

let add some color to our lives

Posted by Ybird - 03 May 2022 14:29

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Hi everyone

I was thinking a long time of opening such a thread, if lust and shumtz is color black, and being holy and clean is color white, so why think all day long from black and white when we can put some color to it too,

Its not a secret that woman have sites disscussing recipes, kids clothing, health etc. so maybe we can start this on a more musculer way,

like how's your fianancel stability (living in dept is a trigger), disscussing places to go vacation without seeing too much poor goiyem who dont have money to buy propper clothing, maybe some chinuch of the kids, health issues, for the bucherem how to deal with an angry Mashgiach/Rosh Yeshiva, for Yingerlat when is the right time to leave kollel, the list is long i will let you decide the right topics

what to you guys think of shifting our minds not to think to much of the pink elephant in the room and starting to disscuss more general topics?

**please let this get some heat!!!**

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Re: let add some color to our lives

Posted by DavidT - 03 May 2022 16:27

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You're raising a very valid point.

The Baal Hatanya writes that if the unwanted sight keeps vividly re-appearing and replaying itself in your mind, the way to dismiss those unwanted thoughts is to completely ignore them and turn your mind to a totally different subject. Strike up a conversation with someone, sing yourself a song, or just distract yourself in some other way. Concentrate on something else completely - anything!

**That's far healthier and more practical than trying to push those images out of your mind.**

If there is a person standing in a cyclist's path, the cyclist would not confront him with logical arguments. He will but swiftly swerve! Never try to deal with undesirable thoughts directly.

Just as touching mud gets your hands all dirty, so too struggling with evil brings you in close contact with it. Just focus your thoughts on something else. Engross yourself in your chosen topic; with Hashem's help, you will succeed.

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Re: let add some color to our lives  
Posted by Ybird - 03 May 2022 16:38

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david i aggree with you 1000%

If this site is the only site i can go on without wasting time on ivelt or other "kosher" sites vd",  
lets make here in gye something more cheerfull besides our fighting battle

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Re: let add some color to our lives  
Posted by DavidT - 03 May 2022 16:50

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Here are some options:

[guardyoureyes.com/forum/23-Just-Having-Fun](http://guardyoureyes.com/forum/23-Just-Having-Fun)

[guardyoureyes.com/forum/15-The-Torah-amp-Chizuk-Approach](http://guardyoureyes.com/forum/15-The-Torah-amp-Chizuk-Approach)

[guardyoureyes.com/forum/13-BEIS-HAMEDRASH](http://guardyoureyes.com/forum/13-BEIS-HAMEDRASH)

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Re: let add some color to our lives  
Posted by Ybird - 03 May 2022 16:55

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[DavidT wrote on 03 May 2022 16:50:](#)

Here are some options:

[guardyoureyes.com/forum/23-Just-Having-Fun](http://guardyoureyes.com/forum/23-Just-Having-Fun)

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I know this awesome topics, i only want to live this up a bit

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Re: let add some color to our lives

Posted by Sapy - 03 May 2022 17:01

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Sounds cool, just I would say no politics, or other hot button issues. Let's keep the light atmosphere.

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Re: let add some color to our lives

Posted by Gevura Shebyesod - 05 May 2022 00:01

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"Gevura Shebyesod" post=203137 date=1362605771 catid=23

YELLOW, I was BLUE

Then I RED some funny posts

Now I am GREENing

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Re: let add some color to our lives

Posted by Gevura Shebyesod - 05 May 2022 00:03

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"Gevura Shebyesod" post=203137 date=1362605771 catid=23

YELLOW, I was BLUE

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