

UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!

Posted by fire - 10 Mar 2011 21:25

LOG 1,

Sorry for grasping your attention through unorthodox means!!! but,.... It was the best idea that i could think of.

I have decided to start a log in order to make sure I come to this site everyday. Even if I only post 3 words a day it would have been worth it.

A little about me and how I came to the decision that I need GYE.

"See I have a rule whenever I was shidduch dating a girl I couldn't allow myself to fall. I thought that when I eventually got married that it would cure my problem. So instituted this rule in order prove to myself that my logic was sound. That the fact that I had someone in my life who was interested in me and who was under the impression while dating me that I was a "good normal guy" made me instill this rule upon myself.

i was dating this one girl for five weeks and things were getting serious. In my mind she was perfect for me, great middos, kind, caring, spiritual, and beautiful. I had to leave her for two weeks and head back to New York to finish my semester off. She told me she didn't won't me to go, i told her "i had to". One night while studying late into the am's my yetzer hara flared up. I beat it a couple of times because I told myself that if I messed up, I would loose her. I was giving myself a choice (as crazy and illogical as the choice may seem) Her, the girl who i wanted to spend the rest of my life with, or ,lust. I messed up that night. The next day she called me and told me that she couldn't come to New York for the following shabbos. That following motzi shabbos she told me she wanted a 2 week break in order to decided if I was the right one for her. After the 2 week break, 4 weeks since I last saw her she called me and decided that I wasn't the right one for her. Crushed is an understatement to how i felt. I know that everything that g-d does is for a reason, sometimes we think we understand why and other times we just have faith. I hope from this experience that i went through and the effect it had on me that I will learn through the help of this website to beat my addiction once and for all it won't be easy, but alternative of giving up or not putting forth proper effort aka "GYE", will lead me to a path of pain and sorrow."

That was around a month and a half ago.

Right now I am a recent college graduate that is jobless. I feel like i am really far away from finding my future wife. I'm living at home bec I don't want to search for a job in New york where my Yeshiva is located.bec of all this, I have way to much free time on my hands .

On a brighter note I have 10 day streak going, and even though I am feeling very down, I am determined with Hashems help to hit the 90 day marker, if not more.

I welcome encouragement, ideas, advice or just talking it out.

=====

=====

Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by fire - 28 Mar 2011 04:35

good news i got 5 shidducah bios today. the bed news is i got 5 shuiddiuch bios today, so yah.
still clean, but it ain't always easy being clean.

=====

=====

Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by geshertzarmeod - 28 Mar 2011 08:10

it also isnt easy being green, just ask kermit the frog.

sorry, its the first thing that came to mind when i read your post.

=====

=====

Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by fire - 03 Apr 2011 02:02

messed up 4 days ago... been okay ever since.. need to work on guarding my eyes, esp when i

am in public.

Gesher Tzar Meod it is okay. thanks for the comment.

=====

=====

Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by geshertzarmeod - 05 Apr 2011 07:06

just to let you know, since i started this process shmiras einayim in public has become much harder. Its almost as if the YH realized that I was making gains in one area, so he focused on something else. Keep fighting the fight! It means you're still alive!

=====

=====

Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by fire - 07 Apr 2011 01:22

8 days clean and thank g-d my yetzer hara has been easy on me. I think i have finally found employment the bad news is that i will have to live in a place where there is no jewish community for a couple of days each week. So for better or for worse my life is moving somewhere. I am back at home for the next couple of weeks, I need to counteract not being in a yeshiva and having a cherva. I think the simple answer is that I will have spend more time on GYE.

Although GYE helps me it also makes me more aware of mast in general, which could lead me to messing up. When I dont think of mast I tend to not. But when its on my mind 24/7 not to mess up i will be more prone messing up. ?? ?

=====

=====

Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by fire - 10 Apr 2011 06:00

I messed up last week. Its funny how the yetzer hara makes u forget (and by that i mean puts it

in the back of ur mind) all the reasons why you shouldn't slip and fall and hurt ur self.

But right now at this exact moment my yetzer hara was enticing me to slip and fall, but I was so angry from all the falling I have done in the last month that a fury took over me and my inner voice said back to the Y'H "go F**k ur self u dirty piece of garbage. I know where that gets me and I don't want to go there" I value my life, and with g-ds help I will one day be more clean in this area, but the fight starts today, It doesnt matter about how much i messed up a couple of days ago for at this exact moment hashem is giving me the will and determination to stand up and say "no" . Truthfully I thought why not blog about it so next time when Im weaker and not strong enough to stand up all i will have to do is read this and realize that mast and P*** make me tristful and are not worth it.

=====

Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by geshertzarmeod - 11 Apr 2011 06:08

we're rootin' for ya!

keep on fighting!

=====

Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by fire - 24 Apr 2011 20:09

clean for 12 days, and now employed, just have to find a wife and I should be good. Have a good yom tov ppl.

=====

Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by geshertzarmeod - 27 Apr 2011 23:38

[fire wrote on 24 Apr 2011 20:09:](#)

just have to find a wife and I should be good.

from personal experience

finding a wife doesnt make evrything good

if you have a problem

take care of it now b4 u get married

marriage does not take care of this problem

in some ways it just makes it worse

dealing with the problem and what triggers it

will be more effective

=====

Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by fire - 29 Apr 2011 04:51

My main trigger is boredom. A wife would help that. but u are right though in theory.

In other news hashem completely saved me 2 nights ago my YH got the best of mw and i started to slip and before i knew my phone rang and the call completely took me away from messing up. I just wanted to say thank you to the one above> \

Lust is to powerful for me. And its nice when hashem takes it away or saves me, bec i am powerless to it.

17 days clean!!!

=====

=====

Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by geshertzarmeod - 29 Apr 2011 05:40

its good that you can pinpoint your trigger. Try to find ways to use your energy productively b4 you get to a situation of boredom. and even once youre there you should have a plan of action of things that you can do to get you away. The phone calls from shamayim are great, but they dont always come and we need to be prepared to fight it without the phone calls.

Keep up the fight!

=====

=====

Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by fire - 22 May 2011 05:14

Gesher ..when ur right. ur right.. i just have to stay positive and keep on improving.

=====

=====

Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by fire - 30 May 2011 01:10

why so difficult!!!!!!

=====

=====

Re: UnicOrns!! FIAsHy cArs!! LEmOn pie!! NoW thAt I hAvE ur attention it's log time!
Posted by lamAdam - 30 May 2011 02:34

Difficult for us...easy for Hashem! Surrender to win!

And keep posting -- I always look forward to your thread.

=====

=====