

best mussar shuir

Posted by godssoldier - 25 Jul 2017 03:06

if you listen to rabbi yaron Reuven on torah anytime about wasting seed believe me you will never do it again

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Re: best mussar shuir

Posted by Markz - 25 Jul 2017 03:15

Good to hear (although I think I heard it and it didn't clinch it for me)

So is that why you're clean since Aug of 2016

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Re: best mussar shuir

Posted by dms1234 - 25 Jul 2017 19:35

I think that shuir could in fact be harming me. Fear did nothing to get me sober and recover. In fact, I need to remove fear to live a better life. I am powerless over lust so nothing that anyone is going to say (Dont do it!!!) is going to really help me. I become very guilty and ashamed because I thought i was bad for acting out. The Torah says No and yet I am doing it. I have come to believe that i am sick getting well, not bad getting evil.

But, if the shuir works for you then thats great! But me, as a sex addict, i dont think its going to work.

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Re: best mussar shuir

Posted by Singularity - 26 Jul 2017 07:10

[godssoldier wrote on 25 Jul 2017 03:06:](#)

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Man, to think we had it wrong the whole time!!

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