

Pride

Posted by abcdef543 - 16 Jun 2014 03:12

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We live in a disgusting world. What people are trying to recover from on the website is considered normal or even something to be proud of in the secular world. Outside, everywhere I go, there are triggers. Every block in the city (any city in US, not one in particular) has inappropriately dressed women, in real life or advertisements.

If you are able to go even just one day without falling, think of how many times you avoided falling. If you can walk one block with your eyes closed or on the ground, think of how much you are avoiding and how many zechusim you are getting. A string of two or three clean days is even better.

Think about the reason behind our challenge, Hashem would not have given us these challenges if it was impossible to ever fight back. No other generation in the history of the world have been challenged this much with this yetzer hara. Every time we fight back and avoid shmutz, either with a filter or by looking down, etc. we have the honor of winning a test that few others in other generations had to face on such a constant basis.

Everyone on this site should be very proud that they even came to the website and are actually making an effort to improve themselves.

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Re: Pride

Posted by shivisi - 16 Jun 2014 11:29

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[abcdef543 wrote:](#)

If you can walk one block with your **eyes closed** or on the ground, think of how much you are avoiding and how many zechusim you are getting.

Thank you abc... for your wonderful words of chizuk.

Regarding the above QUOTE, if you meant "eyes closed" in a literal sense, I want to point out that this is highly not recommended.

), and more so for

reasons concerning methods of recovery, and shmiras einayim.

There may have been some great men who have gone to this extreme, but for the standard person this is not advsed.

I have heard this from great, wise people who give guidance in these fields.

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Re: Pride

Posted by shomer bro - 27 Jun 2014 18:17

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shivisi is right, once again. i think the real battle lies in not taking the second look at something enticing. sure, if you can avert your eyes in the first place then do so. but, you don;t always know when something may come up. but knowing how to look away when you accidentally see something, now that's gevura! shomer eimayim means GUARDING our eyes, not closing them. we need to guard what we see, and how we act when we accidentally see something. hataclaha raba!

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