

Fifty years

Posted by Dovid824 - 06 Jun 2018 16:52

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Last week I gathered up the large collection of "schmutz" that I began accumulating about fifty years ago, and bundled it into trash bags for disposal. I also deleted the schmutz on my computer.

As a Baal Teshuvah, this may be the last and hardest step I've taken toward full observance of the mitzvos.

My motivation was I'm facing a life crisis that I don't think I can overcome on my own. By becoming "clean", maybe Hashem will have pity on me and give me peace.

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Re: Fifty years

Posted by byebye - 06 Jun 2018 18:48

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May Hashem ,The Creator Of The World,bentch me with your strength to do whats right, and send you a yeshuah quickly and fulfill your hopes in Him!

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Re: Fifty years

Posted by yiraishamaim - 06 Jun 2018 20:23

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[Dovid824 wrote on 06 Jun 2018 16:52:](#)

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Re: Fifty years

Posted by Shivisi\_Hashem - 06 Jun 2018 20:34

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[Dovid824 wrote on 06 Jun 2018 16:52:](#)

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you should have it the easy way, hashem does only good, there is no such a ting "bad" by Hashem, and whatever it looks bad, its just for our eyes, and in reality its only good, so hashem should help you you should see only good, and you should have a safe and clean way....

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Re: Fifty years

Posted by yiraishamaim - 06 Jun 2018 20:34

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[Dovid824 wrote on 06 Jun 2018 16:52:](#)

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About fifty years you say?

I can't even fathom how difficult that was.

Throwing out the "schmutz" must have been complicated by a plethora of sentimental emotions. You are a *giborto* have done that. I envy your strength.

Bless you my friend.

May Hashem truly have pity on you and bring you the peace you so yearn for.

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Re: Fifty years

Posted by Dovid824 - 11 Jun 2018 03:30

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Thanks for the supporting replies.

I've remained "clean" for ten days. B'ezras Hashem, I will remain clean for the remainder of my life.

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Re: Fifty years

Posted by WannabeFree - 11 Jun 2018 05:04

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May Hashem give you the strength. However ???? ?????, ?? ???? - one day at a time (ODAAT), that is the motto here. If you try for too much at once it doesn't work.

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Re: Fifty years

Posted by Dovid824 - 11 Jun 2018 05:36

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[WannabeFree wrote on 11 Jun 2018 05:04:](#)

May Hashem give you the strength. However ???? ?????, ?? ???? - one day at a time (ODAAT), that is the motto here. If you try for too much at once it doesn't work.

Actually, my personal experience as a BT has been that making a long-term commitment to Hashem does work (for me). As I've taken on one mitzvah after another, I usually try it for a while. Then if I've been successful, I make a longer commitment.

That's worked for kashrus, Shabbos, tefillin, daily prayer and Torah/Talmud study. I have emunah that it will work for the issue of this topic as well.

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Re: Fifty years

Posted by WannabeFree - 11 Jun 2018 07:15

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That is amazing! Only taking on new mitzvos is not the same as getting rid of an addiction, so be aware that *if* you are addicted (and after 50 years of it the chances are high) it may not be so easy. May you succeed either way!

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Re: Fifty years

Posted by mzl - 11 Jun 2018 08:16

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Good for you. And may Hashem give you peace regardless.

I think if you threw out a fifty year collection then in some sense He already did.

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Re: Fifty years

Posted by Dovid824 - 11 Jun 2018 08:17

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WannabeFree, no offense, but you seem to insist on giving me unsolicited advice. I didn't post this topic to ask for advice, but only as a example of "What Works for Me".

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Re: Fifty years

Posted by Markz - 11 Jun 2018 09:25

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[Dovid824 wrote on 11 Jun 2018 08:17:](#)

WannabeFree, no offense, but you seem to insist on giving me unsolicited advice. I didn't post this topic to ask for advice, but only as a example of "What Works for Me".

WBF is a sweet guy. Maybe get on the phone with him if you need any clarification

Perhaps he could've worded it a little more of his own personal experience, but to me he sounded more like sharing "what works for him" in your situation, and less advice.

The forum is designed for such conversation, even if not everyone has the same gift of the gab.

Please "Live and Let Live", and keep us posted how your "Life" is progressing

**Warning: Spoiler!**

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Re: Fifty years

Posted by byebye - 11 Jun 2018 14:49

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[Markz wrote on 11 Jun 2018 09:25:](#)

[Dovid824 wrote on 11 Jun 2018 08:17:](#)

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Re: Fifty years

Posted by byebye - 11 Jun 2018 15:32

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[Dovid824 wrote on 11 Jun 2018 08:17:](#)

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wont be the last time ,said byebye advisingly

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Re: Fifty years

Posted by byebye - 11 Jun 2018 16:28

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[Markz wrote on 11 Jun 2018 09:25:](#)

[Dovid824 wrote on 11 Jun 2018 08:17:](#)

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