem - 20 Jan 2009 23:43

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but when you have urge

and your filter does not pass p////

you might turn to chat or even phone s///

what do you think

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Re: OK I Will give it another try

Posted by Ano Nymous - 20 Jan 2009 23:49

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I think that depends how far you are into the addiction. I am not even 20 yet, have never had phone sex or online pretend sex, never touched or spoken sexually to a girl in real life. So for me it's not an issue. But if you are far enough into the addiction that you would have the urge to use IM to feed the addiction you should certainly block it!

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