

My Story - Reallygettingthere

Posted by reallygettingthere - 11 Oct 2012 00:34

---

I

=====

=====

Re: My Story - Reallygettingthere

Posted by reallygettingthere - 29 Nov 2014 02:37

---

A day of honesty:

We had a financially (very) stressful week but the yad hashem apparent so many times.

We did not see what we thought we wanted, but it was clear at the end that Hakadosh Baruch Hu was running the the show from backstage. A tough pill to swallow but really happy that I did.

Good Shabbos

=====

=====

Re: My Story - Reallygettingthere

Posted by reallygettingthere - 02 Dec 2014 00:35

---

I realized today that I instinctively turn to lust when I feel scared or vulnerable...

Knowing in advance is very helpful

=====

=====

Re: My Story - Reallygettingthere

Posted by cordnoy - 03 Dec 2014 07:12

---

I think I read that we don't turn to lust; lust turns us!

=====

Re: My Story - Reallygettingthere

Posted by reallygettingthere - 05 Dec 2014 22:36

---

Leichter!

=====

Re: My Story - Reallygettingthere

Posted by cordnoy - 08 Dec 2014 04:29

---

Besamim!

=====

Re: My Story - Reallygettingthere

Posted by reallygettingthere - 25 Dec 2014 01:08

---

Chevra,

i haven't post in a while so here's the update.

Bh things are going well. not lusting, minimal slipping.

The chiddush is that I've been under massive stress the past few weeks. I kept on davening as I felt like I would explode from the pressure: (paraphrased) Hashem there is no way I can beat the lust monsters on my own. All the triggers are here. A little while back I would automatically

cave in and feed my addiction. I recognize that I simply don't have the koach to fight them.  
PLEASE help me.

These pleading have probably been the most sincere expression of being powerless that I've ever articulated. I really really felt powerless.

...And with HKBH's help, I stayed clean

eli

=====

=====

Re: My Story - Reallygettingthere

Posted by reallygettingthere - 07 Jan 2015 22:58

---

Hi Chevra.

I had some bad slips over the past few days.

Recommitting to enjoying the good clean life.

Updated my taphsic (which had expired).

Veiter

Eli

=====

=====

Re: My Story - Reallygettingthere  
Posted by shomer bro - 07 Jan 2015 23:57

---

That's the name of the game, you gotta keep moving forward and of course, KOMT!!! You rock bro!!!

=====

Re: My Story - Reallygettingthere  
Posted by Shmeichel - 08 Jan 2015 00:47

---

i think the whole problem is in your truck

i noticed it has only one single cannon

what about if the enemy comes from behind? or from sideways?

i think if you sort that out you will have much longer clean streaks

=====

Re: My Story - Reallygettingthere  
Posted by shomer bro - 08 Jan 2015 01:05

---

Its a gun turret, and they swivel 360°.

=====

Re: My Story - Reallygettingthere  
Posted by Shmeichel - 08 Jan 2015 04:37

---

oh excellent

surely you'r on top of it

=====

=====

Re: My Story - Reallygettingthere

Posted by cordnoy - 09 Jan 2015 18:09

---

Have you noticed what has been causin' the slips?

=====

Re: My Story - Reallygettingthere

Posted by reallygettingthere - 10 Jan 2015 01:09

---

yeah, walking on slippery ground

=====

Re: My Story - Reallygettingthere

Posted by reallygettingthere - 10 Jan 2015 01:10

---

Just kidding. As I mentioned to you in our chat. i had not completely updated my taphsic, which i did later.

Contribution factors:

no exercise for two week, exhaustion

=====