

## Medication

Posted by shmuel - 09 Dec 2008 03:01

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I've been through various medications, which were not taken for this issue, but some were very beneficial for this addiction, and some were not. I just wanted to say some of my thoughts on this. SSRI's can be beneficial. I've tried Prozac, lexapro, Cymbalta, effexor, and luvox. I took it together with a stimulant for ADHD. In my experience, Prozac caused me to not be motivated, so although theoretically it may have worked, I no longer cared about anything and therefore this medicine did not solve the problem. The other drugs mentioned didn't have this side effect as much and therefore were more effective. None of them by themselves however, really solved this problem well. The medicine Zonegran (an anti-convulsant) for several months was extremely effective at this addiction. I would say actually 100% effective, until it stopped working. I also lost weight while taking it. It's interesting to note that of all the medicines mentioned, Zonegran is the one which does not have sexual side effects, and Prozac has the most sexual side effects.

I've seen it documented that Topomax (another anti convulsant) can be used to deal with fetishes. (This drug also is not known to produce any sexual side effects.)

The combination of lamictal (an anti convulsant) and lexapro was very close to 100% effective for me. This was comparable to the effect that Zonegran had, however when Zonegran worked, I was not taking any stimulant at the time. When I was taking lexapro and lamictal, I was taking adderall which for me causes sexual arousalment, but even with the adderall, the lamictal and lexapro were very effective at dealing with this addiction.

For those of us who are married, and are afraid to take an SSRI because of the sexual side effects- I've found the antihistamine cyproheptidine (prescription in the U.S.) to be very effective at counteracting the sexual side effects of the SSRI. It is a serotonin 5ht2 receptor antagonist along with being an anti-histamine. The amazing thing about this medicine was that it did not increase my sexual desire at all. It helped me sleep. This medicine is commonly prescribed by Psychiatrists to deal with sexual side effects of SSRI's. Any questions or comments?

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Re: Medication

Posted by the.guard - 30 Jan 2009 10:42

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I fixed it now that you shouldn't see a "Modify" tab any more on posts other than your own. Tell me if this is true.

The way the replies are done now, it is difficult to know which reply is to which message. I don't know if there is anything that can be done about that though.

You can use the very important "Quote" feature (that I just used here) to quote what someone said inside your message so he can see to what you are replying.

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Re: Medication  
Posted by UTS - 01 Feb 2009 04:57

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[quote="guardureyes" link=topic=192.msg2677#msg2677 date=1233312171]

I fixed it now that you shouldn't see a "Modify" tab any more on posts other than your own. Tell me if this is true.

[quote]

Yes, that seems to be the case.

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Re: Medication  
Posted by the.guard - 05 Feb 2009 08:56

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[Click here](#) for a whole page of Rabbi Twerski's wisdom on this struggle.

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Re: Medication  
Posted by shmoo - 29 Nov 2024 01:20

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What about Naltrexone?

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Re: Medication

Posted by yitzchokm - 27 Dec 2024 17:16

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You have to speak with a doctor about medication. I think that in Israel they are only approved for sexual abusers. As was posted already, most of us have regular hormone levels just like everyone else. Generally speaking, GYE, or SA if needed, can help us overcome our desires and there is no need for medication. Also, if someone is married it will interfere with his marriage and if he is single and takes medication he will probably end up married and off of medication without a solution. Most of the medications in the first post are given for psychiatric illnesses and they have a side effect that they reduce sexual drive or function but I don't think that these medications are used to treat sexual addictions. I am not a doctor or professional so don't rely on what I wrote.

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