## **GYE - Guard Your Eyes**

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Generated: 21 August, 2025, 00:47
jack-veiter Posted by jack - 01 Sep 2011 12:49
hello all, i am starting a new thread for myself - to symbolically say goodbye to the 'old' me.in other words, out with the old, in with the new.what better time than at rosh hashanah - may the old year and its curses end, and may the new year with its blessings begin.ameyn.
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Re: jack-veiter Posted by Machshovo Tova - 29 Jun 2012 16:09
If that's cholint beans - can I join?
Yes, that would be a great Shabbos,
MT
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Re: jack-veiter Posted by Kedusha - 03 Jul 2012 15:17
jack wrote on 29 Jun 2012 15:32:
when i met elya, and kedusha, and some others, it was really great!
Yes - it was great meeting you too, Jack!

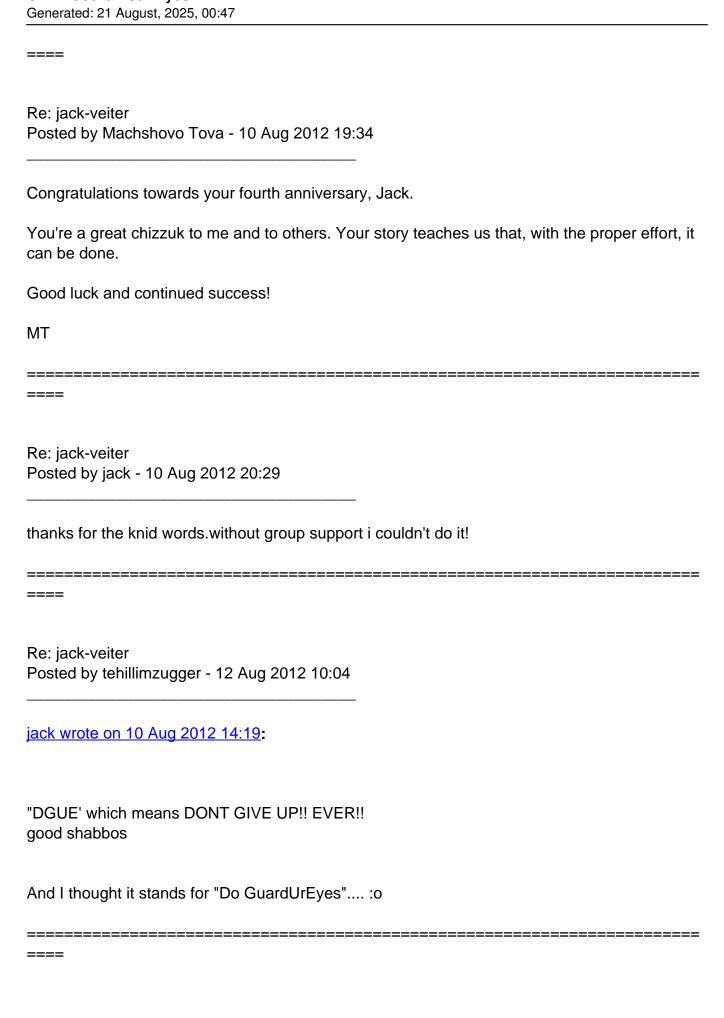
Re: jack-veiter Posted by jack - 27 Jul 2012 20:55
t's erev shabbos, i'm at the library and dont have much time but just wanted to say quickly that old my wife everything, it was in front of a sex addiction therapist.more next week.things are much better now.
ack
Re: jack-veiter Posted by jack - 30 Jul 2012 20:35
went with my wife to a sex addcition therapist and was honest, and she was honest back and my own recovery improved as a result - this is the short version.in a nutshell - intimacy vs. ntensity.porn is intensity,marriage is intimacy.the two are very different.
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Re: jack-veiter Posted by jack - 06 Aug 2012 18:29
she taught me about shlaymus - she didn't use that word - but that's what she meant.and addiction is not part of who we really are.she aso said that there's only one thing that can fulfill us - and that is G-d.the same thing R twersky said to me.she said no human being, no thing, can fulfill our needs.not porn, not our spouse, only G-d.and when i asked her how do i get a conenction to G-d, she held up the big book and said 'through recovery, you will find G-d'. AMAZING!
ack
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Re: jack-veiter Posted by ZemirosShabbos - 08 Aug 2012 16:50

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happy for you, jack
this calls for Jack's Niggun again
www.guardureyes.com/GUE/Music/mus/JackSimcha.mp3
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Re: jack-veiter Posted by JustKeepGoing - 09 Aug 2012 03:26
lol I listened to that the other night. Its just so Jewish! ;D
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Re: jack-veiter Posted by jack - 10 Aug 2012 14:19
thanks for responding guys - keeping connected is one way to help ourselves to stay clean.and for all those (including myself) who are strugglers, "DGUE' which means DONT GIVE UP!! EVER!!
good shabbos
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Re: jack-veiter Posted by jack - 10 Aug 2012 19:15
as i approach my 4th anniversary with GYE next month, here are some thoughts.if you ask me how i can stay clean, i'll answer i dont know but it aint easy.well, i do know, but i dont know.confused? i stay clean because of you guys.but that's not really a reason, is it? no reason works for me.i do it because you want me to do it - period.if i start thinking about reasons, i'll refute every one of them, and then i'll fI i dont even want to say the word.
jack

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Re: jack-veiter Posted by ZemirosShabbos - 13 Aug 2012 17:56
if DGUE brings to mind Dougie's Grill, do i need to check out OA?
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Re: jack-veiter Posted by jack - 13 Aug 2012 18:26
definitely.there's a 12 step group for any type of addiction that you can think of.i think i'll start one called people-who-are-addicted-to-writing-on-the-living- room-wall-with-a-crayon anonymous.
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