HYPNOSIS MASSIVE GAMECHANGER Posted by Rebyid123 - 17 Jun 2020 22:50

In my quest for taharah, I stumbled across this website with a recording which uses hypnosis to rewire your brain from desiring porn. It has helped to me more than anything else has in my long struggle. I really want everyone who is not in a good place to try it out- I have never felt so good.

https://www.yourbrainonporn.com/tools-for-change-recovery-from-porn-addiction/%e2%99%a6solo-tools/hypnosis-script-for-becoming-porn-free/

If You do it, please share me your thoughts.

Wishing all the best!

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Re: HYPNOSIS MASSIVE GAMECHANGER Posted by Dovid824 - 19 Jun 2020 17:59

It's an interesting idea. I wonder if it's problematic that the provided audio recording uses a female voice.

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Re: HYPNOSIS MASSIVE GAMECHANGER Posted by Rebyid123 - 19 Jun 2020 18:05

U right its an interesting shayla we should ask a rav- but u can avoid the issue completely they give u a script which you can record your own voice doing it, some people say it works better that way.

## Re: HYPNOSIS MASSIVE GAMECHANGER Posted by hard to fight - 19 Jun 2020 18:35

i just started does this really help its so hard

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Re: HYPNOSIS MASSIVE GAMECHANGER Posted by Dovid824 - 19 Jun 2020 21:18

I wasn't thinking about it from a halachic perspective, but rather from a practical viewpoint, as it might be "triggering" to some people.

As an alternative to recording your own voice, you could download the .mp3 (the link is available in the page source), and use an audio application such as Audacity to lower the pitch so that it sounds like a male voice.

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Re: HYPNOSIS MASSIVE GAMECHANGER Posted by Kedushaone - 14 Apr 2021 21:43

My filter is blocking me from getting this site. Is there anyway yo can put the instructions on here?

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Re: HYPNOSIS MASSIVE GAMECHANGER Posted by Zedj - 15 Apr 2021 03:15

Not sure which filter you have but if it's netspark I know you can call up and ask them to open this website

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## Re: HYPNOSIS MASSIVE GAMECHANGER Posted by Kedushaone - 16 Apr 2021 14:59

It's Gentech Livigent filter via TAG

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