

PURIM or Poor Him!

Posted by return again - 28 Feb 2011 23:21

---

8) I used to feel all alone in the struggle, now I log on to GYE for support. The reality I have come to understand is that it is an uphill battle but I have a lot of partners willing to help. I have admitted my problem to my wife and she works with me. Thank G-D she really loves me! I will commit to taking 1 day at a time, 1 step at a time. When the urge is in my face I will try to resist, I will resist! Buuuuuuuuuuuuuuuuuuuuuuuuuuuuuut if I fail, I will pick myself up and try again! I am addicted, But I want more from myself. The pressures from the day which we all share shouldn't be a carte blanche for me to falter. I have to visualize the mood triggers and keep in control.

=====

=====

Re: PURIM or Poor Him!

Posted by DovInIsrael - 01 Mar 2011 19:10

---

hi.

outstanding!!!

sounds like a great game plan!

keep it up!

Dov.ii

=====

=====