

Where am I

Posted by Pinchas - 01 May 2013 19:29

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I feel very emotional right now. As though any small event that happens to me affects me way deeper and more profoundly than it should normally. I understand that this is the side effects of deciding to stop, and if it truly is then I welcome it with open arms. I am excited to take baby steps down the course and get closer to Hashem. I understand that this will not take place in a night or even a day or even a week or a month or even a year! It will take every second for the rest of my life. A perpetual growing opportunity! What more can I ask for!? Hashem is crying out to me that He does not want me to not think about Him for even a second! He is saying please always have me in mind and if you will not I will remind you! Can you imagine such love that He has for me that this is what He is screaming. As opposed to spending a life of emptiness He wants me to get the most out of life! How could I ignore such a request? I know the path that I just stepped onto is a never ending one and honestly that is somewhat depressing. But it is only depressing if I think that the point of life is to do what I have already been doing and this is just something I have to get out of the way. However, if I am able to see that this path was fashioned just for me by the Master of the World in order to get close to Him the path takes on a whole different purpose and a whole different meaning. It is no longer depressing it is empowering and encouraging. But baby step by baby step I will walk the path, this is my blessed place. I would not ask for it any other way!

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Re: Where am I

Posted by moish u.k. - 01 May 2013 19:43

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The withdrawel symptoms that you are experiencing are a normal part of the process.

Stay with us.

Try to get as much chizuk as you can by keeping yourself in an environment of recovery.

Hatlooooocha!

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Re: Where am I

Posted by Oyyvey27 - 01 May 2013 21:54

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I'm not sure why there are 2 threads so I'll copy what I posted on the other thread.

I very much identify with your feeling I just started with GYE on Sunday and feel very much the same way, confused emotional obsessive ect ect this morning I almost said forget it about the whole thing. I was almost convinced that I was better off without GYE. Reading your post gave me chizick and let me know I'm not alone. I feel like crying now. But I guess like u said Hashem in his infinite wisdom gave us this nesion. Like many I often wonder what the point of life? Yes even in a border sense? Well when things are dark it's very hard to know but one thing I need to remember is that we were not put on this world for our own pleasure that's for sure! We were put here to effect the greater good and to go through nesionos. Obviously this is not a complete answer to the question of what we're doing here but I find that remembering that the nesion is in it self a goal and a point of this life I find it easier to go on.

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