

The "\$90 for 90 days" Golden Plan
Posted by the.guard - 26 Aug 2011 10:09

Two years ago on Rosh Chodesh Elul "Kedusha" suggested an ingenious plan to help others reach 90 days - while helping GYE at the same time (see chizuk e-mail #561 on [this page](#)).

Sponsors: Choose someone from this forum who wants an incentive to make it to 90 days, and commit to donate \$90 to GYE if that person makes it to 90 days clean. This will give your sponsee an added incentive to make the effort (because he won't want GYE to lose out on much needed help!)

Sponsees: If you want to have an added incentive to make it to 90 days yourself and take up this challenge, please post the following information on this board:

- 1) How many days you've been clean (at least 3, but no more than 30),
- 2) A brief summary of your recent status (successes and failures),
- 3) Whether you have an Internet filter without access to the password,
- 4) Your pledge to post honest reports of your status at least twice weekly on "Wall of Honor" section of the forum.
- 5) Your game plan for making it to 90 days without falling (you need one - otherwise, GYE stands to lose out on the \$90!).

Please Choose one of the following 4 choices:

1. I want to be a sponsor (I want to donate \$90 for someone else's 90 days)
2. I want to be a sponsee (I want someone to donate \$90 to GYE for my 90 days)

3. I want to be both a sponsor (for someone else) and a sponsee (someone else should donate for my 90 days)

4. I want to be my own sponsor (i.e. I commit to donate \$90 to GYE if I make it to 90 days)

In the merit of motivating another person, you will surely see siyata di'shmaya in your own struggle as well. And what more beautiful way can there be to enter Elul than to encourage another Jew to purify himself - at the same time as helping GYE continue to inspire hundreds of others!

Le'taher eschem mikol chatoseichem... Lifnei Hashem Ti'Taharu!

Start your 90 day journey TODAY!

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Re: The "\$90 for 90 days" Golden Plan
Posted by Yossi.L. - 11 Dec 2011 04:23

I got in touch with a few people that were very helpful. Thank You.

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Re: The "\$90 for 90 days" Golden Plan
Posted by mendel 770 - 02 Apr 2012 02:38

i there is any one who is waiting to sponsor, i would be the sponsee, i think it would be good or me and help me pull thru.

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Re: The "\$90 for 90 days" Golden Plan
Posted by mendel 770 - 04 Apr 2012 21:01

or maybe this started so long ago that no one is excited about it any more:(...

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Re: The "\$90 for 90 days" Golden Plan
Posted by alexeliezer - 04 Apr 2012 21:10

I'll do it, Mendel. \$90 for 90 days.

Please refer to page 1 of this thread for your side.

Hatzlocha!

Alex

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Re: The "\$90 for 90 days" Golden Plan
Posted by mendel 770 - 06 Apr 2012 11:49

ur serious?

i cant believe it!

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Re: The "\$90 for 90 days" Golden Plan
Posted by mendel 770 - 09 Apr 2012 03:18

I am so thankful to you, alex, for doing this for me. In fact I still sort of can't believe that I finally have some motivation to actually pull thru... Unrolled now i could just fall out of not having any reason not to, after my neshomo has been so desensitized by continued and constant feeding my yetzer hora... Now I feel like i have a responsibility to someone for my actions...

So how do we have to do to make this official?

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Re: The "\$90 for 90 days" Golden Plan
Posted by Eye.nononymous - 09 Apr 2012 09:52

[mendel 770 wrote on 09 Apr 2012 03:18:](#)

So how do we have to do to make this official?

YOU have to stay clean for 90 days, and then Alexeliezer has to pay \$90 to GYE.

You have to have some plan of recovery. List out what you are doing, daily, to keep yourself sober. It would be a good idea to post it here, too. Perhaps send it to GUARD for review first, to make sure it's realistic--sufficient without going overboard on anything.

And I'll add--keep watch of you perceptions and motives. Not just, "I'm going to the computer to look at p*rn, so I guess I better not look at the computer." But also, "I'm surfing the sports news (or whatever) on the internet because I'm bored. That's not a healthy state to be in." It's the more subtle emotions--restlessness, irritability, and discontent (really stemming from fears and resentments) which, if left to fester long enough, will drive us to act out. Keep tabs on those, and keep in a healthy place, emotionally, as best as you can. This little bit of info has lead to a big part of my recovery.

Good luck.

--Elyah

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Re: The "\$90 for 90 days" Golden Plan
Posted by testuser - 11 Apr 2012 20:12

does it alert when posting full???

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Re: The "\$90 for 90 days" Golden Plan
Posted by man - 15 Apr 2012 05:28

test 3 -567

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Re: The "\$90 for 90 days" Golden Plan
Posted by dev_7 - 15 Apr 2012 07:28

testtest

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Re: The "\$90 for 90 days" Golden Plan
Posted by teenstruggle - 22 May 2012 19:49

Will I still get a sponsor if I post to this?!?!?!?

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Re: The "\$90 for 90 days" Golden Plan
Posted by mendel 770 - 25 May 2012 18:18

i think me and you should do it together, but my problem, (which really is the greatest

sollution!!),is that i dont have internet accsess during yeshiva, because i stay in a dorm where internet is forbidden, thank g-d and the hanholo, so, b'meileh, i can not update every week, only once in 2 weeks when i go home.

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Re: The "\$90 for 90 days" Golden Plan
Posted by mendel 770 - 30 May 2012 00:57

does anyone have a sollution?

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Re: The "\$90 for 90 days" Golden Plan
Posted by A_new_begining - 29 Jun 2012 07:36

I would like a sponsor.

Just dont have the time to provide the details right now.

Ill log in later to post my details.

Thanks guys

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