

Honest Responses Welcome Here

Posted by Reachstars - 04 May 2021 18:06

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Test Yourself - 20 Questions

**Please comment below which of these, or how many of these pertain to you. Honest responses are most welcome here.**

1. Have you ever thought you needed help for your sexual thinking and behavior?
2. That you would be better off if you didn't keep "giving in"?
3. That sex or stimuli are controlling you?
4. Have you ever tried to stop or limit doing what you felt was wrong in your sexual behavior?
5. Do you resort to sex to escape, relieve anxiety, or because you can't cope?
6. Do you feel guilt, remorse, or depression afterward?
7. Has your pursuit of sex become more compulsive?
8. Does it interfere with relations with your spouse?
9. Do you have to resort to images or memories during sex?
10. Does an irresistible impulse arise when the other party makes the overtures or sex is offered?
11. Do you keep going from one relationship or lover to another?
12. Do you feel that the right relationship would help you stop lusting, masturbating, or being so promiscuous?
13. Do you have a destructive need — a desperate sexual or emotional need for someone?
14. Does pursuit of sex make you careless for yourself or the welfare of your family or others?
15. Has your effectiveness or concentration decreased as sex has become more compulsive?
16. Do you lose time from work for it?
17. Do you turn to a lower environment when pursuing sex?
18. Do you want to get away from the sex partner as soon as possible after the act?
19. Although your spouse is sexually compatible. do you still masturbate or have sex with others?
20. Have you ever been arrested for a sex-related offense?

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Re: Honest Responses Welcome Here

Posted by EvedHashem1836 - 04 May 2021 22:13

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yes to 1, 2, 4, 5, 6, 7

no for the rest

keep in mind I'm not married

I would also classify myself as someone with a "bad habit" as opposed to an "addict"

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Re: Honest Responses Welcome Here

Posted by wilnevergiveup - 05 May 2021 04:17

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I did this once before. A two years ago, the answer was yes to almost every one except for the last one and maybe one or two others. Today, with Hashem's help as well as His various *shluchim* I can honestly say that the answer s no to more than half of them.

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