

Rabbi Yaron Reuven Speeches
Posted by Larry Bird - 06 Apr 2022 20:29

Hi, does anyone listen to Rabbi Yaron Reuven speeches, to help fight urges. I've found them to be very fear oriented, about the deepest depths of gehinnom and things of that nature. Personally fear doesn't keep me away from porn.

ive had more success interacting here, and with my accountability partner. What are your thoughts?

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Re: Rabbi Yaron Reuven Speeches
Posted by Captain - 06 Apr 2022 22:24

If that style doesn't help you, it doesn't seem that it's for you.

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Re: Rabbi Yaron Reuven Speeches
Posted by Vehkam - 07 Apr 2022 00:16

My understanding is that this type of "mussar" does not generally work in our generation. For most of us it just adds another layer of guilt and despair and is quite often counterproductive.

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Re: Rabbi Yaron Reuven Speeches
Posted by Larry Bird - 07 Apr 2022 02:41

That's exactly how I felt. Hopeless. Like in a deep hole, no way to escape.

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Re: Rabbi Yaron Reuven Speeches
Posted by Vehkam - 07 Apr 2022 04:08

Hashem created the world with all its challenges. He created us with our flaws and imperfections. On the purpose of creation according to the mesilas yesharim was for hashem to be meitiv to us. And in order for us to enjoy the reward we have to deserve it. If you are trapped and doomed to failure then there is really no purpose. Accordingly for our generation it is important to always focus on the positive. Hashem loves us with unconditional love and will help no matter what aveiros we have done. We have to commit to change but we should never doubt that hashem will accept us and help us along.

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Re: Rabbi Yaron Reuven Speeches
Posted by Whatamithinking - 07 Apr 2022 05:18

Yaarov Reuven is your old school, fundamentalistish, fire & brimstone kav. If that works for you kol hakavod. I figure for many that it won't be helpful.

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Re: Rabbi Yaron Reuven Speeches
Posted by gettingthere9 - 08 Apr 2022 01:09

[Larry Bird wrote on 06 Apr 2022 20:29:](#)

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It's funny you mention this. When I first heard his stuff I was so disturbed, I was going to email him. But I thought, hey maybe it helps others...

We all know how bad it is.

We need tools and support.

He is also very very black and white.

(Also, he says things that to me have no practical understanding. For example, if I remember correctly, he says that for the first 40 days the *kelipos* hold you down and therefor after 40 days the whole thing gets much easier... I never noticed anything different by the 40 day mark...)

Thanx for validating my feelings

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Re: Rabbi Yaron Reuven Speeches
Posted by bego - 08 Apr 2022 10:09

[gettingthere9 wrote on 08 Apr 2022 01:09:](#)

[Larry Bird wrote on 06 Apr 2022 20:29:](#)

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Never heard the guy and have no desire to from what you've said. not everyone with the title

Rabbi and access to a microphone needs to be listened to... (apologies to Reb Yisroel Salanter for borrowing his line).

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Re: Rabbi Yaron Reuven Speeches
Posted by Hashem Help Me - 08 Apr 2022 11:21

I do not know who he is, but i have heard from, and in the name of, Gedolei Yisroel from various kehillas that the message we have to give people is that this is a gezeiras ha'dor and the focus should be on encouragement and learning techniques how to stop. Anything that causes guilt and or depression should be avoided. It has even been said that many people who are first reaching out for help are b'geder onais and should be told that - not to excuse future behavior, but to avoid focusing on tikun of past actions, and rather accepting one's self and moving forward. Teshuva for past actions? For now, learn how to stop or minimize these behaviors, and iyh when one is fully at peace with themselves and their sexuality **and has been so for a few years**, one can look back and see that he has been mekayem hilchos teshuva and move on. Hashem is referred to as Avinu Av HaRachaman. Does not sound like He wants the almost entire generation of erliche yidden who do so much good in all areas to burn in gehenom....

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Re: Rabbi Yaron Reuven Speeches
Posted by TikkunHaNefesh - 10 Apr 2022 22:09

not everyone with the title Rabbi and access to a microphone needs to be listened to...

Spot on.

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Re: Rabbi Yaron Reuven Speeches
Posted by Nitzachon - 22 May 2022 17:17

bh

What i think people like him don't realize (surprisingly!) is that this is an addiction. Im not a doctor/psychologist but we all know this. you can't just stop! there's actually a video on GYE daily chizzuk where one of the rabbi's is asked about a tikkun for this and he says, "well the first thing is you have to stop, then you can fix it." so while what he is saying is true - don't look for a "tikkun" before you've found a way to actually stop doing it, hes quite wrong IMO that we can just stop! like that!

telling someone addicted that theyre going to heck, obvioulsy doesnt help and probably makes it worse because it increases anxiety.

my assumption is that these "????? ???" about the severity of this "sin" and the type of heck that's destined for you - all those statements were made in a time, and to a people of different nature which we have no recognition, it may have not been such an addiction, it may have been more of just a bad habit, that you can with some effort get over and make a purposeful 1 time decision to stop. mazal tov. hey, don't forget they didn't have access to p at their fingertips.

or equivalently, its directed to people who are just not addicted, whcih today (or at least amongst us) is the vast minority.

so for most of us, condemning and screaming and cursing etc doesn't work.

strategy, planning, positive relationships, knowledge, openness, that's what helps.

hatzlacha

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Re: Rabbi Yaron Reuven Speeches
Posted by sleepy - 22 May 2022 18:29

[Nitzachon wrote on 22 May 2022 17:17:](#)

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for people who are really addicts, i have nothing to comment on, thats out of my league . but im not convinced that someone who cant stop is necesarily an addict.it could also mean that he has something called the yetzer hara . take a yeshiva bachur who misses davening , why didnt you come to shacharis? i couldnt get out of bed, does that mean he is addicted to his bed?no it

means his yetzer hara was forcing him to stay in bed.the same boy if he has an early morning trip, watch how he flys out of bed cvasikin! ive seen it with my own eyes! whats the difference? Ratzon. for shacharis he had no ratzon, so he couldnt get out of bed, for a trip he had ratzon and he got out kihisgaber kari! so by this thing that people mistakenly say its addiction(not the real addicts ,mind you) what do they first say before they admit addiction,?im not addicted, i can stop whenever i want, i just dont wantwhen they admit addiction what are they saying ?something is wrong with me , i cant stop even if i want.HELP! whats the falacy in that? of course you cant stop.why because even if you say you want,you dont really want. whats the trick develop amore geshmacker want like kosher kavod or misikas haTorah , then youll see that by not seperating from p&m you cant get that want then youll really want and get out bezras Hashem

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Re: Rabbi Yaron Reuven Speeches
Posted by Shlomoo - 22 May 2022 18:44

Musser and Divray kvushin (Sharp Rhetoric) only has a place for the Emotionally and Psychologically healthy to bring them to higher levels of yiras Shumayim if a person is Struggling with Base sadness and depression Musser does not serve any function

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Re: Rabbi Yaron Reuven Speeches
Posted by sleepy - 22 May 2022 19:17

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im not sure if itll work for me but if the gdolei hador ok his speeches ,i **wouldnt** shut him up,im sure some people benefit from him,on the other hand if someone speaks beautiful words of chizuk and the gedolim DONT hold of him, i **would** shut him up

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Re: Rabbi Yaron Reuven Speeches
Posted by Nitzachon - 22 May 2022 19:22

bh

what i mean is what you described. you can't stop even if you want to. (which is 1 one of the 4 major signs of addiction, losing control, anyone here relate to losing control over their seeing p in the past)

whether its clinically an addiction or not I'm not qualified to say.

bichlal, "addicted" can lichorah be a very subtle and nuanced conversation. (theres, "on the **spectrum**," there's "**almost** on the spectrum" etc etc.)

there are people that quit being chain smokers for years just with ratzon.

point is usually you need a lot more than a simple decision to stop.

seems we all agree that some guy who has the name rabbi and has a mic and tells people to just stop or youd better stop or else doesn't help

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