

Reminders

Posted by jda211 - 25 May 2012 13:17

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I am by no means successful in this and this point may have been obvious to others. But there were a lot of ideas that I liked and helped me but needed to be reminded of throughout the day, but I wasn't. Things like one day at a time etc. Well on my iPhone I found an app called Re.minder. It's free and u can send tons of reminders and set them to keep reminding u for different intervals until u clear it. I have one day at a time pop up and buzz my phone every hour among other ideas that I need to keep hearing. Maybe this could be helpful to others as well

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Re: Reminders

Posted by Kevin Pond - 30 May 2012 01:18

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i don't have an iPhone, but it sounds like a good idea

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