

I've Decided to Live a Life of Pleasure

Posted by Kedusha - 10 Jun 2009 14:07

Hello to all,

Just wanted to share the news that I've decided to aim for a life of pleasure. The question is, how to achieve that?

By giving into lust and inappropriate sexual desire? I know from experience that, after experiencing some brief pleasure, I am totally miserable when I do that and it takes days just to BEGIN recovering.

So, whatever it means to live a life of pleasure, it will require me to stay clean and sober, one day at a time.

The truth is, I don't think a life of pleasure is really the proper goal. A life of happiness - of Simcha shel Mitzvah is the way to go. But even if one is aiming for pleasure, it is necessary to recognize what will bring pleasure and what will bring agony.

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Re: I've Decided to Live a Life of Pleasure

Posted by bardichev - 10 Jun 2009 14:33

hello heilge tzaddik

look up first or hachaim hakadosh in parshas re-eh

if you need help with the psat let me know

also or hachaim hakadosh in parshas ki savo in the parsha of bikkurim /viddui masser the or hachaim says clearly that if one were to taste the sweetness of TORAH he would become

MISHTAG-IN = crazy over it or maybe ADDICTED???

and ALL pleasures of the world would have no value to him

THE HEILIGE BARDICHEVER RUV ZECHER TZADDIK LIVRACHA ZICHUSOI YAGEN
ALEINU would do mitzvos with such zeal when he ate lechem mishna people who ate the finest
foods in the world would CRY when the saw how much ENJOYMENT the REBBE had from
lechem mishnah that they never reached this enjoyment.

The HEILIGE BARDICHEVER once heard in his day of a certain gentile nobleman who was
totally pampered in luxury he would swim in champagne ,he would go skiing in the summer on a
mountain of sugar,Said the HEILIGE BARDICHEVER achh he never enjoyed life he never
TZINDED CHANUKAH LICHT!!!

enjoy life!!!

bardichev

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Re: I've Decided to Live a Life of Pleasure
Posted by Kedusha - 10 Jun 2009 14:37

[bardichev wrote on 10 Jun 2009 14:33:](#)

hello heilge tzaddik

Thanks for your reponse, Bardichev. I'll, B'li Neder, try to check out the Marei Mekomos when I get a chance.

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Re: I've Decided to Live a Life of Pleasure
Posted by aaron4 - 10 Jun 2009 15:11

bardichev...I'm not sure if I should say anything but are you not humble and happy today??

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Re: I've Decided to Live a Life of Pleasure
Posted by bardichev - 10 Jun 2009 15:34

aaron zeeskite

from my addiction I learned to be humble

If I ever get even adrop haughty or proud in the wrong way I think of two thing

mei-ayin baasa where did you come from.I came off giving in to my most basic desires spent too many days and nights totally lusting away and not having control of myself .That is aconstant reminder how vulnerable I am

I also think of how I finally hit rock bottom and i was under my desk crying like a little baby

these are 2 humbling sites of myself i always keep in front of myself.

NOW I am ALWAYS ALWAYS HAPPY I try to find simcha in what I do every moment of the day

and i am always bardichev

because I am enamoerd by the HEILIGGE KEDUSHAS LEVY he would have used this site to prove to HASHEM how special his KINDER are

humble and happy ;D ;D ;D

bardichev

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Re: I've Decided to Live a Life of Pleasure
Posted by the.guard - 10 Jun 2009 15:56

Kedusha, you will enjoy today's Chizuk e-mail - Number 500! ;D

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Re: I've Decided to Live a Life of Pleasure
Posted by Kedusha - 10 Jun 2009 16:08

R. Guard, you're right. What a suprise! :D

I'm amazed that you chose my message so soon after I posted it.

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