

A comparison between cigarette smoking and lookin

Posted by anonymous_14 - 21 Jul 2015 01:39

A comparison between cigarette smoking and looking at immodest images on the Internet

To try to deny that cigarettes is very bad for you is next to impossible. Yet there are many people who continue to smoke in spite of it. They have excuses, rationalizations, justifications. But cigarettes will do you harm even with the best excuse in the world.

The reason a smoker won't stop is that he is an addict. He has such a strong craving for smoking that nothing will stop him.

He is making a mistake by not trying even if he claims it is the strongest of addictions. It is hard for a person to surrender to a destructive habit . No one feels 100% doing this. We would like to think that we are strong, that we can be useful to our loved ones . A person feels really bad about himself when throws in the towel (permanently) to a bad habit.

By not trying for sure he will be harmed by it somehow, by trying he may eventually succeed.

That watching immodest images on the Internet is bad for you, few people deny. I agree with our Sages that it is very bad for you. Many people are unwilling to try to quit and forget about it.

This is a habit that is damaging whether you believe in the words of our Sages or not . The real reason most people won't quit is that they are addicted. If you are sincere with yourself you will have to agree that you would like to stop with this once and for all but you can't find the strength to do so.

I hope you try and eventually succeed, The best way to do it is to study Torah each day for prescribed length of time. Torah is the antidote to the evil inclination. With Torah you will increase your moral strength and willpower. Your mind will be occupied with higher, true wisdom from the greatest people and you will free your mind from this for a time.

If you persist along that path, will see improvements in all the areas in which you are harmed by this. Your self respect will rise, you will feel better about yourself.

You will be closer to fulfilling your fondest aspirations instead of walking down an avenue of broken dreams.

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