

On the way to 90 (and Beyond)

Posted by Binyomin5766 - 31 Dec 2008 13:57

Well, I've been clean for 10 days now. Getting through the nights is the most difficult because that is when I've been most likely to fall. On the other hand, my state of mind and the content of my thoughts during the day are the fuel for the fire. If I can control my mind during the day, controlling my body at night is that much easier. Some days have been more difficult, and my coworkers aren't exactly concerned about purity or modesty or any other such thing. G-d willing, I'll make it through today and then get a bit of a break. I have company paid holidays tomorrow and Friday (and at least some of my family will be with me each day). Shabbos has always been easier for me, so it's possible that things will be smoother for four days. I just have to get through today!

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Re: On the way to 90 (and Beyond)

Posted by Binyomin5766 - 18 Sep 2009 14:13

Thank you everyone; this is a really good way to go into Rosh Hashanah.

Guard, that's the one. I guess I missed it on the website.

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Re: On the way to 90 (and Beyond)

Posted by Binyomin5766 - 25 Sep 2009 19:47

I had a fall earlier this week. I decided to open a new thread for the new journey 90 and it can be found here: <http://rehab-my-site.com/guardureyes/forum/index.php?topic=1011.0>

Rabbeinu Guard, if you would prefer that I stay on this original thread please feel free to merge the two.

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