

Psychologist woman

Posted by kadosh - 08 Feb 2010 22:01

Hi Rav GYE,

Hi people,

My question is more halachic. I have the possibility to start a psychological treatment (not necessarily related with lust addiction) very cheap, but the condition is that the psychologist will be a woman. Am I, as a single bachur, allowed to start this treatment.

Hope to hear from you.

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Re: Psychologist woman

Posted by Kedusha - 08 Feb 2010 22:04

[kadosh wrote on 08 Feb 2010 22:01:](#)

Hi Rav GYE,

Hi people,

My question is more halachic. I have the possibility to start a psychological treatment (not necessarily related with lust addiction) very cheap, but the condition is that the psychologist will be a woman. Am I, as a single bachur, allowed to start this treatment.

Hope to hear from you.

Hello, Kadosh. Are we related by any chance?

Posted by imtrying25 - 08 Feb 2010 22:07

.....and every so often GYE sees the blends of rage.....starts off telling you to ask a
possek and ends off answering your question. :D :D :D :D :D :D :D :D :D :D :D :D :D :D :D :D
:D :D :D :D

Posted by kanesher - 08 Feb 2010 23:05

Practical concerns

-Will she feed your lust?

-Will you have to speak with her about intimate matters? see lust 101

-Therapy can get intense, personal and build a kesher - see last 101?

-Yichud! (could possibly be solved)

Halachically, besides for lust & yichud (!) I mean, you can see a female doctor - heck, people here have been helped by female addiction therapists; but the shaalos above are the big

problem

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Re: Psychologist woman

Posted by kanesher - 08 Feb 2010 23:38

Also beware of "cheap" therapist...now, one who gives you a break is fine, but the guy who takes 50% less then his peers...you have to wonder why

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Re: Psychologist woman

Posted by shemirateinayim - 08 Feb 2010 23:52

BTW your SA will play a major role in the 'other things', it is always a powerfull factor in these areas. And I don't see how you can feel comfortable staring a woman in the face and talking about what type of p___ you look at, and what you 'busy yourself with' at that time. All those questions will be asked, and it just doesn't sound like a good idea, even in you get a pask that there is no issur in it.

I'll send you the contact info of a frum male, phycologist, he teaches in a seminary, and I forget if he ever got smicha, so i guess he knows his torah also. He may not deal with addictions in particular, but if that isn't your primary issue, he's great. He is also VERY accomodating with price, among his other chesed shebo. You can call him in-between sessions, for free, and call him whenever you can reach him.

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Re: Psychologist woman

Posted by the.guard - 09 Feb 2010 15:59

Do you mean meeting a Psychologist woman in person, or on the phone (like Zeva's conference, which is starting next week)?

In person, I think Kanasher's "practical concerns" should be taken into account.

FYI: To ask an anonymous halachic question on-line, see [this page](#).

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Re: Psychologist woman

Posted by trying123 - 25 Feb 2010 11:46

I had this Shayla recently...

If there is no specific reason to use this woman, then just from one buddy to another don't do it. Therapy can be intimate and the possibility of attraction is real. I tell you, it is no fun to get into this kind of complicated mess...

If there is a good reason to use specifically this therapist then a Shaila must be asked (Although it has to be presented with the full full background info...)

If you do end up using her, from brother to brother, keep it very professional...

P.s. under certain circumstances a Rov may permit it (As in my case...)

Love and Peace my holy holy bro...

G-d smiles on us little guys down here doing all we can to be holy...

I think he loves us... I mean who else does this?

Mi Ke'amcha Yisroel.....

You are holy my friend....

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Re: Psychologist woman
Posted by shemirateinayim - 25 Feb 2010 15:41

[trying123 wrote on 25 Feb 2010 11:46:](#)

G-d smiles on us little guys down here doing all we can to be holy...

I think he loves us... I mean who else does this?

Mi Ke'amcha Yisroel.....

The heilige Barditchever is dancing in shamayim

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Re: Psychologist woman
Posted by the.guard - 25 Feb 2010 20:05

[trying123 wrote on 25 Feb 2010 11:46:](#)

I think he loves us...

I just asked, and turns out you are right.

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Re: Psychologist woman

Posted by silentbattle - 26 Feb 2010 06:35

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Re: Psychologist woman

Posted by Gettingcloser - 02 Oct 2015 02:43

Another issue is, if you are not married you might focus on your relationship with your therapist & not on the therapy, & you will loose focus of your goal, that's even if you are not experiencing any favos towards her,

beside having favos a man likes a relationship with women, & you will be dependent on her approval & will try to impress her, & try to make her love you, which is bichlal not helpful if you are seeing her because of therapy

A therapist cannot be a girlfriend or like a mother-son relationship

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Re: Psychologist woman

Posted by cordnoy - 02 Oct 2015 15:00

I see one.

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Re: Psychologist woman

Posted by markz - 02 Oct 2015 17:01

Me too

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Re: Psychologist woman

Posted by cordnoy - 02 Oct 2015 17:43

[markz wrote:](#)

Me too

Durin' fantasy mode, she is not excluded.

Durin' sobriety mode, she is not a detriment.

Do I look at her too much durin' session? I'd be lyin' if I'd say no.

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