

CHANGE... Before And After

Posted by rebakiva - 06 Nov 2024 15:53

Hi I'm opening this new thread for everyone to write in 1 thing per post, that has changed in their life from before joining the GYE community, to afterwards.

The change can be anything that has changed **due to being a part of the GYE community** in your personal life, in your marriage, for the people around you like family and friends, or even just a way of viewing certain things like your way of life etc.

If you want you can add an explanation for it, or why that thing has changed, or how it changed your life going forward.

Let's try to keep it at **1 thing per post, and not too long**, just so it'll be easier to read in the future.

Thanks.

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Re: CHANGE... Before And After

Posted by rebakiva - 15 Jul 2025 06:22

29. I used to think that just "brushing off the bad feelings and moving on after a fall" may be somewhat helpful to get back up, I now know that it's not nearly as helpful as when you share it with your mentor / GYE friend etc., face the guilty feelings, and hold yourself accountable for it.

{When you share it, you're being brutally honest with yourself and you care enough to get right back up, VS when you just try to shove it under the rug, you can first "chapeau" a few more falls till you actually get back up... no-one knows anyways...}

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Re: CHANGE... Before And After

Posted by rebakiva - 15 Jul 2025 06:30

30. I used to think I have a desire for women in general and certain body parts and s*x in particular, I now know I have an immense desire to the only godliness a human being can achieve through {not just accomplishing, but rather} "creating" future generations and love and happiness in his one and only soul mate.

Thanks Rabbi YY Jacobson for the deeper understanding of the true nature of the desire for s*x and what a human being is, - a "chelek elokei mimaal" - craving for his shleimus which can only come through "elokus" by creating something from nothing, not just accomplishing...

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Re: CHANGE... Before And After

Posted by yosefthet zadik - 15 Jul 2025 07:27

So you've watched the YY Jacobson talk with Dr Zimmerman?

Great episode, would recommend everyone of this forum to watch in full!

Dr. Shlomie Zimmerman with Rabbi YY Jacobson: From Boys to Men: Their Hormones Are Raging and We Are Ignoring Them?

TorahAnytime Link MyTAT.me/v376005

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Re: CHANGE... Before And After

Posted by puremind - 20 Aug 2025 20:14

So after a short while of joining GYE, my mindset changed drastically!

I used to think that as a bachur its not that bad to masturbate, since i have no outlet, and the

when an urge would arise I would feed it.

Now I know to let the urge pass, and not give in.

Its obvs easier said then done, but its is pretty simple.

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Re: CHANGE... Before And After

Posted by bennun - 21 Aug 2025 09:21

I used to think I have to fight this alone now I realize We can fight as a team

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Re: CHANGE... Before And After

Posted by hashemisonmyside - 21 Aug 2025 20:39

nothing in this world is meant to be easy, but ??? ????? ??????? ????? and the longer you try hard it will get easier. it will eventually turn from struggles to opportunities

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Re: CHANGE... Before And After

Posted by keepmekadosh - 22 Aug 2025 02:43

[hashemisonmyside wrote on 21 Aug 2025 20:39:](#)

nothing in this world is meant to be easy, but ??? ????? ??????? ????? and the longer you try hard it will get easier. it will eventually turn from struggles to opportunities

One correction possibly. In my opinion struggles ARE opportunities

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Re: CHANGE... Before And After

Posted by hashemisonmyside - 22 Aug 2025 03:53

100%, but that comes with time you have to realise that....

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