**GYE - Guard Your Eyes** Generated: 2 July, 2025, 19:12 hello everybody! Posted by tehillimzugger - 09 Oct 2011 10:47 Chevra. It took a neila but i'm here now and here to stay! l'chaim Re: hello everybody! Posted by nitzotzeloki - 10 Jan 2014 17:17 pinchas, i started crying when i read your post. i dont have the words to describe the feelings it brought up in me. i will say that i very much needed to read/hear what you wrote ==== Re: hello everybody! Posted by Gevura Shebyesod - 10 Jan 2014 19:51 Amazing! Hang on to that feeling and KOWWH!!! Re: hello everybody! Posted by gibbor120 - 10 Jan 2014 20:28 Welcome back Saul/Eizehu! Keep posting, maybe start your own thread. We're here for you, listening...

## **GYE - Guard Your Eyes** Generated: 2 July, 2025, 19:12

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Re: hello everybody! Posted by tehillimzugger - 12 Jan 2014 21:05
Thanks Nitz!
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Re: hello everybody! Posted by tehillimzugger - 14 Jan 2014 16:07
I can't manage outcomes. Any outcomes. When I blow my nose, not everything will necessarily outcome.
Yeah, I'm not feeling wellWent through a whole package of tissues during shacharis alone. But it's such a relief to know that my mood is in my control. Moods can't control me.
I am not happy that I'm feeling this way. Automatically I become unhappy about this and that and the other thing as well. But I do not allow it, I deal with the fact that I'm not feeling well, I accept it. Then I can go on to the other things one at a time. Hashem isn't attacking me with a whole bunch of weapons at once, I'm attacking myself if I choose to see it that way.
I choose to see it this way: Der Basheffer luvt mich eibig!
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Re: hello everybody! Posted by ZemirosShabbos - 14 Jan 2014 20:42
you mean outgribes
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Re: hello everybody! Posted by pischoshelmachat - 15 Jan 2014 03:37
What a beautiful post. I wonder myselfhaven't i opened up a pisch shel machat yet. Now i understand!
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Re: hello everybody! Posted by kilochalu - 15 Jan 2014 04:54
tehillimzugger wrote:
Der Basheffer luvt mich eibig!
for many of us the ois fier is not so much vifil luv ich ehm but vifil luv ich mich when we have to remind ourselves "you're worth it"
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Re: hello everybody! Posted by yehoshua - 15 Jan 2014 12:27
Helpless, but not hopeless
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Re: hello everybody! Posted by tehillimzugger - 20 Jan 2014 07:42

The fourth step that Alcoholics Anonymous suggests for recovery from addiction is: making "a searching and fearless moral inventory" whose aim is to search out "damaged and unsalable goods". Whilst taking this step I noticed that I have a lot of dishonesty in my character. For instance, I can withhold information from people in order to manipulate them.

But there are less severe manifestations as well. For instance, readers of this thread might remember that I have a fear of public speaking. Dishonesty plays a large part in this fear. If I were honest with myself, I would admit that people aren't judging me based on every inflection in my speech.

The sixth step suggests that I be entirely ready to be rid of the defects of character [the abovementioned "damaged and unsalable goods"]. Since I've taken this step I've been willing to stop living with the mindset I lived with previously. Dishonesty is out.

I have a huge imagination. I live in it very often.

I realized. Using my imagination is dishonest. It's not real. Not honest. I cannot live with imagination if I am to live without my character defects. One of which is dishonesty.

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Re: hello everybody!

Posted by tehillimzugger - 23 Jan 2014 13:38

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It hit me during davening:

Hashem will not be one iota bigger during my chasuna. All the ecstatic dancing I'll be doing during my chasuna. There's no reason I shouldn't be doing all that now. It's the same Hashem!

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Re: hello everybody!

Posted by ZemirosShabbos - 23 Jan 2014 21:09

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that's all true and well and honorable. but methinks that the ecstatic dancing at your wedding (iy"h before tu bishvat..) is not so much because Hashem is bigger, rather because we are happy. (if you really want to nitpick, you could make a case that kol hamesameach choson vekallah ke'ilu bana achas meichurvos Yerushalayim so keveyachol Hashem profits on the deal

**GYE - Guard Your Eyes**