

Things that make you go "hmmmmm....."

Posted by ZemirosShabbos - 12 Jul 2011 17:31

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open to all, a place to put interesting pictures, quotes, links or anything that makes you pause and think

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Re: Things that make you go

Posted by shlomo613 - 04 Aug 2015 20:21

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Licorice..

I was scratching my head how 110 times the diameter makes it that 1.3 million earths would fit inside.

That does however explain how someone who is double my girth can eat 200 times as much..

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Re: Things that make you go "hmmmmm....."

Posted by Gevura Shebyesod - 24 Sep 2020 02:07

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[ZemirosShabbos wrote on 01 Nov 2011 18:31:](#)

## **FDA: Beware Black Licorice Overdose**

Tuesday November 1, 2011 5:20 AM

The U.S. Food and Drug Administration has a warning for candy-loving grown-ups: Too much black licorice can cause heart problems.

The old-fashioned favorite contains glycyrrhizin, a chemical that can trigger a dangerous drop in potassium levels. When potassium runs low, heart rhythms fluctuate and blood pressure can

rise causing swelling, lethargy, even congestive heart failure.

Licorice has long been used as a natural remedy for heartburn, stomach ulcers, sore throat and some infections. Although its healing powers remain unclear, several studies have linked black licorice to heart disease and high blood pressure in people over 40 - even if they had no history of these conditions.

So how much is too much? According to the FDA, eating 2 ounces of black licorice a day for two weeks could land someone in the hospital with a heart arrhythmia.

People with high blood pressure, heart disease or kidney disease are even more susceptible to black licorice's effects, according to the National Institutes of Health. As few as 5 grams (.18 ounces) per day could cause health problems.

The good news is cutting back on black licorice can quickly restore potassium levels.

Avoid eating large amounts of black licorice at a time, and alert your doctor if you notice an irregular heart rhythm or muscle weakness, the FDA said. Black licorice can also interact with some medications and dietary supplements, so talk to your doctor if you eat the sweet regularly.

{ABC News/Matzav.com Newscenter}

[vosizneias.com/2020/09/23/too-much-candy-man-dies-from-eating-bags-of-black-licorice/](https://vosizneias.com/2020/09/23/too-much-candy-man-dies-from-eating-bags-of-black-licorice/)

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Re: Things that make you go "hmmmmm....."

Posted by sleepy - 24 Sep 2020 05:06

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[Gevura Shebyesod wrote on 24 Sep 2020 02:07:](#)

[ZemirosShabbos wrote on 01 Nov 2011 18:31:](#)

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wow, thanks for taking away my last kosher tayva, whats next ?seltzer is also unhealthy?

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Re: Things that make you go "hmmmmm....."

Posted by sleepy - 24 Sep 2020 05:08

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jk, black licorice really doesnt matter to me,neither does black jelly beans , i dont think they make them anymore anyway . maybe you could get some in the black market. jelly belly might still make them, but that doest count they make all types of crazy flavors and colors...

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