

My Story - Reallygettingthere

Posted by reallygettingthere - 11 Oct 2012 00:34

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Re: My Story - Reallygettingthere

Posted by gibbor120 - 13 Aug 2013 19:58

really good stuff, really getting there!

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Re: My Story - Reallygettingthere

Posted by reallygettingthere - 16 Aug 2013 21:47

Leichter Done (actually I started last night and finished this morning)

I've been here since the day after Yom Kippur 5773.

There were no words to describe the resentment I had towards my wife (not hate or disgust, just resentment and I was a "big tzaddik" for making the marriage work of course)

But now

There are no words to describe the love and admiration that I have for her and no words to describe how lucky I am.

There were no words to describe the resentment I had for myself.

But now

There are no words to describe the sipuk that I get out of living life for real.

There are no words to describe the hakoras hatov that I have to GYE and to the chevra on the site.

Good Shabbos

Love,

Eli

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Re: My Story - Reallygettingthere
Posted by gibbor120 - 16 Aug 2013 22:30

Wonderful!

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Re: My Story - Reallygettingthere

Posted by reallygettingthere - 23 Aug 2013 20:23

Just opened to to a new level of clarity.

Feeling stressed out and not seeing options was something that drove me to porn in the past.

I know that because I feel that kind of stress now.

But...

I know I am am not where I was in the past

I am focused on solving the problem, not making the hurt go away

Mr. Yetzer Hora, you cannot hurt me

but you can scare me and then I might hurt myself

The trick is not to be scared

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Re: My Story - Reallygettingthere

Posted by ZemirosShabbos - 23 Aug 2013 20:30

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Re: My Story - Reallygettingthere

Posted by reallygettingthere - 23 Aug 2013 20:35

[ZemirosShabbos wrote:](#)

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I heard from R' Avrohom Schorr (on a CD of a shiur in Mesilas Yesharim for Beis Yakov girls)
That this means even though the bridge is narrow, there still is enough room for our feet to
stand. (As long as you don't try to take an alternate route)

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Re: My Story - Reallygettingthere
Posted by cordnoy - 23 Aug 2013 20:40

no hopes, no worries, no fears....

you guys are da best!

focus on doing da right thing right now, and nothin' else

all of us can fit on da bridge with that mehalech

thanks so much

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Re: My Story - Reallygettingthere
Posted by reallygettingthere - 23 Aug 2013 21:15

[cordnoy wrote:](#)

all of us can fit on da bridge

Thanks

To clarify: I am not feeling a pull to lust right now, but in the past I would have been the London Bridge (falling down).

My focus now is not to get into s pre-slip situation

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Re: My Story - Reallygettingthere
Posted by inastruggle - 23 Aug 2013 22:13

[ZemirosShabbos wrote:](#)

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The nanach kappel is working it's magic.

Rellygettingthere, beautiful thought up there. Shkoyach. Don't think you mentioned the leichter yet...

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Re: My Story - Reallygettingthere
Posted by reallygettingthere - 23 Aug 2013 22:16

[inastruggle wrote:](#)

Don't think you mentioned the leichter yet...

Leichter done...

Like a boss

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Re: My Story - Reallygettingthere

Posted by gibbor120 - 23 Aug 2013 22:18

[reallygettingthere wrote:](#)

I am focused on solving the problem, not making the hurt go away

I assume when you say "solving the problem", you mean "turning to Hashem and asking Him to

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Re: My Story - Reallygettingthere

Posted by reallygettingthere - 23 Aug 2013 22:19

[gibbor120 wrote:](#)

[reallygettingthere wrote:](#)

I am focused on solving the problem, not making the hurt go away

I assume when you say "solving the problem", you mean "turning to Hashem and asking Him to

solve the problem"

Of course. I was simply refering to my frame of mind.

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Re: My Story - Reallygettingthere

Posted by reallygettingthere - 27 Aug 2013 06:53

Update:

I was thinking that I have nothing to say but I would just post that, but I gues I have something to say.

I saw a "stress fracture" in my line of defense. Today when checking the headlines an image was visable on the webpage that should have automatically made me move the cursor to close the window, but instead i right clicked and blocked that image leaving me exposed an extra second.

Now, I'm no tzadik but to me this looks like a crack in my defense.

I am consciously making myself aware that this is not the way and I need to make sure this

does not happen tomorrow.

Eli

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Re: My Story - Reallygettingthere
Posted by tehillimzugger - 30 Aug 2013 16:58

[reallygettingthere wrote:](#)

a shiur in Mesilas Yesharim for Beis Yakov girls

ZemirosShabbos said Thank You, Helllllllllloooooooooooooo?!!!!!! Moderator?!

Trigger?!

Ummmmm are you doing the leichter today?

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