

Back on Track's trekking along

Posted by Back on Track - 07 Aug 2011 19:45

hi everybody. clean 100 days here. but looking for chizuk in continuing this journey to where we all know we want to be. A little about me. born modern- became frum later in life. Had prob with m* since I was able to. I began working toward recovery about 2 years ago. I had a lot of ups and downs, I am finally at a point where things in that area of life seem to be leveling out. only thing is everything else is so up in the air..... I actually dont know whether Im comin or goin. But Hashem has a plan for all of us, and thats what we need to follow.

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Re: Back on Track's trekking along

Posted by Gevura Shebyesod - 15 Nov 2011 15:02

You need a distraction. How about a monstuh' truck race? meet you out in back of the parking lot.....

KOMT!!!!!!!

Gevura!

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Re: Back on Track's trekking along

Posted by Back on Track - 15 Nov 2011 15:27

Curiosity killed the cat and its gonna kill me if I don't work my steps and turn it over to G-d.

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Re: Back on Track's trekking along

Posted by ZemirosShabbos - 15 Nov 2011 16:10

run over the curiosity with yo' truck and hear it go 'crunnnnchhh'

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Re: Back on Track's trekking along
Posted by heuni memass - 15 Nov 2011 21:45

Curiosity was created by god so we never stop looking to get closer to him.

Workit my friend.

As humans we will always have an interest in discovering, exploring etc.. It all part of the plan.

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Re: Back on Track's trekking along
Posted by Back on Track - 16 Nov 2011 15:02

((having a hard time. Need to make some calls...

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Re: Back on Track's trekking along
Posted by Yosef Hatzadik - 16 Nov 2011 16:42

Call, Call, Call!

Pray, Pray, Pray!

Or maybe:

Pray, Call, Pray, Call, Pray, Call!

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Re: Back on Track's trekking along

Posted by ZemirosShabbos - 16 Nov 2011 19:16

rooting for you BOT

please keep us in the loop

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Re: Back on Track's trekking along

Posted by Back on Track - 22 Nov 2011 00:03

my thread is lonely. boo hoo.....

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Re: Back on Track's trekking along

Posted by obormottel - 22 Nov 2011 00:07

If you're not home, how are we supposed to visit?

Share a bissle, tell us how it's hanging...

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Re: Back on Track's trekking along

Posted by ZemirosShabbos - 22 Nov 2011 16:37

hey BOT, what's cooking?

tagid mashehu tov

do you have your speech all ready for the kinventchin?

monogrammed matchbox trucks to give out?

cholint packets?

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Re: Back on Track's trekking along

Posted by Back on Track - 22 Nov 2011 18:27

im actually feeling a little happy and a little down. i did not restrain myself as i should have and viewdd p* last week. since then i have not. it was the first time this year that i looked (since RH). nad it was not a good move. I am BH still sober as defined by SA, though i did have a few close moments. (well,, i guess every moment is a close moment) . whats bothering me is that i feel guilty. and am wondering if to discuss this wuith my wife or not. i feel i was dishonest. i also had some rules in place for if i looked which i a implimenting. i also reached out and broke the news o some recovery buddies. I still feel weighed down by the dishonesty i committed though i am not sure if i should say anything. thats been my question lately.... toda for stopping in fellows.

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Re: Back on Track's trekking along

Posted by gibbor120 - 22 Nov 2011 18:30

BOT, KOT!

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Re: Back on Track's trekking along

Posted by Back on Track - 23 Nov 2011 01:14

Like: gibor. Thnx. I have to look at the bright side- over the last month or two (3?) I think I

honestly went from being a p* viewing sober guy- who though not m*ing regularly, still had little will or tools to use when overcome by the urge to look at p*. It bothered me that it didn't bother me that I was looking, and I felt myself totally out of control. I am now at a stage at least where looking bothers me. (Whereas before what bothered me was that it didn't really bother me and I could spend hours looking at p* and still feel 'ok' abt myself bc I was 'sober'.)

This is a step in the right direction. The problem is I still wanna look at p*. But I guess that'll take quite a while to change. That's my rant for now. Thanks for truckin by.

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Re: Back on Track's trekking along
Posted by Gevura Shebyesod - 23 Nov 2011 02:29

One step at a time, one day at at a time.

KUTGW!!!

Keep On Monstuh ~~Trekking~~ Trucking!!!!!!

Gevura!

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