

Fifty years

Posted by Dovid824 - 06 Jun 2018 16:52

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Last week I gathered up the large collection of "schmutz" that I began accumulating about fifty years ago, and bundled it into trash bags for disposal. I also deleted the schmutz on my computer.

As a Baal Teshuvah, this may be the last and hardest step I've taken toward full observance of the mitzvos.

My motivation was I'm facing a life crisis that I don't think I can overcome on my own. By becoming "clean", maybe Hashem will have pity on me and give me peace.

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Re: Fifty years

Posted by Dovid824 - 11 Jun 2018 19:31

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Ok, Markz and byebye.

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Re: Fifty years

Posted by WannabeFree - 11 Jun 2018 20:22

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No offence taken and apology accepted. Also I apologize for being so pushy. Truce?

If you are able to quit cold turkey, I envy your abilities, I certainly have not been able to.

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Re: Fifty years

Posted by Dovid824 - 11 Jun 2018 20:51

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[WannabeFree wrote on 11 Jun 2018 20:22:](#)

No offence taken and apology accepted. Also I apologize for being so pushy. Truce?

If you are able to quit cold turkey, I envy your abilities, I certainly have not been able to.

"Cold turkey" may not be accurate. I registered on this site over four years ago and made no progress whatsoever until about ten days ago.

And the motivating factor was (and is) a life crisis that I'd prefer not to elaborate on. Perhaps it's Hashem's way of getting my attention.

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Re: Fifty years

Posted by mzl - 11 Jun 2018 20:52

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There's an old quote by Mark Twain: quitting smoking is easy, I've done it a hundred times ...

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Re: Fifty years

Posted by Dovid824 - 12 Jun 2018 21:21

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[mzl wrote on 11 Jun 2018 20:52:](#)

There's an old quote by Mark Twain: quitting smoking is easy, I've done it a hundred times ...

I can certainly attest to that. I quit smoking every Erev Shabbos and Erev Yom Tov!

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Re: Fifty years

Posted by Dovid824 - 18 Jun 2018 12:22

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[Dovid824 wrote on 06 Jun 2018 16:52:](#)

Last week I gathered up the large collection of "schmutz" that I began accumulating about fifty years ago, and bundled it into trash bags for disposal. I also deleted the schmutz on my computer.

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And this morning the last of the schmutz was picked up by the trash collection service. It took three weekly pickups, because of the quantity.

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Re: Fifty years

Posted by Hashem Help Me - 18 Jun 2018 14:10

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Mazel tov! Welcome to real life! (18). We daven that in the zchus of the u'bee'arta ha'ra mi'kirbecha, Hashem should help you continue successfully!

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Re: Fifty years

Posted by mzl - 18 Jun 2018 14:47

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Neat.

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And I'm eighteen days clean.

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Re: Fifty years

Posted by Dovid824 - 28 Jun 2018 15:41

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28 days clean, and a thought:

My BT path began about ten years ago. At this point, through prayer and Torah study, I think I've internalized the belief that Hashem is watching me all the time, and He wants me to observe His mitzvos. That is what's making it possible for me to stay clean.

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Re: Fifty years

Posted by mzl - 28 Jun 2018 17:07

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That's interesting. I have found motivating thoughts from time to time but usually sharing that kind of thought also lets the air of the tires.

I also submit that cause and effect is not always easy to establish. Sometimes other factors are playing a role and they go unnoticed.

Have a great day.

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Re: Fifty years

Posted by GrowStrong - 29 Jun 2018 10:26

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The question is what do you want.

When I align my will with His Will and I WANT to do what He Wants then begins a transformative reality

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Re: Fifty years  
Posted by mzl - 29 Jun 2018 12:53

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That's really interesting. I have no idea what you mean.

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Re: Fifty years  
Posted by Dovid824 - 29 Jun 2018 15:16

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[GrowStrong wrote on 29 Jun 2018 10:26:](#)

The question is what do you want.

When I align my will with His Will and I WANT to do what He Wants then begins a transformative reality

I want to observe the 613 mitzvos, and I try to do so. Isn't that what He wants?

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Re: Fifty years  
Posted by mzl - 29 Jun 2018 15:50

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I see. I think we mean different things by the words want. I want p\*\*\* (and other things too!) but I know that Hashem wants me to want the 613 mitzvos. And in many cases after I have been acting out a mitzvah and learning about it I eventually do want it, because I understand why it's good. Until then I don't *really* want it, but sometimes I tell myself that I should want.

That's to be brutally honest.

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Re: Fifty years

Posted by Dovid824 - 29 Jun 2018 18:21

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mzl: No offense meant, but this is getting off the topic of **my** "What Works for Me" topic.