This is gonna sound weird	
Posted by YonitheAdamGadol - 23 D	Dec 2014 08:04

Now this sounds weird, I know. I am a teenager and a pretty good Yeshiva guy. I like learning and growing and Jewish music and doing chessed and stuff, buy I have been watching porn and masturbating since I was 12 (5 years).

So what works for me?

Whenever I am in Yeshiva I am pretty good. I think the reasons are:

- 1. I am always around other guys.
- 2. There is always something to do.

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- 3. Learning is much easier (The Beis Medrash is so close!)
- 4. I have a set learning schedule (especially gemara bi'iyun!)

Now for the weird part about this. I once read in a sefer that anyone who says parshas kitores with the proper kavannah is zocheh to have all the gezeiros on him for that day uprooted! So I say kitores everyday. In fact, one day when I was home I wasn't able to say kitores and I fell. (I have fallen other times even on days I said kitores but it was a little different then.) So I would recommend looking into the power of these korbanos that us Ashkenazim don't think we have to say. (BTW the Rama says to say it after shacharis...)

Comment please! I would leave to read what you guys think about this.	
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Re: This is gonna sound weird Posted by Bigmoish - 23 Dec 2014 08:20	
As we say around here, WW - whatever works!	
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GYE - Guard Your Eyes Generated: 5 July, 2025, 12:21 Posted by cordnoy - 23 Dec 2014 08:45 My comment is simply "Welcome." Stick around here; perhaps there is what to learn here. b'hatzlachah ===== Re: This is gonna sound weird Posted by dms1234 - 23 Dec 2014 08:47 WELCOME!!!!!!

Check out the GYE Handbook and Skep's tips