# **GYE - Guard Your Eyes** Generated: 17 August, 2025, 17:04 Fifty years Posted by Dovid824 - 06 Jun 2018 16:52 Last week I gathered up the large collection of "schmutz" that I began accumulating about fifty years ago, and bundled it into trash bags for disposal. I also deleted the schmutz on my computer. As a Baal Teshuvah, this may be the last and hardest step I've taken toward full observance of the mitzvos. My motivation was I'm facing a life crisis that I don't think I can overcome on my own. By becoming "clean", maybe Hashem will have pity on me and give me peace. Re: Fifty years Posted by Dovid824 - 07 Feb 2019 17:07 **252 days** (18 x 14) \_\_\_\_\_\_ ==== Re: Fifty years Posted by Dovid824 - 25 Feb 2019 15:18 **270 days** (18 x 15)

3/4 of a year!

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Re: Fifty years

Posted by Dovid824 - 15 Mar 2019 13:50

Thanks for posting your update. It's true inspiration.

**GYE - Guard Your Eyes** 

GYE - Guard Your Eyes Generated: 17 August, 2025, 17:04
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Re: Fifty years Posted by farblunjet - 19 May 2019 04:03
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Re: Fifty years Posted by farblunjet - 19 May 2019 04:06
Can you perhaps share any positive things you did to keep yourself going in the right direction Besides learning Torah and doing Mitzvos. Things that would excite your animal soul as a diversion.
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Re: Fifty years Posted by Dovid824 - 19 May 2019 11:34
farblunjet, I can't think of anything other than what I've already posted in this topic.
Very inspiring!
Lately I've been strongly tempted to transgress. The only thing that keeps me from doing so is the knowledge that it's wrong.
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## **GYE - Guard Your Eyes**

Generated: 17 August, 2025, 17:04

Re: Fifty years Posted by sbj5775 - 19 May 2019 18:37
mzl:
One lesson I've learned is the importance of staying close to one's family. Even if they're
Dovid284:
I think we need balance here. An unhealthy upbringing and conditioning can cause a life of misery unless you unlearn the bad stuff, heal your heart of the accumulated pain, learn to value and love yourself & take care of yourself.
Staying in constant contact with the source of trouble doesn't allow or hinders healing & progress. On the other hand family still has a lot to offer and cutting off costs a very, very high price, not just financially.
annoying psychopaths who are driving you nuts, someday you may need their help.
So, we have to find the middle ground of independence and controlled contact in order to heal, build a healthy life and not lose the benefits of family. (At least till we acquire stability & strength so we're not effected from closer contact.)
I very much enjoyed your tread. Very genuine and truly inspirational.
Thanks!
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Re: Fifty years Posted by Dovid824 - 26 May 2019 11:48
<b>360 days</b> (18 x 20)
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Re: Fifty years

Posted by Dovid824 - 31 May 2019 14:31

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#### 365 DAYS --- ONE YEAR

Thanks to Hashem and this site for getting me this far.

At this point, I'm inclined to discontinue the 18-day updates. I'll only post if I have something new to add.

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Re: Fifty years

Posted by Markz - 31 May 2019 16:25

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Dovid824 wrote on 31 May 2019 14:31:

### 365 DAYS --- ONE YEAR

Thanks to Hashem and this site for getting me this far.

At this point, I'm inclined to discontinue the 18-day updates. I'll only post if I have something new to add.

Firstly - great to hear youre on a good roll!

Secondly - If you don't want to update every 18 days, that's fine, so then update every NINETEE

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