

Home of Gibbor120

Posted by gibbor120 - 18 Aug 2011 21:06

Hi,

I introduced myself, not long ago, [Here](#). But I have grown since then, and have outgrown my small house in the "Introduce Yourself" part of town. I am a Jr. Member and soon will be a "Full Member" IY"H, so I decided I needed to build a new house in a new neighborhood. I looked around at different neighborhoods and saw some spectacular houses in "Wall of Honor". I see that [Zemmy](#) and [Bards](#) have built here among others, so I decided to plant myself here as well. I will hopefully build some walls of honor myself, and continue to make great friends along the way.

I plan to use this as my main posting thread. So please come in and make a l'chayim, or enjoy some chocolate babke and fresh brewed coffee, or just stop by to say hello.

It's a privilege to dwell among such chashuve yidden!

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Re: Home of Gibbor120

Posted by cordnoy - 21 Jul 2013 09:11

belated mazel tov!

wow!

the number almost gets me depressed, but I guess another 1,466 one day of good decisions....

anyway, keep up the chizuk for the rest of us

1500

what a number

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Re: Home of Gibbor120
Posted by tryingtoshteig - 22 Jul 2013 19:34

[gibbor120 wrote:](#)

I actually managed to stay sober for about 2 years before joining GYE.

Now that is impressive! Can you imagine, people were sobering up from this addiction before

Mazel Tov Gibbor!

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Re: Home of Gibbor120
Posted by gibbor120 - 22 Jul 2013 20:56

[tryingtoshteig wrote:](#)

[gibbor120 wrote:](#)

I actually managed to stay sober for about 2 years before joining GYE.

the invention of GYE?

Now that is impressive! Can you imagine, people were sobering up from this addiction before

Mazel Tov Gibbor!

I hope to inspire, not to impress. I hope it does not depress. Then it is not worth posting.

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Re: Home of Gibbor120

Posted by tryingtoshteig - 22 Jul 2013 21:22

I am both inspired and impressed, eilu v'eilu. It makes the fight a little easier for me to know that there are people like you out there who have been winning battles even in the absence of anonymous forums and 90-day charts.

I am also inspired by the amount of chizuk that you have shared with the heilege oilam here, as evidenced by your 2500+ posts on the forum. (I wanted to post a screenshot when your count was at 2500, but I couldn't figure out how.)

KOP and KUTGC! (Keep on posting and Keep up the great chizuk! Sorry if those are not in the official glossary.)

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Re: Home of Gibbor120

Posted by needtoquit - 22 Jul 2013 21:33

[tryingtoshteig wrote:](#)

Now that is impressive! Can you imagine, people were sobering up from this addiction before

[gibbor120 wrote:](#)

What do you mean? Before I found GYE, I quit dozens and dozens of times. I hope to inspire, not to impress. I hope it does not depress. Then it is not worth posting.

Oh, we are definitely inspired. Nothing personal, but my *gayvah* assures me that I'm better than
So, if you could do it, so can I!

You and all of us should be *gebenchtet* with many more one days.

Hatzlacha,

NeedToQuit

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Re: Home of Gibbor120
Posted by Pidaini - 22 Jul 2013 22:03
you.

[gibor120 wrote:](#)

For me, it took my wife walking in on me .

The best thing that ever happened to me

k, so let's hijack ur own thread.

Do you think that it would not be possible for you to get where you are, in regard to your relationship with your wife, if you had started recovery on your own, and when you trusted yourself enough you would have told her?

Isn't it supposed to be that love reflects, and if I work on myself enough to really really be there for her, and build up enough trust before telling her, then i won't have to go through the years of hell to get where you are?

sorry for hijacking, but I really would like to hear what you think since you're on the other end of the bridge.

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Re: Home of Gibbor120
Posted by gibbor120 - 22 Jul 2013 23:11

I think if I had started recovery and told her at the "right time" things would have gone much smoother. I may not have lost as much trust in the beginning. Hashem has his cheshbonos of exactly when and how she should find out. It's a big chessed that he waited until we were married with children and had a strong relationship already. I think it would have been much harder if it was earlier in our relationship. It was hard enough as it is.

(every post raises the count no matter which post you look at. If you look at my first post ever, it)

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Re: Home of Gibbor120
Posted by Dov - 29 Jul 2013 01:49

For most guys - well-intentioned and holy as we may be - the idea of 'working on it on your own' is just plain ridiculous.

True, Gibbor did it without GYE...but he was not on his own! His wife already tore his precious 'space-time continuum' asunder (a'la Capt Kirk) by walking in on him **and making his behavior real**.

For most (all) of us, we compartmentalize and 'deal' with it, so the craziness and immaturity of what we do in acting out, is no longer really **real**.

That's my experience and belief, so far.

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Re: Home of Gibbor120
Posted by Pidaini - 29 Jul 2013 11:17

Dov, if you were responding to my question, I meant "on your own" as opposed to "together with your wife". As you know I am very involved in GYE and OINK, for that very reason - I couldn't help myself. So just to clarify, I was asking not in regard to recovery direct, but rather in regard to the relationship with my wife (which may be helpful in recovery, I don't know). and you are more than welcomed (even asked, please?) to offer your opinion on the matter.

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Re: Home of Gibbor120
Posted by Dov - 29 Jul 2013 20:44

I just read your post again Pdainiwhatever, and really don't get the distinction. You mean, "if one started their recovery and sobriety from habitual fantasy and sex with themselves - can they do OK with fixing their relationship with their wife and better than a guy who started with help of another person?"?

I'm just not getting it...sorry dear amigo!

And when you say "relationship w/wife", are you really mainly referring to having better sex with her, or to something else...like loving each other *regardless* of sex?

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Re: Home of Gibbor120

Posted by Pidaini - 29 Jul 2013 22:49

very simple,

first of all, REAL name is Yankel (as in signature).

Second of all, a little background, there is a lot of discussion regarding telling one's wife about his problems. Gibor happened to mention a few times that his relationship (communication, understanding, appreciation, love, caring, etc. **yes, everything but sex** which i am sure has also gotten better, but not what I am aiming for right now) with his wife has grown emmensly from that point. (side note - after a few years of rocky times)

Third, question, Can we not build our relationship with our wives (which we have not been doing until now due to our self centerdness), up to the point where your's and gibor's and a few other's that their wives have out, without having to go through those turbulent years? or is it only through telling them and having them loose it or whatever and going through the turbulent times, that one will reach such a good relationship?

I would be happy to clarify more, if needed.

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Re: Home of Gibbor120

Posted by gibbor120 - 30 Jul 2013 00:02

Things were tough for the first days, and weeks, but over time the issues became less frequent and less intense. I wouldn't say "a few years of rocky times". Maybe a few months.

I'm not sure that our relationship could be where it is now without those rocky times, but I wouldn't necessarily recommend telling for that reason. That can be selfish as well. I remember someone on the forum decided to bare his soul to his wife and told her everything... she was not too pleased. That was before he came to the forum. He then came to the forum and was basically told that he made a poor choice (to put it mildly).

It reminds me of the chofetz chaim that says that in order to get mechila for telling lashon hora, you must tell the person that you spoke about them. Rav Yisroel Salanter said that you should not do it. Why should you make someone feel terrible just for your own kaparah.

Anyway, I'm not saying pro or con, Just the facts... It's not an easy decision... unless you get

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Re: Home of Gibbor120

Posted by Dov - 30 Jul 2013 01:45

Every case is different. No use asking generalities like this, I think. But Is your goal to have a relationship based on complete trust of each other? Then you cannot ever achieve that until you know that she knows everything there is to know about you and that you have no shame before her about the truth about yourself - including the really stupid, or bad, or sick things you have done.

The halocha is that sex is supposed to be done with *kiruv bosor*, and that a spouse who refuses to have it with *kiruv bosor* gives the other spouse grounds for divorce. Kiruv bosor means without clothes on at all. No chatzitza.

This is not a little idea, but a symbol of what the marital unity is, at it's best.

Can you or I have that? Maybe not.

There are men - good men - who will probably never tell their wives certain facts about

themselves. Their shrinks, rovs, etc, may insist they NEVE ever tell. So will they achieve that perfect marriage unity in this world?

Nope.

And that is something they need to accept.

There are a lot of good things in ruchniyus and in gashmiyus that you and I will never achieve in this life! Imperfection is something to accept - not lust after 'beating'. Right?

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Re: Home of Gibbor120

Posted by MendelZ - 30 Jul 2013 05:05

Hi, gibbor120. I know this is off the current topic but I was looking at some of your earlier posts and saw this:

[gibbor120 wrote:](#)

I had a thought. The nachash said to chava "eat from the tree". She said "I can't becuase I will die". The nachash replied "no you won't". Well, we need to give the nachash a taste of his own medicine. When he says "do x, y, z". We say "NO". Then he says, "but you have to or you'll just die!". We need to calmly say to him "no I won't".

Just wanted to give it a **big "like"** and add that in Slonim they talk alot about the idea of ???????
?????? - learning battle tactics from the YH.

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