movies and YOU Posted by lavi - 08 Jul 2014 20:06

hello everbody,

i like the name of this category" what works for me, because there is an opportunity to write about true experiences that already was, without the great unknown future being a factor.

having said that i want to tell the oilam, what i have learnt and what i feel about movies ie. watching for entertainment any kind of show which involves acting. (i mean to exclude nature and science shows- to some extent.

absolute poison. clouds the mind. pumps the imaginations. wastes time. destroys true emotions. kindles lust (oh so gently), makes the fantasy real, makes real fantasy.

makes you oiver a whole bunch of issurim, which does tend to push away siatta dishmaya which we need so desparately. how on earth are you suppose to concentrate on any good thing, let alone a tosafos or a shmona esrei, with "stuff" flying through your mind. i know we need outlets, but there gotta be things that are exactly that outlets, not inlets, healthy stuff, and the way to tell is by seeing if they disturb you when you are trying to focus on doing important things.

i haven't seen youtube for a month and i feel a different person.

can you relate?

Re: movies and YOU Posted by SIB101854 - 29 Nov 2015 02:01

I also am a John Wayne fan from way back (especially anything of his films from the 1940s through the 1960s-anything that Wayne was in which was directed by John Ford is worth watching-"The Searchers" is an awesome film that has many scenes that were the model for many of the best scenes in the first Star Wars film). Eastwood's Dirty Harry films, his westerns and "American Sniper" are superb films-the latter is a must see for anyone who wants to begin to understand what the IDF was fighting in Gaza in 2014.

Re: movies and YOU Posted by lavi - 29 Nov 2015 05:19

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PLEASE! this post can do me harm!!!!

Re: movies and YOU Posted by Shteeble - 30 Dec 2016 03:05

bump

Re: movies and YOU Posted by Shteeble - 26 Jul 2023 14:08

lavi wrote on 08 Jul 2014 20:06:

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Yes, I can relate. I'm at about one month now myself. This is a game changer. It's amazing how the yetzer hara got me from being a kollel yungerman to watching YouTube for entertainment purpose; to the point where I didn't feel there was anything wrong.

Re: movies and YOU Posted by ??? ???? - 26 Jul 2023 20:16

i also relate

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Re: movies and YOU Posted by chaimoigen - 28 Jul 2023 01:45

Complete game changer for me was when I accepted to avoid looking up **anything** recreational on the internet. Not even a random interesting article, interesting new product, or anything completely innocuous that would feed my insatiable curiosity.

(Not) surprisingly enough, life has been completely different.

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Re: movies and YOU Posted by yitzchokm - 28 Jul 2023 05:38 chaimoigen wrote on 28 Jul 2023 01:45:

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(Not) surprisingly enough, life has been completely different.

In the past, when I looked things up on the internet I was exposed to improper images and when I saw it was getting out of hand I made a few kabalos that kept me out of most of the trouble.

1. Don't look up anything out of curiosity, meaning that I have to have targeted information I am looking for before going onto the internet. ("Recreational" is the right word for this thread).

2. Don't go into news sites except for Hamodia.com. (Everyone can adjust this to what they see is right for them).

3. Don't go into social websites.

4. If a site has Google ads go out **immediately** and don't return. (This effectively blocked me from most of Youtube because I couldn't usually predict which videos won't have Google ads. This might not work for someone who is more familiar with Youtube and can predict this or someone who has a subscription).

I have a sign with these rules hanging in the room where I usually use my computer. Everyone can keep records of their own rules somewhere and do the same thing.

This may sound like a high call but if not for this it would have only been a matter of time until I would have discovered porn. I am grateful to Hashem that this never happened. I can't overstate how lucky I am.

A year later I got a Techloq filter which effectively blocked most of the pitfalls and I highly recommend this filter.

By the way, Google leans towards improper culture and it naturally shifts in that direction but over time Google learned something from my previous searches, which websites I went into and what I did there. It still tries to push in the wrong direction but only slightly. What it needs is consistency and insisting on what I am willing to go into. Today I have a lot of control over Google. I don't think this could have been accomplished without a Techloq filter.

I have my own challenges but I can't teach much to people who were exposed to porn or have real addictions. I am humbled by their courage and I have a lot to learn from them.
