

Daily Dose of The Battle of the Generation

Posted by EccentricComposer - 30 May 2023 00:32

RULES:

1) We are starting from the beginning.

2) We will read around 3 pages a day, I will try to put the page numbers on my post for the day, everyone should try to stay around the same place.

3) This program is open for anyone to join, whenever they like, the more the merrier!

4) This thread is open for anyone and everyone to participate, even if they haven't read the days section, its a way to keep everyone motivated to read the section, and remember it.

5) All haaros are welcome, try to keep it pertaining to the relevant section though so we don't get too distracted.

6) Everyone participating should try to post as often as they can to keep everyone else motivated.

Hatzlacha Rabba!

Click [here](#) for a link to the ebook!?

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Re: Daily Dose of The Battle of the Generation

Posted by Captain - 02 Aug 2023 14:08

Pages 207-209

End of Motivation section.

We can create an excitement to win that is even stronger than our desire to give in!

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Re: Daily Dose of The Battle of the Generation

Posted by Captain - 03 Aug 2023 02:29

Here's the schedule for the next few days:

Thursday: Chapter 27: Pages 213-215

Friday: Pages 216-217

Shabbos: Chapter 28: Pages 219-221

Sunday: Pages 222-224

Monday: Pages 225-227

Tuesday: Chapter 29: Pages 229-232

Wednesday: Chapter 30: Pages 233-235

Thursday: Chapter 31: Pages 237-240

Friday: Chapter 32: Pages 241-243

Shabbos: Pages 244-246

Sunday: Pages 247-248

Monday: Chapter 33: Pages 249-251

Tuesday: Pages 252-254

Wednesday: Pages 255-257

Thursday: Pages 258-260

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Re: Daily Dose of The Battle of the Generation
Posted by Captain - 03 Aug 2023 14:32

Chapter 27: Pages 213-215

“By making these actions blatantly forbidden, Hashem grants us strength to say no. It’s so much harder to be firm when we’re not sure whether what we want to do is really forbidden.”

If we are excited enough about what we accomplish by winning challenges, we will be happy that Hashem made these sins forbidden so we will have the strength to say no.

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Re: Daily Dose of The Battle of the Generation
Posted by Captain - 04 Aug 2023 12:43

Pages 216-217

“Once we love the mitzvos, we will be eager to use willpower to control our desires. We know that overcoming the most difficult challenges yields the greatest accomplishments. But the catch is that it’s so hard to win those battles — we need our strongest weapons to pull through.”

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Re: Daily Dose of The Battle of the Generation
Posted by Captain - 04 Aug 2023 20:20

Shabbos:

Chapter 28: Pages 219-221

Many reasons why we need both excitement to win and willpower.

Within that, the “losing battle” is discussed:

“When a person is challenged, his desires activate and he wants to give in. Fighting this with force is strenuous because the person is fighting against himself. The person quickly weakens and is drained of energy. A person in such a state is fighting a “losing battle,” trying to hang on until he can’t while his desires keep getting stronger. If the battle prolongs, he might eventually run out of willpower and crack. Thus, relying solely on willpower, especially for battles that last long, is dangerous, though of course willpower is vital.”

Good Shabbos everyone!

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Re: Daily Dose of The Battle of the Generation
Posted by Captain - 06 Aug 2023 12:22

Pages 222-224

The test of a man called The Pious One by the Gemara, and his incredible perspective on this struggle.

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Re: Daily Dose of The Battle of the Generation
Posted by Captain - 07 Aug 2023 12:34

Pages 225-227

Ending the test.

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Re: Daily Dose of The Battle of the Generation
Posted by Captain - 10 Aug 2023 01:14

Sorry phone was broken.

Tuesday:

Chapter 29: Pages 229-232

The incredible weapon of Building Determination.

Wednesday:

Chapter 30: Pages 233-235

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Re: Daily Dose of The Battle of the Generation
Posted by Captain - 10 Aug 2023 14:02

Chapter 31: Pages 237-240

“Knowing what may not be done allows us to see past rationalizations and stand up to forbidden temptations with confidence.”

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Re: Daily Dose of The Battle of the Generation
Posted by Captain - 11 Aug 2023 12:09

Chapter 32: Pages 241-243

“I don't do that.”

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Re: Daily Dose of The Battle of the Generation
Posted by Captain - 11 Aug 2023 18:58

Shabbos: Pages 244-246

“Just as we would never do an ‘actual sin’ because it is forbidden, we don't do these sins either

because they too are forbidden.”

Good Shabbos everyone!

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Re: Daily Dose of The Battle of the Generation

Posted by Captain - 13 Aug 2023 13:44

Pages 247-248

“Sinning is never worth it. The pleasure is short, and the consequences are heavy. But winning is always worth it. Each bit of exertion brings us unfathomable enjoyment that never ends.”

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Re: Daily Dose of The Battle of the Generation

Posted by Captain - 14 Aug 2023 12:27

Chapter 33: Pages 249-251

“If we earn our reward, we will feel great over what we have accomplished. We will feel significant, and the pleasure will be part of us because we caused it. This is the sweetest feeling we can experience. Nothing can compare to it.”

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Re: Daily Dose of The Battle of the Generation

Posted by Captain - 15 Aug 2023 12:50

Pages 252-254

“For us to feel that we earned the reward and to be proud forever, we must do actions in this world that we will consider impressive. If success were easy, it would be cheap. If we only wanted to learn and were never challenged, we wouldn’t feel that we accomplished anything. Thus, we must toil to overcome difficult challenges. That is the point of life.”

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