**GYE - Guard Your Eyes** Generated: 21 August, 2025, 13:53

FEEL THE HUGS!!! Posted by jerusalemsexaddict - 21 Sep 2009 18:08
Possibly flakiest thread in GYE's history
Listen,life is scary.
All of us have a lack of trust.
In the world.
In Hashem.
In ourselves.
That's why this thread is gonna change all that.
Hashem runs the world.
I know what you're all saying
"O man.Another bitachon shmuz!"
NO!
This is the HASHEM LOVES US corner!!
Here we will come each day and share or at least acknowledge one hug that Hashem gave us that day.
And when we all feel ready,we can move up to two.
And three.
And a million.
Could be big hugs.

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Generated: 21 August, 2025, 13:53 Small hugs. Fat hugs. Thin hugs. They're all good. The point is to just spot it and feel it!! This is a big step in our recovery chevra!! Who's in? -uri Re: FEEL THE HUGS!!! Posted by jerusalemsexaddict - 19 Oct 2009 11:42 Today I was waiting for a ride to yerushalayim and a cab pulled up and gave me a ride for free right to where i needed to go!!!! What a hug!! Re: FEEL THE HUGS!!!

Posted this on my thread, but realize it really belongs here...

Posted by 7yipol - 22 Oct 2009 19:30

I dreamt that I

Went to Heaven and an angel was showing me around. We walked

Side-by-side inside a large workroom filled with

Angels.

My angel guide stopped in front

Of the first section and said, "This is the Receiving

Section. Here, all petitions to Hashem said in prayer

Are received."

I looked around in this area, and it was terribly busy with!

So many angels sorting out petitions written on voluminous

Paper sheets and scraps from people all over the world. Then

We moved on down a long corridor until we reached the second

Section.

The angel then said to me,

"This is the Packaging and Delivery Section. Here, the

Graces and blessings the people asked for are processed and

Delivered to the living persons who asked for

Them."

I noticed again how busy it was

There. There were many angels working hard at that station,

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Since so many blessings had been requested and were being

Packaged for delivery to Earth.

Finally at ! The farthest end of

The long corridor we stopped at the door of a very small

Station. To my great surprise, only one angel was seated

There, idly doing nothing. "This is the Acknowledgment Section," my angel friend quietly admitted to me. He seemed embarrassed. "How is it that? There's no

Work going on here?" I

Asked.

"So sad," the angel

Sighed. "After people receive the blessings that they

Asked for, very few send back

Acknowledgments.

"How does one acknowledge

HaShem's blessings?" I

Asked.

"Simple," the angel

Answered. "Just say, "Thank you,

Hashem."

"What blessings should they

Acknowledge?" I asked.
"If you have food
In the refrigerator, clothes on your back, a roof overhead
And a place to sleep You are richer than 75% of this
World.
"If you have money in the
Bank, in your wallet, and spare change in a dish, you are
Among the top 8% of the world's
Wealthy.
"And if you get this on your
Own computer, you are part of the 1% in the world who has
That opportunity."
Also
"If you woke up this morning
With more health than illness You are more blessed
Than the many who will not even survive this
Day.
"If you have never

Experienced the fear in battle, the loneliness of

Imprisonment, the agony of torture, or the pangs of

Starvation ... You are ahead of 700 million people in the

World.

If you can hold your head up and

Smile, you are not the norm, you are unique to all those in

Doubt and despair."

Ok, what now? How can I

Start?

If you can read this

Message, you just received a double blessing in that someone

Was thinking of you as very special and you are more blessed

Than over two billion people in the world who cannot read at

All.

Have a good day, count your

Blessings, and if you want, pass this along to remind

Everyone else how blessed we all

Are.

Attn: Acknowledge Dept.: Thank

You Hashem!
"Thank you Hashem, for
Giving me the ability to share this message and for giving
Me so many wonderful people to share it
With."
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Re: FEEL THE HUGS!!! Posted by letakain - 23 Oct 2009 01:36
i was feeling lousy. lonely.
didn't want to text anyone and had no access to the computer.
as i was thinking how nice it would be to escape and why not
trying texted me!
Thank you Hashem for such a super sis! and for timing her text so perfectly!
HUG!
=======================================
Re: FEEL THE HUGS!!! Posted by kutan - 23 Oct 2009 14:05
Last nite, I was driving and while waiting for a red light to change, saw some poison. Except it looked appetizing.
Llooked away immediately, but felt the voices in my head saying

hey, you looked, I think you looked for a second too long anyway, why not look again, ya anyway blew it.

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But then, guess what... the place I turned away to was the license place of the car in front of me, and it was:

**ATA** 3469

Well, I happen to be a big time fan of the vort Guard posted, V'ata Yisroel mu Hashem Elokecha sho'el may'imuch.... ki im l'yirah etc.... the Torah continues with a whole shopping list of wonderful madreigois.

the Torah is emphazing that we CAN reach all these wonderful things, if we focus on one thing... v'ata, not what happened a second or a day or a year ago, and not what WILL happen. Just the present.

Well, there was the license plate, clearly telling me that I need to do the right thing NOW, and forget what happened in ancient history (ie. 2 seconds ago).

HUG!

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Re: FEEL THE HUGS!!!

Posted by Kedusha - 23 Oct 2009 14:09

kutan shel hachabura wrote on 23 Oct 2009 14:05:

Last nite, I was driving and while waiting for a red light to change, saw some poison. Except it looked appetizing.

I looked away immediately, but felt the voices in my head saying,

hey, you looked, I think you looked for a second too long anyway, why not look again, ya anyway blew it.

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But then, guess what... the place I turned away to was the license place of the car in front of me, and it was:

**ATA** 3469

Amazing what the loser y"h will stoop to! You looked away immediately! Hello, y"h! He did precisely what the Halacha requires!
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Re: FEEL THE HUGS!!! Posted by kutan - 23 Oct 2009 14:43
Kedusha,
The YH was getting me because I was savoring it.
he was convincing me I looked a bit tooo long.
Seems silly now, but at the time it was a struggle.
Till Hashem reminded me about ata.
k
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Re: FEEL THE HUGS!!! Posted by Kedusha - 23 Oct 2009 14:46

kutan shel hachabura wrote on 23 Oct 2009 14:43:

## **GYE - Guard Your Eyes**

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Generated: 21 August, 2025, 13:53 Kedusha, The YH was getting me because I was savoring it. he was convincing me I looked a bit tooo long. Seems silly now, but at the time it was a struggle. Till Hashem reminded me about ata. k Tell him it's not always possible to time it to the millisecond! Re: FEEL THE HUGS!!! Posted by letakain - 23 Oct 2009 15:28 i just had that on the train. the y"h was like "2 late, you saw them! now it's gonna be in your head anyway so you might as well enjoy it!" resisted, BH! \_\_\_\_\_\_ ==== Re: FEEL THE HUGS!!! Posted by Lechayim - 23 Oct 2009 16:30 Kuten! That was my plate :o ;D:D:! Beautiful chappp!! Look how Hashem has us in mind!

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Re: FEEL THE HUGS!!! Posted by kutan - 25 Oct 2009 22:31
I knew it must have been a good shaliach!
shkoyach, LAH
for all your great posts on the forum!
k
:D
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Re: FEEL THE HUGS!!! Posted by letakain - 01 Nov 2009 18:15
public thank you to Hashem for making my therapy fit into my schedule without my parents, my father's rosh yeshiva, my chassan's rosh kollel, the man in the tallis store, or us getting inconvenienced and without anyone finding out! HUG!
and for keeping me happy anyway regardless of my crazy schedule. HUG!
and for making my chosson call me as i was VERY deep into rid and on the verge of slipping. BIG HUG!
MIZMOR L'SODAH!
THANK YOU HASHEM!

LOVE YOU!
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Re: FEEL THE HUGS!!! Posted by the.guard - 01 Nov 2009 18:20
the man in the tallis store
Are you sure the man in the tallis store wasn't wearing an over-sized streimel and carrying a payonet?
Re: FEEL THE HUGS!!! Posted by letakain - 01 Nov 2009 18:26
funny, Guard! if he suddenly hid under the desk then i'd be like "hey! that's guard! he's trying to
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Re: FEEL THE HUGS!!! Posted by G38 - 02 Nov 2009 12:43

I went to the local store to by some stuff when as I crossed the road I heard YH hissing in my ear "look at this blond woman passsing in front of the shop" but then I realised there was bread on the road where I was going and I had to watch my steps not to step on them (YH will not make me poor, no way) and once I broke hiss spell it was easy to continue looking down.

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:-\* Thanks dad!

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