

What do the eyes and the grave have in common?

Posted by anonymous\_14.1 - 09 Aug 2016 19:06

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27:20 The grave and Gehinnom will not be sated, and the eyes of man will not be sated.

Rashi: The grave and Gehinnom will not be sated: from receiving the wicked therein, just as the eyes of a wicked man will not be sated from wandering after temptation and gratifying his lust.

This is based on an article on [tora.us.fm](http://tora.us.fm)

Just as Gehinnom is never sated from absorbing evil, so too the eyes that chase vanities are not sated. Both are never ending , never satisfied.

Also the eye that constantly wanders will in the end find itself in some form of Gehinnom.

In particular promo which makes one sick, ruins the spirit , inhibits moral strength. The images have a very bad effect on the soul.

"The evil inclination is like a prankster that fools everyone into thinking he has what they need. In the end it opens his hand and there is nothing in it and no desire is ever fulfilled. " R. Nachman

Another commentary explained it in this way:

As long as we are alive (and are not careful ), we chase after what our eyes lost and only in the grave do our eyes finally rest. So the grave is the counterweight to lust.

In addiction centers one can see that penitent suffering is the counterweight to the addiction. After the "hell" of withdrawal , an addict can get back into the normal course of life.

Promo is short lived, destructive, and has no real value. After we are through with it, it vanishes into thin air. To Guard Your Eyes is to overcome this desire and direct yourself towards eternal, true, lasting purposes.

How does one Guard Ones Eyes in our immodest world ?

Even so did the Holy One, blessed be He, speak unto Israel: 'My children! I created the Evil Desire, but I [also] created the Torah, as its antidote; if you occupy yourselves with the Torah, you will not be delivered into his hand."

When you exert yourself in Torah study (like a runner would prepare himself for a marathon ) you will gain the strength to run away from this and save yourself.

The Sage have said "Do not fear work that never ends" like Torah study.

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Re: What do the eyes and the grave have in common?

Posted by Bigmoish - 10 Aug 2016 13:19

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Does this belong in the "what works for me" section?

Can you please tell us how you utilize this information to stop whatever it is that you struggle with?

If not, perhaps "Torah and chizuk" would be a better place.

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Re: What do the eyes and the grave have in common?

Posted by Gevura Shebyesod - 10 Aug 2016 15:02

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Can someone tell me what is "promo"?

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Re: What do the eyes and the grave have in common?

Posted by Markz - 10 Aug 2016 16:43

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Can someone tell me

A user that does not use the public forum as a platform of communication - He never responds to anyone

## **Why should he be allowed to post?**

Apparently it aggravates others and they cremated him, so he also changed his username recently

(Im not discussing the details of his post. What actually is promo? a disease??)

**I believe - a user that repeatedly does not 'communicate'** (in more than a year of posting) **should not have login rights to continue posting**

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Re: What do the eyes and the grave have in common?  
Posted by Workingguy - 10 Aug 2016 17:45

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Oh anonymous, after getting so scared and stressed out reading your post I felt so low and worthless and bad that I went and looked at bad images.

Whoops, I didn't. In fact, I was about to but because I had heard such inspiring Torah which I had never heard before, I realized that is all I need to stop and now I am cured. I threw off my crutches and left the addiction center and walked by with no Shmiras Einayim issues.

Buddy, most of us here have tried to rely on Torah to make us stop and it has only been

irresponsible and caused more sin. You're supposed to go to a doctor when you are I'll, and if you have an addiction you need help.

I suspect that you have addiction issues yourself, and that you're trying to convince yourself.

Also, I think what you're doing may be a biblical violation of not placing a stumbling block before the blind, which the Talmud says refers to giving bad or inappropriate advice to someone.

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Re: What do the eyes and the grave have in common?  
Posted by Watson - 10 Aug 2016 21:39

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[Workingguy wrote on 10 Aug 2016 17:45:](#)

I suspect that you have addiction issues yourself, and that you're trying to convince yourself.

Nah, just an internet troll

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Re: What do the eyes and the grave have in common?  
Posted by anonymous\_14.1 - 12 Aug 2016 10:56

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I apologize, the above was a quote from Proverbs and Rashi saying that lusting eyes are a pitfall. They say this so one will be careful.

But as I think about it again I see it could cause a person to be discouraged if they cannot stop .

A quote from Guard Your Eyes Handbook:

6. It is not your fault



Although the spiritual damage we cause by acting out is very great, we must accept that Hashem brought us into this situation and that it is not our fault. Let us never dwell on how it happened, or on past falls. This will cause us to feel down and lead to future falls. The Chidushei Harim (in Likutei Yehudah) tells his followers never to look back, claiming that if we look back, we remain in the mud. Everyone has dirty laundry. We don't have to be ashamed of our laundry, unless we let it pile up and never clean it.

We must also realize that we didn't always have free will in the past. This is clear from various Sefarim and in various places in Chazal. "Ain Hakadosh Baruch Hu ba beterunya im habriyos – Hashem doesn't come with complaints to his creations." As the Pasuk says: "He created together all their hearts and understands all their deeds," and he knows that almost all men stumble in this sin at some point in their youth.

There's ...

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Re: What do the eyes and the grave have in common?

Posted by Shlomo24 - 12 Aug 2016 14:15

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Good for you. You actually showed a little humanity and empathy. People would be much more receptive if the message is presented that way.

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