

Men's Shopping Trauma Support Group

Posted by abd297 - 28 Jun 2015 21:33

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**CALLING ALL MEN!!!**

Do you ever experience adverse symptoms while shopping? Maybe a headache, fatigue, sore legs or feet?

Do the endless hours of shopping just make you want to curl up in a fetal position and sob?

If you answered yes to any of these questions you may be suffering from moderate to severe Men's Shopping Trauma, or MST. It is found in almost all men across all cultures, backgrounds, and ages.

Finally a support group has been created for those suffering to share their stories, tips, and have a good laugh.

Please post so no man is left in the dark about this important issue.

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Re: Men's Shopping Trauma Support Group

Posted by abd297 - 19 Jul 2015 22:04

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Just got back from yet another traumatic shopping trip. It started out as me going to Wal-Mart with my mother to get sunglasses for camp. My sister, her friend, and my cousin all came along. They are all in their mid teens. Over 2 hours later I was still stuck tramping all over the store. All I wanted to do was get what I needed and get back to the baseball game I was watching. Lesson learned, never go shopping with teenage girls.

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Re: Men's Shopping Trauma Support Group  
Posted by abd297 - 19 Jul 2015 22:07

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It's interesting how my experience with women and shopping is they go in for a few things and somehow end up with a huge cartful of stuff that you usually have to schlep for them.

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Re: Men's Shopping Trauma Support Group  
Posted by mr.clean - 19 Jul 2015 23:28

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Lol great post but in all seriousness i know some suffering from PTMST (post traumatic mens shopping trauma) if we even so much drove by a Walmart he would begin to shriek, and strip malls, forget it Sends him straight into shock... sad sad...

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Re: Men's Shopping Trauma Support Group  
Posted by Lizhensk - 20 Jul 2015 10:46

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Step One: We admitted we were powerless over our fear of shopping, that our lives had become unmanageable.....

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Re: Men's Shopping Trauma Support Group  
Posted by shmulyz18 - 19 Mar 2016 21:38

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hello all I know it's Shabbos, but I am being lustful, and I saw this. I hear you Mr. Clean. I hate  
I want to yell to at the top of my lungs, when I have to try on everything.

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