

Short insights with long lasting results

Posted by gyehelp2017 - 17 Jun 2019 19:15

A new thread I would like to start,

With all of you dear friends taking a part,

"Short insights with long lasting results" it will be,

So that chizuk, inspiration and strength you can see,

So if you have any short insight to share,

Please have us all in mind and post it right here,

May Hashem give us Hatzlucha on our way,

With spreading Kidusha each and every day!!!!

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Re: Short insights with long lasting results

Posted by gyehelp2017 - 10 Dec 2019 01:54

#93

Don't forget to thank Hashem even for those tough moments, because everything is from Him, and He is the only one that truly knows whats best for us!

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Re: Short insights with long lasting results

Posted by gyehelp2017 - 13 Dec 2019 05:18

#94

Today is not just another day, today is not like yesterday and not like tomorrow, because if it would be then why bother. Hashem gave us another day so that we can accomplish something special. So if all you did today was just not to give in to those urges, that alone is an accomplished day!

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Re: Short insights with long lasting results
Posted by sleepy - 15 Dec 2019 05:55

[gyehelp2017 wrote on 08 Dec 2019 02:59:](#)

#91

You can't solve problems by using the same thinking you used when you created them. Lets try to connect to Hashem in new ways, so we don't have to go back to our old ways.

sorry, need further explanation, dont get it.

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Re: Short insights with long lasting results
Posted by gyehelp2017 - 17 Dec 2019 16:46

#95

Hashem never abandons us. Sometimes we don't see His presence and we think we are alone, but the truth is Hashem never leaves us, He is always looking out for our success!

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Re: Short insights with long lasting results
Posted by sleepy - 18 Dec 2019 16:02

[sleepy wrote on 15 Dec 2019 05:55:](#)

[gyehelp2017 wrote on 08 Dec 2019 02:59:](#)

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Re: Short insights with long lasting results
Posted by DavidT - 18 Dec 2019 16:36

[sleepy wrote on 18 Dec 2019 16:02:](#)

still dont get it

[sleepy wrote on 15 Dec 2019 05:55:](#)

[gyehelp2017 wrote on 08 Dec 2019 02:59:](#)

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Break the Cycle. Sometimes we get into patterns that aren't working. Even if you feel that you are 'right,' break out of the cycle. Stop doing the same action over and over again. Have the courage to say: *Let's start over.*

“Insanity is not doing the same thing over and over again and expecting different results; insanity is doing the same thing over and over again knowing full well what the results will be.”

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Re: Short insights with long lasting results
Posted by sleepy - 18 Dec 2019 16:43

[DavidT wrote on 18 Dec 2019 16:36:](#)

[sleepy wrote on 18 Dec 2019 16:02:](#)

[sleepy wrote on 15 Dec 2019 05:55:](#)

[gyehelp2017 wrote on 08 Dec 2019 02:59:](#)

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Re: Short insights with long lasting results
Posted by DavidT - 18 Dec 2019 17:01

[sleepy wrote on 18 Dec 2019 16:43:](#)

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[sleepy wrote on 18 Dec 2019 16:02:](#)

[sleepy wrote on 15 Dec 2019 05:55:](#)

[gyehelp2017 wrote on 08 Dec 2019 02:59:](#)

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Re: Short insights with long lasting results
Posted by sleepy - 18 Dec 2019 17:59

if thats what gyehelp2017 meant ,then nice , i just thought he was saying something else .thank you.

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Re: Short insights with long lasting results
Posted by gyehelp2017 - 19 Dec 2019 16:18

#96

There is always that moment or that urge that we cry out 'This is to hard for me to overcome, I just cant!'. Let us remember, that Hashem gave us this test so that we should overcome it and grow, so then obviously He gave us the tools we need to keep strong!

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Re: Short insights with long lasting results
Posted by stillgoing - 20 Dec 2019 12:31

[gyehelp2017 wrote on 19 Dec 2019 16:18:](#)

#96

There is always that moment or that urge that we cry out 'This is to hard for me to overcome, I just cant!'. Let us remember, that Hashem gave us this test so that we should overcome it and grow, so then obviously He gave us the tools we need to keep strong!

Or perhaps, He gave us this test that is indeed too strong for us, to see if we will turn to Him for help.

For me, the idea that "since I got this test - I must be able to overcome it" has only added layer upon layer of guilt, since no matter how hard I tried, I still fell. The guilt grew so strong that I'm actually convinced that I'm a failure and a faulty person.

Today i see, that sometimes Hashem gives me a nisoyon that I indeed can not win, but He is waiting for me to really turn to Him, so that He will pull me out.

Great thread

Ty

Kutgw

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Re: Short insights with long lasting results

Posted by Tzvi5 - 20 Dec 2019 13:22

Why would hashem give us a nisayon just so we would ask for his help? Lichorah he can't give an order if it's not possible to carry it out by ourselves.

the pshat is that hashem wants us to uncover our innermost selves to withstand the "test"

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Re: Short insights with long lasting results

Posted by DavidT - 20 Dec 2019 14:38

G?d's tests are intended to uncover within an individual hidden powers which would otherwise be untapped.

When faced with difficulty and challenges we must keep in mind that this is actually a display of trust on G?d's part. We must live up to G?d's high expectations, and then the test will have outlived its purpose and will vanish.

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Re: Short insights with long lasting results

Posted by stillgoing - 20 Dec 2019 16:09

[Tzvi5 wrote on 20 Dec 2019 13:22:](#)

.....Lichorah he can't give an order if it's not possible to carry it out by ourselves....

Where does it say that?

i believe He can do whatever He wants.

Certainly everything that He does is for a good reason, but I don't always know what that reason is, and I certainly don't know what He can or "can't" do.

For example, if someone is very sick in a hospital, it'll be very very hard for him to davin with a minyan. Should he say that since Hashem gave me this test - He must know that I can do it, or perhaps he should say that this test of daving with a minyan is too much for me right now, and instead focus on the One who sent him the "test" and try to figure out what He really wants from him.

?Bichira does not always apply to every situation. Some things may be beyond us. Thats not a free license to act out and enjoy it because "it's too hard not to", but it does mean that if this situation is beyond our control, then we better get on the phone with The One Above, or some other action that can help us, and TRY, but remember that the end result is up to Hashem, not us.

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