## **GYE - Guard Your Eyes**

Generated: 6 July, 2025, 21:25 Fifty years Posted by Dovid824 - 06 Jun 2018 16:52 Last week I gathered up the large collection of "schmutz" that I began accumulating about fifty years ago, and bundled it into trash bags for disposal. I also deleted the schmutz on my computer. As a Baal Teshuvah, this may be the last and hardest step I've taken toward full observance of the mitzvos. My motivation was I'm facing a life crisis that I don't think I can overcome on my own. By becoming "clean", maybe Hashem will have pity on me and give me peace. \_\_\_\_\_\_ Re: Fifty years Posted by Dovid824 - 02 Jun 2019 23:45 Markz wrote on 31 May 2019 16:25: Secondly - If you don't want to update every 18 days, that's fine, so then update every NINETEE days Is it really worthwhile, if I have nothing else to say? ==== Re: Fifty years Posted by Shnitzel and kugel - 03 Jun 2019 01:10

inspiration for all, but don't you ever have tough days/ triggers etc?
In that case adding those info bits with your streak will be amazing!
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Re: Fifty years Posted by Dovid824 - 29 Aug 2019 15:12
455 days (1-1/4 years)
Shnitzel and kugel wrote on 03 Jun 2019 01:10:
don't you ever have tough days/ triggers etc?
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Re: Fifty years Posted by Dovid824 - 27 Nov 2019 18:15
545 days (1-1/2 years)
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Re: Fifty years Posted by sleepy - 27 Nov 2019 19:23

Even if you don't have anything else to say besides your clean record that will be great

## Dovid824 wrote on 27 Nov 2019 18:15:

545 days (1-1/2 years)
mazal tov , ken yirboo!
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Re: Fifty years Posted by farblunjet - 01 Dec 2019 11:52
Wow!
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Re: Fifty years Posted by Dovid824 - 05 Jan 2020 16:59
584 days
I'm making this post in honor of completing my first Daf Yomi cycle. I haven't studied the Daf every day, especially over the last year, but I've more or less stuck with it. And I've now started my second cycle, and IY"H will complete it too.
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Re: Fifty years Posted by chancy - 09 Jan 2020 18:54
Wow! Mazel Tov!

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Generated: 6 July, 2025, 21:25 I just read thru this whole thread. You are an inspiration to us all!! Keep up the holy work of battling with the Yetzer Hora! Re: Fifty years Posted by Dovid824 - 28 Feb 2020 17:15 638 days (1-3/4 years) Re: Fifty years Posted by Dovid824 - 31 May 2020 16:08 731 DAYS --- TWO YEARS Re: Fifty years Posted by Hashem Help Me - 01 Jun 2020 11:27 Beautiful. May you be zoche to continue, and while doing so, to keep on inspiring. \_\_\_\_\_\_ ==== Re: Fifty years Posted by OivedElokim - 17 Dec 2020 06:05 This thread is amazing! Cold turkey on the first try after decades of acting out... Too good to be true...

Re: Fifty years Posted by Dovid824 - 17 Dec 2020 15:14 931 days (2-1/2+ years) I still get tempted to fall, but so far I've been able to resist. ==== Re: Fifty years Posted by Zedj - 17 Dec 2020 16:56 Hi dovid824, I read through your thread last night, I thought it was incredible that you were able to go cold turkey. Have you used any sort of outside help besides for posting on GYE? Is there anything you can share that helped you? Re: Fifty years Posted by Dovid824 - 17 Dec 2020 17:06 Is there anything you can share that helped you? I can't think of anything other than what I've already posted in this thread. Basically, it was (and is) my situation, and my faith that Hashem will help me handle it.

It's analogous to doing what a parent tells you, so that the parent will take care of you, and not

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kick you out of the house.

If my life were perfect and I didn't have faith in Hashem, I don't know how I would motivate myself to become/stay clean.

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