

Back on Track's trekking along

Posted by Back on Track - 07 Aug 2011 19:45

hi everybody. clean 100 days here. but looking for chizuk in continuing this journey to where we all know we want to be. A little about me. born modern- became frum later in life. Had prob with m* since I was able to. I began working toward recovery about 2 years ago. I had a lot of ups and downsn, I am finally at a point where things in that area of life seem to be leveling out. only thing is everything else is so up in the air..... I actually dont know whether Im comin or goin. But Hashem has a plan for all of us, and thats what we need to follow.

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Re: Back on Track's trekking along

Posted by bardichev - 06 Sep 2011 20:52

[gibbor120 wrote on 06 Sep 2011 20:48:](#)

Bards, your posts need to come with a warning. Do not eat or drink while reading these posts... Unless of course you'd like to see how far you can project your food... or you'd like to see it

byob

bring your old bib

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Re: Back on Track's trekking along

Posted by Back on Track - 07 Sep 2011 03:27

Bh hangin on there... Sober today (since about end of april). Started new job, totally nothing to

do with internet for part of the day. Its challenging, but there is s/t to be said for working away from the comp.

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Re: Back on Track's trekking along
Posted by JackAbbey - 07 Sep 2011 09:22

i am so happy for you

good luck

bunch of hatzlocho

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Re: Back on Track's trekking along
Posted by Back on Track - 11 Sep 2011 18:00

Shabbos was good.... BH. and the calls are helping out a lot. I am now working out of my office for a significant amount of time per day and it helps me a lot . much less time in front ofthe computer..... BH!

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Re: Back on Track's trekking along
Posted by bardichev - 11 Sep 2011 18:19

hows the new job??

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Re: Back on Track's trekking along
Posted by Back on Track - 13 Sep 2011 02:50

Bh still clean here. I viewed a sach p* though last 2 days. It is beginning to come out as

anger/impatiebce on others. This is clearly wrong, and is only my frustration and lack of satisfaction with myself. :| gotta get this back in order.

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Re: Back on Track's trekking along
Posted by ZemirosShabbos - 13 Sep 2011 14:36

hi BOT,

come entertain us here on the forum and leave the p*** to the p*** industry, you'll save money

we need you here

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Re: Back on Track's trekking along
Posted by Gevura Shebyesod - 13 Sep 2011 15:26

hey BOT, I finally got my avatar up. Let's truck together!

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and hone your humor, culinary and trucking skills

Gevura!

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Re: Back on Track's trekking along
Posted by heuni memass - 13 Sep 2011 17:30

gevura - I hope you have a smooth ride.

we hate bumps.

truck around them never face them.

back on track - post away my friend.

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Re: Back on Track's trekking along

Posted by Gevura Shebyesod - 13 Sep 2011 17:53

We just bounce right over them and keep trucking! And if we get mired in the mud we hit the gas and power through!

Gevura!

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Re: Back on Track's trekking along

Posted by Back on Track - 13 Sep 2011 22:16

guys thanks for the chizuk. yeah i closed off my computer again to everything but my whitelist. I kinda have to go back and forth between that and opening it a bit. (once it is not whitelisted I am able to get around it all too easily but i wont share the details with anyone. apart from being a truck driver im also a bit of a computer geek so i know abit abt filters etc.... BH, its closed now and safe time ahead for the next few miles. If anyone has some ideas for me how to deal with needing to open the filter at times and how to remain safe i am all ears. (any practical eitzos etc...) porn sucks. its not even like i masturbate so i just like sat there and watched....

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Re: Back on Track's trekking along

Posted by Gevura Shebyesod - 14 Sep 2011 01:29

Are you able to add custom sites to your whitelist? Then you can just add what you need and keep everything else blocked.

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Re: Back on Track's trekking along
Posted by Back on Track - 14 Sep 2011 17:39

i dont have the password. but yes we can add on a site by site basis. my wife calls and does this. it is a major drag though and for reasons that it is better not to elaborate on let's just say for me if I can get to something like my bank, or gmail... i can get to shmutz. so it is rather limiting. but at the same time freeing. ?????? life's funny like that i guess.

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Re: Back on Track's trekking along
Posted by ur-a-jew - 14 Sep 2011 18:38

[Back on Track wrote on 13 Sep 2011 22:16:](#)

any practical eitzos

How about adding webchaver in addition to your filter. This way you'll have someone looking over your shoulder.

How about a neder that before you go on to a questionable website you'll put on a hat and jacket and read the following from the chofetz chaim and if you don't you'll give \$100 to GYE.

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