

jack-veiter

Posted by jack - 01 Sep 2011 12:49

hello all, i am starting a new thread for myself - to symbolically say goodbye to the 'old' me.in other words, out with the old, in with the new.what better time than at rosh hashanah - may the old year and its curses end, and may the new year with its blessings begin.ameyn.

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Re: jack-veiter

Posted by gibbor120 - 14 Jun 2013 22:24

[jack wrote:](#)

hi everybody-

when i log in, at the top of the page, it says 'hi,jack!' i hope i'm not arrested!

. Oh, and don't talk to kabbalists there either .

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Re: jack-veiter

Posted by Dov - 28 Jun 2013 07:32

Hi Jack!

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Re: jack-veiter

Posted by jack - 16 Jan 2015 19:22

ok, maybe it's time to reach out again.6 years ago, when this site was

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Re: jack-veiter

Posted by gibbor120 - 16 Jan 2015 21:11

From what I understand, there is a "torah shebeal peh" to it, and you can't really "understand it". You have to "DO it".

Lehavdil, I don't think someone who has not experienced a Shabbos can really understand it by expalanation. It has to be experienced.

The 12 steps is not about understanding at all. Just follow directions, and see what happens.

That is my "understanding", admittedly as an outsider. I did the 12 step phone call with dov, but that, and reading some posts here is my only experience with the 12 steps.

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Re: jack-veiter

Posted by jack - 16 Jan 2015 21:19

maybe my reluctance to hand my will over to another power is telling me something about myself.hmm....maybe i'm afraid to give myself up.maybe i'm afraid i'll lose myself.maybe i'm actually terrified of this.my guiding force in life has been fear, fear of the unknown.and i've already lived this way for > 55 years.this fear is really a step 4 concept - i think.but it's REAL and it's terrifying.

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Re: jack-veiter

Posted by gibbor120 - 16 Jan 2015 21:30

Handing your life over to a higher power is actually freeing. But you can't understand it until you do it.

What have you got to lose?

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Re: jack-veiter

Posted by jack - 16 Jan 2015 21:40

'what have u go tot lose?'

myself.

i just want to let you know that i'm not giving up.but i will need help in this.

you know r' twerski shlita would go to meetings to get answers, instead of going to experts.and
HE was an expert himself!

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Re: jack-veiter

Posted by Bigmoish - 16 Jan 2015 21:44

"would go?" "was?"

Rumor is, he STILL goes. And he definitely is still an expert himself.

Hatzlocha, R' jack.

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Re: jack-veiter

Posted by jack - 16 Jan 2015 21:59

if i can get over this fear, it will be one of the most important things that will have ever happened to me.one of these things was finding GYE - it happened thru a miracle. I've had many other miracles happen to me in my life.i need another one.

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Re: jack-veiter

Posted by Shakeitoff - 16 Jan 2015 22:15

I believe Rabbi Twersky said that he still attended for character development. If that's true, then maybe we can focus on that (something to do), instead of on avoiding porn (something not to do).

I'm getting back to my erev-Shabbat prep...but GYE has such an amazing bunch of people, I don't want to leave!

Best to all.

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Re: jack-veiter

Posted by jack - 16 Jan 2015 22:27

i agree - the best people on the planet.but i've been to a few 12 step meetings and i must say most of the people at these meetings are very special people - they have suffering in common and they are bound together.

i wont post till tuesday as i dont have internet at home and i'm not getting it any time soon.

gutn shabbos to all

jack

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Re: jack-veiter
Posted by cordnoy - 16 Jan 2015 22:49

Just wanna welcome you back

Tis been a while Jack

Lookin' forward to the 12 steps

or maybe instead, you'll try the tips from Skep's

Either way; power to you!

Good shabbos

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Re: jack-veiter
Posted by gibbor120 - 16 Jan 2015 22:54

[jack wrote:](#)

'what have u go tot lose?'

myself.
Maybe you will FIND yourself?

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Re: jack-veiter

Posted by kilochalu - 19 Jan 2015 05:14

3,4 years ago [jack wrote](#):

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looks like you were able to get over the fear of 'the new me' and actually quite looked forward to it

did it before, you can do it again!

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