

## GYE - Guard Your Eyes

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AAA - Alone And Addicted

Posted by cordnoy - 26 Jun 2013 21:26

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Triple "A"

Yes, that's what I am now

It used to be.(not too long ago) that when I was alone, id look for my skype partner. If she wasn't available, id try a replacement. If that didn't work, id search for good videos.

Now..... I'm alone and addicted to.....Guard your eyes!

I can't get enough.

What new post is there? Did someone write a new vort that will help me and others? Did someone fall (c"v), who started fresh? How can I improve my marriage? What can I do for my wife and family? What good advice can I glean (or by mistake, even give)? How come 90 days isn't getting closer? Are there shortcuts? Focus on now! Stay away from that dangerous "reset" button.

There is so much here to gain.

Who needs porn? Who needs tayvos? What will the shmutz get me?

[I'm not cured fellows, but you guys have me on the right track!]

Yasherkoach gadol, and keep it up!

Thanks so much!

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Re: AAA - Alone And Addicted  
Posted by skeptical - 24 Sep 2013 03:17

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One who has an addictive personality is very **susceptible** to being addicted to anything.

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Re: AAA - Alone And Addicted  
Posted by third of four - 03 Oct 2013 19:54

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I can so easy relate to your feelings! I've been addicted to masturbation for ten years and porn ever since I was 12, and I've never been clean for very long at all. Finally, I put a month together and then somebody sent me to this site. What's amazing, is that one should think that it is terrible to admit that one is addicted, but for me, it is the most wonderful feeling! Even being clean for a month doesn't come close to the satisfaction of knowing with what we are dealing and as a bonus, with whom we share our problems.

Being on GYE was an unbelievable eye-opener. I realised how much I craved for schmutz, that I found myself wanting to find inappropriate material on the GYE website!!!

We may have a disease, but as long as we are working on ourselves how proud we can be!!!

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Re: AAA - Alone And Addicted  
Posted by Pidaini - 03 Oct 2013 20:24

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Welcome TOF!!

Great to meet you, happy you made it here!!

What's your story? don't be a stranger.

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Re: AAA - Alone And Addicted  
Posted by third of four - 04 Oct 2013 11:50

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Thanks for welcoming me!!

Unfortunately, m story is an all too familiar one. I'm a Yeshiva Bochur who is serious about Yiddishkeit but I fell into the trap at an age where I couldn't really understand the gravity of what I was doing. Too smart for my parents filters I never even tried to give up properly, except for a few occasions where I had bets with my friends, where I went maximum 5-6 weeks.

Now B"H I am sober for a couple of months, and knowing I am a *recovering* addict is the best feeling in the world.

My only regret is that I never met GYE earlier, and that there are so many people who could so greatly benefit from it who are yet to discover it.

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Re: AAA - Alone And Addicted  
Posted by R76 - 14 Oct 2013 05:53

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>> Now..... I'm alone and addicted to.....Guard your eyes!

>> I can't get enough.

I have been addicted to online forums for a long time -- not sexual but political.

Now I am addicted to Jewish forums.

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Re: AAA - Alone And Addicted  
Posted by Markz - 07 Jun 2017 11:58

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I'm alone and slipping

Wow - I wrote that sentence 4 hours ago and then hit cancel. now when I hit reply it's still here, so I hope it goes thru on 'submit'

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Re: AAA - Alone And Addicted  
Posted by cordnoy - 07 Jun 2017 12:23

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[Markz wrote on 07 Jun 2017 11:58:](#)

I'm alone and slipping

Wow - I wrote that sentence 4 hours ago and then hit cancel. now when I hit reply it's still here, so I hope it goes thru on 'submit'

Tis better than slippin' with someone else.

Four hours! Must be a very slippery banana peel.

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Re: AAA - Alone And Addicted  
Posted by Aaronhopeful@gye.com - 25 Jun 2017 04:11

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Distract yourself. Learning Torah is the best way! Learn Torah everyday with daf yomi. Also teach your kids Torah. It will be fun and healthy and benefitable. It will help you to get closer to HaShem and it would be pleasing to see your kids grow with HaShem's Torah. Good luck bro. Hatzlacha!

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