Great Shiruim To Help in These Struggles
Posted by the.guard - 25 Feb 2009 10:56

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Right click the links and choose "Save Link/Target As"

R' Yisrael Reisman Shlit"a: A MUST for anyone struggling with these issues.

This Shiur, given recently by Rabbi Yisroel Reisman, discusses the little-known Middah of "Netzach." We believe that the GYE community will find this Shiur very inspiring and insightful, both for its general theme and for the specific discussion of the Nisyonos of the Internet. (The Shiur is being shared in its entirety with the generous permission of the copyright holder. Please note that permission is granted to download only for your personal use. This Shiur, and hundreds of other Shiurim by Rabbi Reisman, can be purchased and downloaded here, or contact **navitapes@gmail.com**.)

A **Great Video Shiur** on Shmiras Ainayim called "Eyes of Holiness" by R' Lazer Brody.

A great Shiur by Rabbi Shafier (www.theshmuz.com). If you don't have time to listen to the whole thing, you MUST listen at least to this **5 minute clip**.

Other Shiurim by Rabbi Shafier that are also great for this topic.

- **Soton Out of the Box**

- **Tricks of the Soton**

- **Stage 1 of Change: Denial**

- **Stage 2 of Change: Support Groups**

- **Stage 3 of Change: Taking Action**

Download Rabbi Miller's "eye-opening" Shmiras Einayim Shiur.

Maintaining Kedusha in an Overexposed Society - Rabbi Mayer Twersky and Dr. David Pelcovitz

Rabbi Tatz on Marriage - powerful (scroll down to Marriage part 1 and Marriage part 2)

Rabbi Zechariah wallerstein has a video shiur about shmiras einayim called "challenges of summer". **Click here** and then click on the picture on the screen to start the download.

If you heard a Shiur somewhere on-line that helped you in these struggles - PLEASE SEND US THE LINK

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Re: Great Shiurim To Help in These Struggles
Posted by Markz - 24 Dec 2018 04:45

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We have a new Maggid Shiur :-)



A unique and fun opportunity for the 8 weeks of Shovavim!

Get Together with Dov for a once-weekly 45-minute chaburah beginning Monday, December 24th (through Monday, February 11th) from 12:15 - 1pm EST.

Dial-in number (515) 739-1294

Access code 382530

Thanks EinShumYeeush for mentioning it on the chat.

See more Here

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Re: Great Shiruim To Help in These Struggles
Posted by Captain - 25 Sep 2019 02:45

Rabbi Shafier has an amazing series on Tayvah called The Fight. Download for free here: https://theshmuz.com/series/the-fight/.

Also, many people find Bitachon classes are very helpful in this struggle and in all areas of life. Sign up for an amazing 5-minute clip every day from Rabbi David Ashear here: https://livingemunah.com/. It's life-changing!

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Re: Great Shiruim To Help in These Struggles
Posted by Captain - 29 Jun 2020 18:29

Here's a great uplifting shiur from Rabbi Duvie Bensoussan that encourages us never to give up!

itorah.com/lecture/video/rabbi-duvi-bensoussan/-the-life-of-elisha-ben-avuya-if-the-door-had-ever-been-closed-on-you-you-must-hear-this-shiur/13370/1

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Re: Great Shiruim To Help in These Struggles
Posted by Captain - 08 Mar 2021 13:51

This shiur gave me tremendous chizuk! It's about how much we accomplish when we don't sin.

Eye opening.

Video: www.torahanytime.com/#/lectures?v=143446

Audio: www.torahanytime.com/#/lectures?a=143446

It's called Chametz: The Untold Greatness of Not Sinning by Rabbi Moshe Don Kestenbaum.

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Re: Great Shiruim To Help in These Struggles
Posted by erevrav - 20 Mar 2021 10:15

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full length movie “Tikkun HaBrit” by Chacham Rav Yaron Reuven

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Re: Great Shiruim To Help in These Struggles
Posted by lee1999 - 21 Mar 2021 17:03

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this movie is awesome!!!!!!!!!!

videos.sproutvideo.com/embed/a79dddb01414e5c42e/d12a606a8dbe2272

SAVED LOADS OF GUYS

really strong powerful and open!!!!!!!!

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Re: Great Shiruim To Help in These Struggles
Posted by erevrav - 04 May 2021 08:31

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4 hour long wasting seed Shiur by Chacam Rav Yaron Reuven and Chacham Rav Yehoshua Zitron

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Re: Great Shiruim To Help in These Struggles
Posted by arkm4 - 05 May 2021 12:16

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A new website has been made that has both short clips of mussar and a couple long videos about tikun habit and wasting seed! A must watch for everyone that needs chizuk: www.TikkunHaBrit.org

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Re: Great Shiruim To Help in These Struggles
Posted by Shtarkandemotional - 07 Feb 2022 23:11

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Shiur from Rabbi Stark from Rabbi Center's yeshiva in Eretz Yisroel. Its incredible. You can hear it by calling 848-777-4769, then press 1, followed by #. There is a short introduction from Coach Menachem. The actual program begins after a few minutes.

for YouTube - https://youtu.be/NooTFvpuUus

for apple podcasts
- https://podcasts.apple.com/us/podcast/lets-get-real-with-coach-menachem/id1515410160?i=1000550270120

for
Spotify-
https://open.spotify.com/episode/3xuCtA1cOHVaBP1lhnbGx6?si=XU1bFeP6SPm2JBBL7DRE8A

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Re: Great Shiruim To Help in These Struggles
Posted by AryehA - 30 Aug 2023 13:57

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Thank you just listened to Risman one about dirty laundry. Excelled chizuk

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