

First timer, this is the story which made me realize that I need GYE.

Posted by fire - 13 Feb 2011 17:55

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See I have a rule whenever I was shidduch dating a girl I couldn't allow myself to fall. I thought that when I eventually got married that it would cure my problem. So instituted this rule in order prove to myself that my logic was sound. That the fact that I had someone in my life who was interested in me and who was under the impression while dating me that I was a "good normal guy" made me instill this rule upon myself.

i was dating this one girl for five weeks and things were getting serious. In my mind she was perfect for me, great middos, kind, caring, spiritual, and beautiful. I had to leave her for two weeks and head back to New York to finish my semester off. She told me she didn't want me to go, i told her "i had to". One night while studying late into the am's my yetzer hara flared up. I beat it a couple of times because I told myself that if I messed up, I would lose her. I was giving myself a choice (as crazy and illogical as the choice may seem) Her, the girl who i wanted to spend the rest of my life with, or lust. I messed up that night. The next day she called me and told me that she couldn't come to New York for the following shabbos. That following motzi shabbos she told me she wanted a 2 week break in order to decide if I was the right one for her. After the 2 week break, 4 weeks since I last saw her she called me and decided that I wasn't the right one for her. Crushed is an understatement to how i felt. I know that everything that g-d does is for a reason, sometimes we think we understand why and other times we just have faith. I hope from this experience that i went through and the effect it had on me that I will learn through the help of this website to beat my addiction once and for all it won't be easy, but alternative of giving up or not putting forth proper effort aka "GYE", will lead me to a path of pain and sorrow.

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Re: First timer, this is the story which made me realize that I need GYE.

Posted by Rising Up - 06 Mar 2011 03:56

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I agree with you 100%. However, the reason why I am deciding to go about it differently than you lies within my very use of GYE as a whole. I also thought for many years, and still do think, that loneliness, boredom and a lack of friends as a child, were the main reasons that lust took a stronghold within me. Up until I discovered GYE about two months ago, I also was planning on starting shidduchim with the same attitude as you. I still do not see why I would have done any differently had I not discovered GYE. However, as a result of GYE, I have been afforded the opportunity to mitigate those concerns (the "confidence" that we previously spoke about) and therefore I have decided to do so. The reason why I would no longer revert to the previous method with which I was planning on using (your method) is because I was never aware of this (*full recovery prior to marriage*) being a possibility and I reasoned that I eventually would *not* have a *lust relationship* if what is causing me to lust is no longer a problem as a result of

companionship. Now that I do not have to place my bets on that, I am no longer willing to do so if I can't fix the problem. The reasoning is simple. If I can't fix, or at least partially mitigate, the problem by using group companionship (GYE) as a whole, there seems to be a lesser chance that by getting married, companionship will do the job. In short, this website and my use of it, is a way for me to test if your method (and mine too, prior to my discovery of GYE) is true and if it isn't than to go about it the way I am doing it now.

Rising Up

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